



Lesson 1: Love

Agape – love, affectionate regard, good-will, benevolence

Scripture for further study:

“The love of God” or “of Christ” which God or Christ exercises toward Christians.

- Romans 5:5, 8
- 2 Corinthians 5:14
- Ephesians 2:4
- 2 Thessalonians 3:5

Love of our neighbor, brotherly affection, which the Lord Jesus inspires.

- John 15:13, 17:26
- 1 Corinthians 13:1, 2 Corinthians 2:4
- 2 Thessalonians 1:3
- 1 Peter 4:8
- 1 John 4:7

Session notes:

1. Receive His love (John 3:16, 1 John 4:19-20)
2. Realize where you are.
3. Repent (1 John 4:20-21).
4. Relate to God in every step of your life.

Reflection/Discussion Questions:

1. What stood out to you most about today’s lesson?
 - a. What did you learn about God?
 - b. What posture do you need to take in response?
2. What pace does your current season of life require? How can you rest in God’s presence while you “run the race” each day?
3. What makes you feel seen and loved by other people?
4. Think of a time when you have chosen your preferences over God’s Spirit and guidance? Based on your experience, how do you think God would want to offer *agape* love in that situation?
5. Who in your life can you offer *agape* love to and what steps can you take today?
6. Knowing that God is love shows me that I am _____.