

GALATIANS

GROUNDED
IN THE GOSPEL



MESSAGE: PAT SMITH

MUSIC: ALEX GALLAND

DATE: JUNE 14TH, 2026

HELPING EACH OTHER WALK IN THE SPIRIT

Galatians 6:1-5

LAST WEEK: REVIEW AND USE

Jesus has freed us to love as he loves

1. Walking by the *flesh* damages relationships.
2. Walking by the *Spirit* improves relationships.

GENTLY HELP THOSE OF THE FAITH WITH THE WEIGHT OF SIN AND LIFE.

Gal 6:1 Brothers, if anyone is caught in any transgression, you who are spiritual should restore him in a spirit of gentleness. Keep watch on yourself, lest you too be tempted. ² Bear one another's burdens, and so fulfill the law of Christ.

1. We gently restore our brothers and sisters overtaken by sin.
2. The "spiritual" are all those walking in the Spirit, not just the leaders.
3. Burden-bearing is part of living out the Law of Christ.

Gal 5:13 For you were called to freedom, brothers. Only do not use your freedom as an opportunity for the flesh, but through love serve one another. ¹⁴ For the whole law is fulfilled in one word: "You shall love your neighbor as yourself."

John 13:34 A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another.

THE KEY TO BEARING EACH OTHER'S BURDENS IS HUMILITY WHILE THE OBSTACLE IS PRIDE.

Gal 6:3 For if anyone thinks he is something, when he is nothing, he deceives himself.

1. Pride will render our help ineffective showing lack of sincerity.
2. Apart from Christ we cannot bear fruit.

John 15:5 I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing

NOTES:

HUMILITY:

The accurate assessment
of one's own self-worth
as seen by God.

MEASURING OUR WORK AGAINST GOD'S STANDARD PREVENTS THE COMPARISON TRAP.

Gal 6:4 But let each one test his own work, and then his reason to boast will be in himself alone and not in his neighbor. ⁵For each will have to bear his own load.

1. Without addressing our own issues, we cannot help others. (v.4a)

Matt. 7:5 You hypocrite, first take the log out of your own eye, and then you will see clearly to take the speck out of your brother's eye.

2. We don't compare our work with someone else's so we feel better. (v.4b)

2 Cor. 10:13 But we will not boast beyond limits, but will boast only with regard to the area of influence God assigned to us, to reach even to you.

3. Only our own work will be judged by Christ. (v.5)

KEYS TO THE PROCESS OF RESTORATION:

1. Sin is identified or confessed.
2. The person being helped takes responsibility for repentance.
3. The spiritual person takes responsibility for helping in the restoration
4. The goal is full fellowship with God and others in the church.
5. The tone of the conversation is gentle but frank, truthful and based on love.
 - If you remember your own weakness, you can restore gently. (TK)
 - Restoration is not domination. (TK)

REVIEW, DISCUSS, REPLY

1. Who in your life—*right now*—might need gentle restoration, and what would it look like to take one small step toward them this week?
2. What are some ways comparison sneaks into spiritual life or ministry?
3. Why is humility essential for bearing one another's burdens? How does pride show up when we try to help

SONGS

Great Is Thy Faithfulness/Beginning to End
Firm Foundation
Oh Lord You're Beautiful
Your Grace Is Enough

OUR WEBSITE

altamontbiblechurch.com

2026 BUDGET

Weekly Giving: \$12,849 Weekly Need: \$12,300
YTD Giving: \$279,474 YTD Need: \$282,900
Expansion Fund: \$392,718

COMMUNICATION & GIVING

Envelopes for financial gifts, prayer requests, and communication to our church leadership are in the seatback pockets. Please pass your envelope to the ushers or deposit them in the offering box by the exit doors. Thank you!

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