

SOG Reimagined 2026/27

Website: ac3.org/sog

OBJECTIVE: To create a working board of liaison leaders that are engaged and passionate about a specific area of compassion ministry at AC3. These are leaders who want to grow their own leadership and compassion skills while finding ways to provide opportunities for AC3ers to engage their gifts and passions in compassion ministry; inside AC3 and out in our local community.

SOG TARGET GOAL: Relief, Rehabilitation, Development (Helping people take next steps)

ACTS 6:1-7 The Choosing of the Seven

Acts 6:1-7 (Summarized and Simplified) – *In the early days of the Christian church, many people loved and followed Jesus. As more people joined, they faced a problem. Some of the Greek widows, were not getting enough food and needs were not being met.*

The apostles heard about this problem and wanted to help. They gathered everyone together and said, "We need to make sure everyone is taken care of, but we also need to focus on teaching about Jesus and praying."

So, they came up with a plan! They asked the believers to choose seven trustworthy leaders who could make sure the food was shared fairly and needs could be met.

The apostles prayed for these new helpers and gave them the important job of making sure everyone got the food they needed. Because of this teamwork, the people could hear Jesus' teaching and see that needs were being met. The church grew even more!

TOP 7 LIASION LEADERS – SLEEPING ON THE COT

1. Seasonal Project Organizer (1-3 projects per year) – Dwayne & Jess Straume
2. Lead SOG/Care Resource and Appointment Consultant – **OPEN**
3. Walk-In Days Lead Overseer – Sharron Nelson (Mark Phelps)
4. Emergency Weather Shelter - Linc NW (updates/promoter of needs) Mark Phelps
5. Prayer Team Leader – Jan Hayes
6. MESH – Micro Emergency Shelter Housing Contact – Dan Hazen
7. Community-Based Partnerships Overseer - **OPEN**

COMPASSION TRAINING OPPORTUNITIES:

Toxic Charity Book - Robert D. Lupton

From: Appreciation, Anticipation, Expectation, Entitlement, Dependency

1. Helping Not Hurting – YouTube Series
2. Poverty to Potluck – Online Chalmers Course
3. EGM Training – Dates TBD
 - a. Poverty 101
 - b. Poverty 201 – Leadership Next Steps
4. Review the SOG website regularly – <http://ac3.org/sog>



Poverty to Potluck

AC3 SOG/CARE TEAM MINISTRY - We C.A.R.E. Care About Reaching Everyone!

SOG MOST REQUESTED NEEDS:

- Gas Cards
- Food Cards/Food Bags
- Rental Help
- Car Repair
- House Repairs
- Specific Needs Request, i.e. yard work, cleaning
- Moving Help
- Prepared Meals (primarily provided through AC3 small group)
- Prayer (send requests to prayer@ac3.org) includes online community requests

CURRENT AND PAST SERVICES PROVIDED

WALK IN DAYS: Tues/Thurs. 11-3pm - Matching client needs with services, other community resources. Kitchen Pantry and Emergency Food Bags available, Accepting Resource Applications for Benevolent/ Requests – Action Plan Based Preferred, Diapers, hygiene, cold weather items, limited clothing, Compassion Cabinets

- ✓ Compassion Cupboards
- ✓ Haircuts
- ✓ Soup-er Tuesdays
- ✓ Invites into relationship and life change: Celebrate Recovery, AC3 Services, Outreach, Friday Fun Nights, Other

RESOURCE CONSULTING: Pay-It-Forward Action Plans: Rental help, job finding help, simple budget planning, job resume service, Medical, Job and Interview Transportation (gas card or bus passes) direct to classes. Offering creative finance relief ideas. Help pay a portion of bills deemed a necessity.

LINC NW - EMERGENCY WEATHER SHELTER: Goal: Provide meals and staffing requests

- a. Sock-tober – Sock Collection

MARYSVILLE SCHOOL DISTRICT:

- ADOPT-A-SCHOOL Pinewood Elementary
 - ✓ Weighted blankets
 - ✓ Headsets
 - ✓ Requested supplies
 - ✓ Buddy Bench
 - ✓ Playground Clean Up Days
 - ✓ Snacks for Teachers
- Tier 18-21 Team – Chairs stack, help prep with Easter and October Family Events
- Back-to-School Type Projects and Support

AC3 COMMUNITY-BASED COMPASSION PARTNERSHIPS – (We financially support)

- Everett Gospel Mission \$
- Cascade Women's Health \$ (Pregnancy Resource Center) + Diaper Drive
- Marysville Food Bank \$
- Project Based Partnerships - Jenny Roodzant Sunday Dinners +
- Bracie V- NW Waymark and Compass Health Workers
- Hank - Veterans
- NW Harvest Food Cards
- MESH Housing – Micro Extended Shelter Housing
- We LOVE Marysville – Clean Up/Other
- First Responders
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REQUESTS FOR PARTNERSHIPS

- Eagle Wings Ministries – Disability Supported Events (small or large)
- Queen It's a New Day – Judy Hoff
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PAST SOG AND AC3 COMPASSION PROJECTS:

- SOG Food Bank – Pay It Forward Opportunities started in 2014
- Seasonal
 - a. Market Mentorship Projects - 8-12 Week Job Training; Espresso, Market
 - b. Toy Shopping Day for Seniors – Unchained Brotherhood
 - c. Thanksgiving/Christmas Food baskets
 - d. Thanksgiving Meals vs. Friendsgiving (why Friendsgiving is better)
- Salvation Army Partnership
- Housing Hope – Hope Works; landscaping, espresso
- Teddy Bear Drive – Seattle's Children Hospital
- Samaritan's Purse – Operation Christmas Child
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COMPASSION REMINDERS

- *Say NO to the Toxic Charity Chain – Appreciation to Anticipation, Expectation to Entitlement, resulting in Dependency.*
- *Someone's emergency need (perceived or real) is not our emergency.*
- *When we're not sure what to do, it's ok to err on the side generosity sparingly when there is an opportunity to create relationships.*
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SOG/CARE TEAM CONTACT: Twila Crain 425-319-8043 or twila@ac3.org

Know How to C.A.R.E. **Care About Reaching Everyone!**

What does compassion look like to you? What does compassion ministry look like at AC3 and why? Caring for others and yourself.

Part 1: What does compassion and caring for others look like to you?

- In our Families
- In our Community
- AC3 Services, Events, Life Groups, Classes, Outreach
- Social Media
- Global C.A.R.E. – Living Waters
- Local C.A.R.E. – Seeds of Grace
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Part 2: What does compassion ministry look like at AC3 and why?

Seeds of Grace/AC3 Care Team Partnership

Mission: To provide temporary relief and hands-on resources through purposeful relationships.

Vision: To help individuals reach beyond emergency relief and encourage them to take next steps toward self-development, personal and spiritual growth.

Web Link: seeds.ac3.org

Helping or Hurting?

Toxic Charity Chain – Appreciation to Anticipation, Expectation to Entitlement, to Dependency

SOG Past, Present and Future

Compassion Reimagined – August 2025

- SOG Board Rework – Liaison Leadership Team, Sleeping on the Cot

Handouts

Part 3: Caring for Others and Yourself

Know you are not enough – Phil. 4:13

- Recognize your own weaknesses, biases and limitations
- Know that The Great I AM is enough
- Don't feed your inner critic or cynic
- What does Christ say about you?
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Know how to set healthy boundaries when you C.A.R.E.

- Use respectful and honest communication
- Set specific boundaries and limits with kindness
- Let individuals participate in their own relief while offering support, solutions and encouragement
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Part 4: C.A.R.E. Compassion is a Choice

How are you going to C.A.R.E? Love your neighbor as yourself. Mark 12:31

- Choice #1 -
- Choice #2 -
- Choice #3 -

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THE SLIDE INTO CYNICISM BEGINS –

- ✓ Cynicism begins not because you don't care but because you do care.
- ✓ Most cynics are former optimists and individuals are becoming cynical at younger and younger ages.

How does someone go from being so positive to so negative? At least three things happen to the human heart as it grows cynical.

1. **You Know Too Much** – There's a gnawing hollowness that comes with success. And there's a desperate brokenness that comes from doing life with flawed people.
2. **You Project the Past onto the Future** - You no longer see people for *who* they are. You no longer see situations for what they *could* be. You just see potential hurt. Past pain will become future hurt if you let it. So you don't let it.
3. **You Decide to Stop Trusting, Hoping, and Believing** - The problem with generalizing—applying one particular situation to all situations—is that the death of trust, hope, and belief is like a virus, infecting everything. You think you're protecting yourself from the future when, in reality, your new stance infects your present.

Perhaps most disturbingly, cynicism begins to infect your relationship with God. When you close your heart to people, you close your heart to God. That shouldn't surprise us, but it does. It only makes sense that the very act of hardening your heart to people simply hardens your heart.

Examples: Carey: Family at Church Twila: Office Walk Ins

The book *Toxic Charity* highlights the importance of empowering individuals through long-term solutions, rather than relying on short-term, one-way giving that can create dependency and hinder self-sufficiency.

1. **Appreciation:** Initially, the recipient will feel thankful for the assistance.
2. **Anticipation:** After a few instances of help, the recipient starts to anticipate further assistance.
3. **Expectation:** The recipient begins to expect the help they receive, as it becomes a routine.
4. **Entitlement:** The recipient may begin to feel they are entitled to the help, as if it's a right rather than a gift.
5. **Dependency:** The recipient becomes reliant on the assistance and may struggle to cope without it.

Know I Am Not Enough

Examples: Life Coach, When someone says I am enough, they can choose to stop listening to those bringing good or Biblical advice as a brother or sister in Christ, because they are enough.

Philippians 4:13, states *"I can do all things through Christ who strengthens me."* means that believers can overcome any challenge or circumstance because they are empowered by the strength of Christ, emphasizing that *our strength* is not the primary source of our abilities, but rather we need to rely on Christ's power.

Ephesians 2:8-9, For by grace you have been saved through faith. And this is not of your own doing; it is the gift of God, not a result of works, so that no one may boast

Nope, I am not enough. You are not enough. And that's exactly why Jesus gave His life for us. None of us are enough. But Jesus is more than enough.

I believe Jesus wants us to recognize our weakness and limitations so we will learn to depend on Him. When we erroneously believe we "are enough," we become self-sufficient, independent, and prideful. God invites us to bring our limitations and weakness to Him. He supplies what we lack.

When I am...

I am helpless, but God is my Helper (Hebrews 13:6).

I am weak, but God is my strength (2 Corinthians 12:9-10).

I am a sinner, but Jesus is my righteousness (Romans 10:4).

I deserve death and destruction, but Jesus is my life and my salvation (1 Thess. 5:9).

I am hopeless, but Jesus is my hope (Romans 5:2).

No, you are not "enough." But you are chosen. You are loved. You are wanted. You are forgiven, adopted, redeemed and restored. We are not enough. But Jesus is more than enough and that's all that we need. The Great I AM is enough

What Christ Says About You

Jesus' words, as recorded in the Bible, indicate that he sees you as someone valuable, loved, and worthy of his sacrifice. He says you are chosen, fearfully and wonderfully made, and have a unique purpose in his plan. You are also seen as someone who can be forgiven, redeemed, and reconciled to God through faith in him. **Loved and Chosen:**

- **Fearfully and Wonderfully Made:**

Psalms 139:14 describes you as fearfully and wonderfully made. This emphasizes God's intricate design and purpose for your life.

- **Worthy of Redemption:**

Jesus' sacrifice demonstrates your worth to God. He sees you as someone worth saving and freeing from sin.

- **Masterpiece:**

Ephesians 2:10 highlights that you are God's workmanship, created in Christ Jesus for good works.

Identity in Christ:

- **New Creation:** A Christianity website says When you accept Jesus, you become a new creation, and your old self is transformed.
- **Child of God:** A Christian blog says You are adopted into God's family and become his child.
- **Temple of the Holy Spirit:** 1 Corinthians 6:19 states that your body is a temple of the Holy Spirit.
- **Ambassador for Christ:** You are called to represent Jesus in the world and share his message.
- **Free from Condemnation:** A Christian website says You are no longer condemned but are justified through faith in Jesus.
- **A friend of Jesus:** Jesus calls you His friend and has appointed you to bear fruit.
- **No Longer Condemned:** Because you are in Christ, there is no condemnation for you, and you are free from the law of sin and death.

The Bible says God loves you so much that he sent his only Son to die for you. You are also chosen, not by chance, but according to God's plan.

Healthy Boundaries

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Toxic Friendships? Toxic Volunteering?