



Keeping in Step with The Holy Spirit

Galatians 5:16–26 (Pt. 1)

REVIEW:

1. **The Holy Spirit establishes our freedom – resulting in a new quality of life.**

Gal. 5:5 For through the Spirit, by faith, we ourselves eagerly wait for the hope of righteousness. 6 For in Christ Jesus neither circumcision nor uncircumcision counts for anything, but only faith working through love

2. **Our freedom empowers us to glorify God as we live for the benefit of others.**

Gal. 5:13 For you were called to freedom, brothers. Only do not use your freedom as an opportunity for the flesh, but through love serve one another. 14 For the whole law is fulfilled in one word: “You shall love your neighbor as yourself.”

NOTES:

THE HOLY SPIRIT SUFFICIENTLY ENABLES A RIGHTEOUS QUALITY OF LIFE

We yield to the Holy Spirit...

1. **...in order to conquer our selfish proclivities/inclinations.**

Gal. 5:16 But I say, walk by the Spirit, and you will not gratify the desires of the flesh.

2. **...because the battle is real – and fierce.**

Gal. 5:17 For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do.

3. **...because connection to Him safeguards us from legalism.**

Gal. 5:18 But if you are led by the Spirit, you are not under the law.

TAKE TIME THIS WEEK TO READ 2 PETER 1:3-9 MULTIPLE TIMES

2 Peter 1:3 His divine power has granted to us all things that pertain to life and godliness, through the knowledge of him who called us to his own glory and excellence, 4 by which he has granted to us his precious and very great promises, so that through them you may become partakers of the divine nature, having escaped from the corruption that is in the world because of sinful desire.

THIS RIGHTEOUS QUALITY OF LIFE IS EXPRESSED IN THE WAY WE RELATE TO GOD AND OTHERS

1. Walking by the flesh destroys our relationship with God and with others.

Gal. 5:19 Now the works of the flesh are evident: sexual immorality, impurity, sensuality, 20 idolatry, sorcery, enmity, strife, jealousy, fits of anger, rivalries, dissensions, divisions, 21 envy, drunkenness, orgies, and things like these. I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God.

2. Walking by the Spirit builds up our relationship with God and with others.

Gal. 5:22 But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, 23 gentleness, self-control; against such things there is no law.

REMEMBER: YOUR FLESH IS DEAD IN JESUS. LIVE LIKE IT!

Gal.5:24 And those who belong to Christ Jesus have crucified the flesh with its passions and desires.

Gal. 2:20 I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.

REVIEW/DISCUSS/APPLY

1. Read 2 Peter 1:3-9 multiple times this week. What about these verses makes sense? What is confusing? If you have trusted Jesus, vv. 3-4 are a settled fact. What prevents you from making vv. 3-4 central to your life experience?
2. Re-read Galatians 5:19-20. Paul is not giving an exhaustive list. What, when looking at your own life, can you add to this list? How do you see vs. 17 play out in your life? What promises do you need to further instill in your mind and heart to better combat the desires of your flesh?
3. The Gospel establishes our freedom to live a new quality of life. This new life expresses itself in our selfless relationships (between us and God, and us and others). How would you describe the nature of these relationships? In what specific ways are you now freed to love others and love God?

SONGS

God So Loved
His Mercy Is More
Grace
Amazing Grace (My Chains are Gone)
Yet Not I But Through Christ In Me

OUR WEBSITE

altamontbiblechurch.com

2026 BUDGET

Weekly Giving: \$8,346 Weekly Need: \$12,300
YTD Giving: \$247,268 YTD Need: \$246,000
Expansion Fund: \$391,447

COMMUNICATION & GIVING

Envelopes for financial gifts, prayer requests, and communication to our church leadership are in the seatback pockets. Please pass your envelope to the ushers or deposit them in the offering box by the exit doors. Thank you!

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