



COMMUNITY RESOURCES – PRYOR, OK

Local Resources Available in Pryor, OK:

Food Resources, Homeless Resources, Domestic Violence, Substance
Abuse Resources, Housing Resources for Substance Abuse or Other,
Behavioral Health Resources for Youth, Mental Health Resources, Senior
Living Assistance, Transportation

Compiled by Creekside Church
office@pryorcreekside.church

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RENTAL & UTILITY ASSISTANCE RESOURCES**EMERGENCY SERVICES – C.A.R.D.: (918) 825-3423 - Service/Intake**<https://cardcaa.org/District/1304-Untitled.html>**SERVICE DESCRIPTION:** Offers limited financial assistance for:

- **Rent payment assistance** available to those who have received an eviction notice for current property [Rent Payment Assistance](#)
- **Utility bill payment assistance:**
 - Utility account must be active.
 - Agency cannot assist if utility has already been disconnected.
 - Water [Water Service Payment Assistance](#)
 - Electric [Electric Service Payment Assistance](#)
 - Gas utilities [Gas Service Payment Assistance](#)
- **Limited to once every 12 months**
- **No assistance with deposits**
- ***Funding available starting at the first of the month and distributed on a first-come, first-served basis while funding lasts.***

SERVICE HOURS: **Mon-Fri 8am-4:30pm (Closed lunch 12 noon-1pm)*****By Appointment Only*****INTAKE PROCEDURE:** Application required; Appointment required.**FEES:** None**ELIGIBILITY:** Must meet income guidelines (100% of the federal poverty level) and reside in service area.**DOCUMENTS REQUIRED:** Must provide photo ID/driver's license, proof of income and Social Security cards for all household members. Must provide proof of residence. For assistance with a utility bill, the current bill showing the meter reading.

FOOD RESOURCES - Food Pantries

Pryor Ministry Center: 918.824.1128

15 SW 3rd St, Pryor, OK <https://www.pryorministrycenter.com/>

Hours: Monday, Wednesday, Friday (12PM-3PM)

3rd Monday Evening: (4PM – 7PM)

Requests ID of all household family members, plus proof of residency.

The Store House (Ministry of Northstar Church) 918.825.3045

1700 North HWY 69, Pryor <https://www.thestorehousepryor.com/>

Hours: Tuesday, Thursday (10AM–2PM)

3rd Wednesday (6PM – 8PM)

Photo ID. They do not require additional documentation to receive food. No one will be refused food.

Impact Center of Oklahoma (Ministry of RHOP Church) 918.688.0303

315 N. Adair St, Pryor <https://www.impactcenterofok.com/>

Normal Hours:

Open: Monday (10AM–3PM); Thursday (10AM-6PM), Friday (10AM-3PM)

Closed: Tuesday, Wednesday, Saturday, Sunday

Winter Warming Station Hours:

Open: Monday – Friday 9am – 5pm

Kingdom Closet: Monday – Friday 2pm – 5pm

FOOD RESOURCES - Food Pantries

RAE Family Foundation & Catholic Church Charities 918.825.7222 x 216

<https://www.rae-hq.com/rae-family-foundation>

At Cherokee Nation Career Services (Mobile Unit Food Bank) 6789 HWY 69, Pryor

Hours: 4th Tuesday (3:30PM–5:30PM)

Requires ID & Proof of OK Residency (utility bill or another official document)

Cherokee Nation: 918-453-5058

Apply for food assistance on the Gadugi Portal:

<https://www.cherokee.org/about-the-nation/gadugi-portal/>

FOOD RESOURCES - Community Meals**Monday:****Your Place Church** 3131 W 520 Rd, Pryor

Hot Meal

Hours: 6:30PM**Wednesday:****Southside Christian Church** 2106 S Elliott St, Pryor

Hot Meal

Hours: 6:00PM**Thursday:****Kingdom Klost (Part of Impact Center)** 315 N Adair St, Pryor

(Food provided by Extreme Church)

Hot Meal

Hours: 5:30PM**Thursday:****Creekside Church** 1500 E Graham Ave, Pryor

918.825.1062

<https://pryorcreekside.church/>

Hot Meal

Hours: 5:45PM-6:30PM

FOOD RESOURCES - Community Meals

The following are on the 1st & 3rd Thursday's.

If there is a holiday, then the meal would be the 2nd & 4th Thursday's.

1st Thursday First Christian Presbyterian Church 301 NE 1st St., Pryor

918.825.2396

<https://www.fcpcpryor.org/>

Hot Meal

Hours:

4:30PM

(drive-thru)

3rd Thursday First Christian Presbyterian Church 301 NE 1st St., Pryor

Hot Meal

Hours:

4:30PM

(drive-thru)

Footnote:

(3rd Thursday the food is provided by: St. Mark's, the meal

location is still at First Christian Presbyterian Church)

FOOD RESOURCES - Seniors**Community Action Resources & Development, Inc. (C.A.R.D.)**

Senior Nutrition 918-825-6220

851 SE 9th, Pryor

<https://cardcaa.org/District/Department/72-Senior-Services>

Services Provided:

Provides older adults with prepared meals for lunch alongside a variety of activities and services on site. Those with limited ability to leave their homes may be eligible for home-delivered meals. Inquire through their Outreach.

Hot Meals Mon – Fri:

- Served at C.A.R.D. (851 SE 9th St, Pryor)
Hours: 9:00AM – 2PM
- Meals delivered to seniors unable to leave their homes:
Call C.A.R.D. for information at 918-825-6220

Senior Nutrition offers home delivered meals within city limits of the Nutrition sites to senior's unable to leave their homes. An assessment of need is conducted by the County Outreach Representative. In addition, the Outreach Representative will assist in identifying other unmet needs and provide referrals.

HOMELESS RESOURCES

PRYOR RESOURCES AVAILABLE:

Pryor Home Rescue Mission

918.825.1650

640 W Graham Ave., Pryor

email: resources@pryorhomerescuemission.com

Services Provided:

- **Homeless Shelter for Men**
 - Food Pantry
 - Clothing
 - Thrift Store

They also offer special assistance during the Thanksgiving and Christmas holidays to ensure everyone has a warm meal and a gift under the tree.

HOMELESS RESOURCES

Impact Center (Ministry of RHOP Church) 918.688.0303

315 N. Adair St, Pryor <https://www.impactcenterofok.com/>

Special Winter Hours:**Impact Center: WARMING STATION:**

- Monday - Friday, 9:00-5:00 (lunch M-F at 12:00, dinner Thurs. at 5:30)
- Saturday/Sunday - closed
 - (additional days/times may vary depending on volunteer staff availability).

KINGDOM KLOSET: (clothing closet)

- Monday - Friday, 2:00-5:00
- Rules:
 - *All shoppers must sign in
 - *Two bags per family member (bag will be provided at check-in)
 - *One visit per month
 - *All clothes are meant for personal use, not for resale
 - *Failure to follow these rules may result in temporary or permanent refusal of service.

The Impact Center currently serves approximately 50-70 people daily between all services it provides.

Regular Business Hours:

Hours:

Monday	10:00AM-3:00PM
Thursday	10:00AM-6:00PM
Friday	10:00AM-3:00PM
<u>Closed:</u>	<i>Tuesday, Wednesday, Saturday, Sunday</i>

Services Provided:

- Kingdom Kloset – free clothing - closet for men, women & children
- Small food pantry
- Free shower
- Self-serve washer & dryer
- Meals or food on what dates & times??

HOMELESS RESOURCES**Your Place Resource Center (Ministry of Your Place Church):**

3084 S 432 Rd, Pryor

<https://www.ypresourcecenter.com/>Hours: **Tuesday - Thursday 10am - 4pm****Contact:** Doug or Evett Barham 918-803-4860doug.barham@ypresourcecenter.com

They help people of all ages find resources as needed. They can help with transportation and provide coaches to help with setting attainable goals so individuals can get back on their feet and be successful. Your Place Resource Center's vision is to create a space where people uncover their unique paths while learning to trust themselves and others. The mission is to **Reach** people's basic needs, **Connect** to deeper psychological needs, **Equip** people with life skills and encourage them to **Live** empowered and interdependently.

3 main programs:

- Recovery 360 – Recovery support group
- Legacy 360 – Youth Coaching
- Project 360 – Adult Coaching

Your Place Resource Center provides 5 lanes of assistance. The first step in assistance is an assessment of need. From this assessment services can be offered.

1. Transportation – help with transportation to doctors' appointments, and work. Not meant as a long-term solution.
2. Foster Care Assistance – Support group for foster care parents, classes, clothes and more.
3. Life Coaching – Help walking through DHS parent plans, parenting classes and parent support group offered in the spring.
4. Recovery and Sober Living – Dirty Hands, Clean Minds sober living. Two houses; one for women with children and one for men. Recovery 360 meeting.
5. Legal Comfort – Legal advocacy and help walking through the legal system. Developing a plan to pay fines.

HOMELESS RESOURCES

Pryor Ministry Center: 918-824-1128

13 SW 3rd Street, Pryor

Website: [Pryor Ministry Center](#)

Hours: Monday, Wednesday, Friday (12PM-3PM)

3rd Monday Evening: (4PM – 7PM)

You will need a photo ID, if you are homeless.

Services Provided:

They offer food for those in need. They also have clothing, household items and towels, sheets, and blankets available. Their mission is to provide emergency food, personal hygiene items and clothing to Mayes County residents who are living at or below the poverty level and those experiencing other situations such as floods, fire, and tornadoes.

Food, personal hygiene items, clothes, towels, blankets/sheets, pet food, fans/small appliances, and household items. Donations accepted during business hours (Money, Food Drives, Goods, & Volunteers), no large furniture or appliances please.

The Hope Closet (Ministry of First Baptist Church):

210 S. Adair, Pryor

Contact: Robin Harbison 918-306-9331

Facebook Link:

<https://www.facebook.com/p/The-Hope-Closet-100090043599245/>

Services Provided:

They offer food and clothing for those in need, including homeless. Their mission is to share the love of Jesus with this community by first meeting their most basic needs.

- Food
- Personal care items
- Clothes
- Household items

By appointment only, there is a limited amount of food and personal care items available. Donations accepted (Money, Goods, & Volunteers).

HOMELESS RESOURCES

MAYES COUNTY GRACE FOUNDATION – <https://mcgracefoundation.org/Resources/>

Services Provided:

Provides support through grants for those suffering from homelessness by offering resources to schools, churches and organizations that assist the homeless. They service all of Mayes County

Blessing Boxes: They have three blessing boxes set up in Pryor that have been well received. These can be found in the following locations:

1. 23 N Vann
2. 17 S Coo-Y-Yah
3. 105 SE 9th Street



HOMELESS RESOURCES

If you need warm shelter from the freezing nights and cold days, please call the

Mayes County Emergency Management 918-825-4650

If you are homeless, the following are suggestions for surviving the summer heat:

- **Stay Hydrated:** Drink plenty of water throughout the day, even if you don't feel thirsty, to prevent dehydration.
- **Seek Shade:** Find shaded areas like under trees, awnings, or in public buildings to avoid direct sunlight, which can cause overheating.
- **Utilize Cooling Resources:** Public pools, splash pads, libraries, and community centers often offer respite from the heat.
- **Wear Appropriate Clothing:** Light-colored, lightweight clothing reflects heat and allows for better ventilation, keeping you cooler.
- **Avoid Peak Heat Hours:** Limit strenuous activities like walking long distances, during the hottest part of the day and seek indoor spaces.
- **Cooling Towels:** Wet towels can be used to simulate sweating.
- **Create Cooling Spaces:** If possible, create a shaded or ventilated area for yourself or others, especially during extreme heat.
- **Access Community Resources:** Reach out to local charities, homeless shelters, or organizations that provide support during heat waves.
- **Inform Yourself:** Learn about cooling centers, water refill points, and other resources available in your area.

DOMESTIC VIOLENCE, SEXUAL ASSAULT, STALKING ASSISTANCE

Safenet Services: 24/7 Crisis Hotline: 888.372.9400 Non-Crisis Line 918.341.9400

e-mail: info@safenetservices.org website: <https://www.safenetservices.org/>

Serves Mayes & Rogers County

For individuals and families healing from the consequences of domestic violence, sexual assault, and stalking. Services include counseling, court advocacy, case management, emergency shelter, 24/7 crisis hotline, batterer's intervention program, and supervised visitation.

SUBSTANCE ABUSE RESOURCES – ADULT

CELEBRATE RECOVERY: <https://celebraterecovery.com/>

Creekside Church:

1500 E. Graham Ave., Pryor

Thursday: 6:30PM

Ministry Leader: Lynn Unruh

[\(580\) 484-1504](tel:(580)484-1504)

Or

Senior Adult Pastor: Terry Arington

[\(501\) 293-5152](tel:(501)293-5152)

Additional Information:

Dinner: 5:45-6:30PM. Childcare is provided.

Redemption House of Prayer (RHOP):

405 SE 2nd St, Pryor

Tuesday 7:00PM

Ministry Leader: Melissa King

[\(918\) 734-1058](tel:(918)734-1058)

chelseaoknaz@gmail.com

SUBSTANCE ABUSE RESOURCES – ADULT

CELEBRATE RECOVERY (continued):

Calvary Baptist Church Wednesday @ 6:00 PM 5 S Broadway, Inola, OK, 74036	(14.1 miles) Large Group Open Share Groups
Inola Christian Church Thursday @ 5:00 PM 30556 S 4200 Rd, Inola, OK 74036, Inola, OK, 74036	(14.2 miles) Large Group Open Share Groups
Blue Starr Church of Christ Tuesday @ 6:00 PM 319 East Blue Starr Drive, Claremore, OK, 74017	(15.17 miles) Large Group Open Share Groups
First Baptist Church Claremore Wednesday @ 6:30 PM 107 E Will Rogers Blvd, Claremore, OK, 74017	(15.6 miles) Large Group Open Share Groups
First United Methodist of Claremore Tuesday @ 7:00 PM 1615 OK-88, Claremore, OK, 74017	(17.68 miles) Large Group Open Share Groups
First Baptist Church of Wagoner Thursday @ 7:00 PM 401 NE 2nd Street, Wagoner, OK, 74467	(24.15 miles) Large Group Open Share Groups
First Christian Church Tuesday @ 7:00 PM 226 W Canadian Ave, Vinita, OK, 74301	(24.44 miles) Large Group Open Share Groups

SUBSTANCE ABUSE RESOURCES – ADULT**Northeast Oklahoma Alcoholics Anonymous:**www.aaneok.org**Location: Pryor, OK**<https://aaneok.org/meetings/?region=pryor>

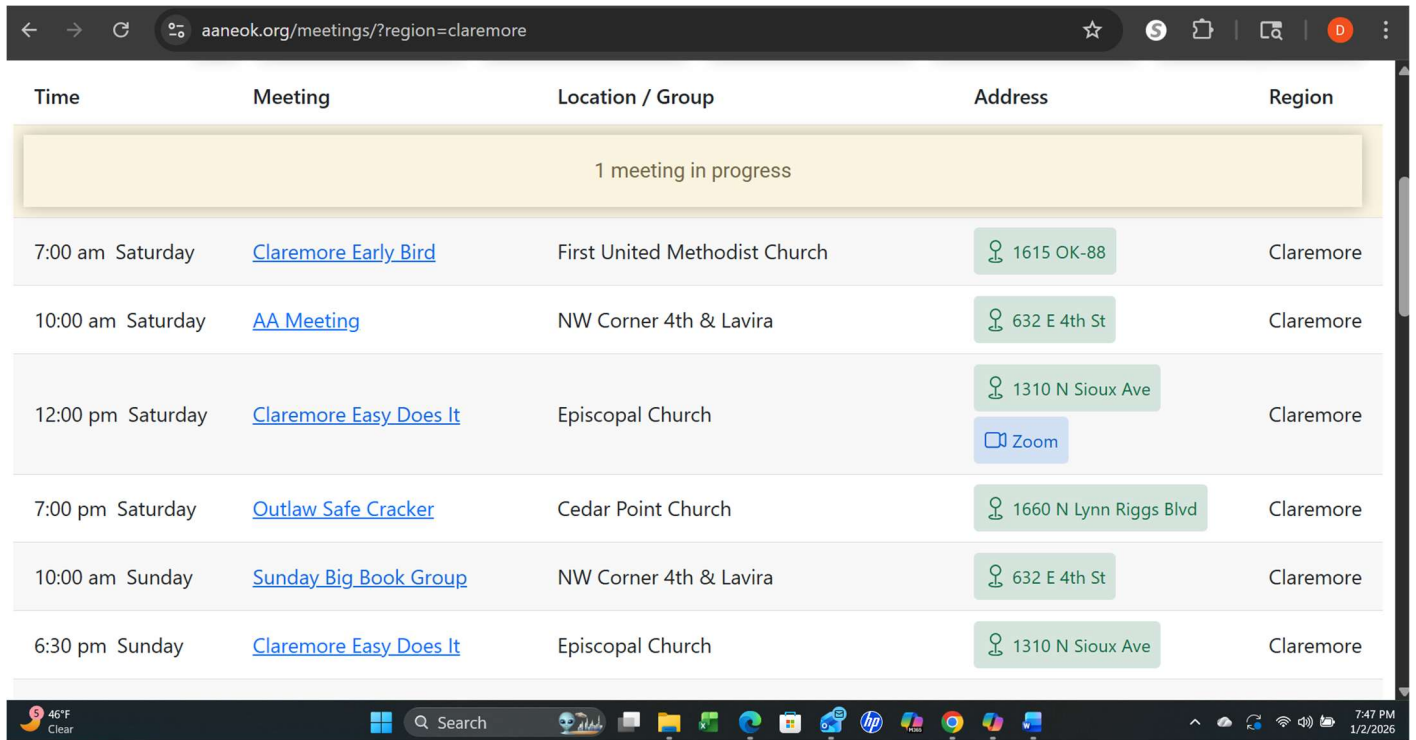
Time	Meeting	Location / Group	Address	Region
1 meeting in progress				
10:00 am Saturday	GTO	Heritage Southern Baptist	1201 S Elliott St	Pryor
12:00 pm Tuesday	Pryor Downtown	Building behind the youth center of First Christian Church	301 NE 1st St	Pryor
7:00 pm Tuesday	The Unity Group	First Christian Church Youth Center	110 N Vann St Zoom	Pryor
7:00 pm Wednesday	The Unity Group	The Unity Group	Zoom	Pryor
12:00 pm Thursday	Pryor Downtown	Building behind the youth center of First Christian Church	301 NE 1st St	Pryor
7:00 pm Friday	Pryor GTO	Heritage Southern Baptist	1201 S Elliott St	Pryor

Location: Catoosa<https://aaneok.org/meetings/?region=catoosa>

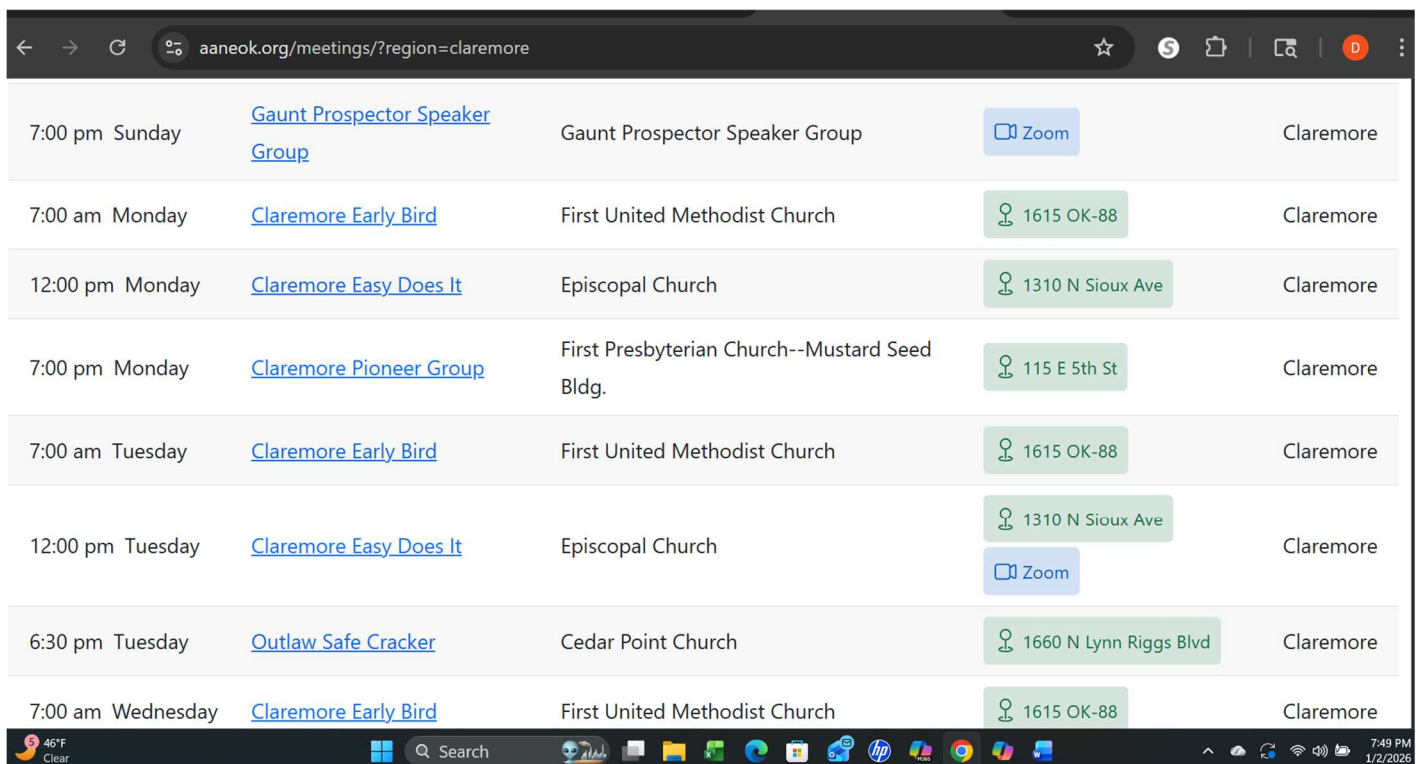
Meetings in Catoosa

Search Catoosa Any Day Any Time Any Type [List](#) [Map](#)

Time	Meeting	Location / Group	Address	Region
7:30 pm Tuesday	Catoosa Group	Rock House Church	20402 E Pine St	Catoosa
7:30 pm Thursday	Catoosa Group	Rock House Church	20402 E Pine St	Catoosa

SUBSTANCE ABUSE RESOURCES – ADULT**Northeast Oklahoma Alcoholics Anonymous (continued):****Location: Claremore****<https://aaneok.org/meetings/?region=claremore>**


Time	Meeting	Location / Group	Address	Region
1 meeting in progress				
7:00 am Saturday	Claremore Early Bird	First United Methodist Church	1615 OK-88	Claremore
10:00 am Saturday	AA Meeting	NW Corner 4th & Lavira	632 E 4th St	Claremore
12:00 pm Saturday	Claremore Easy Does It	Episcopal Church	1310 N Sioux Ave Zoom	Claremore
7:00 pm Saturday	Outlaw Safe Cracker	Cedar Point Church	1660 N Lynn Riggs Blvd	Claremore
10:00 am Sunday	Sunday Big Book Group	NW Corner 4th & Lavira	632 E 4th St	Claremore
6:30 pm Sunday	Claremore Easy Does It	Episcopal Church	1310 N Sioux Ave	Claremore



7:00 pm Sunday	Gaunt Prospector Speaker Group	Gaunt Prospector Speaker Group	Zoom	Claremore
7:00 am Monday	Claremore Early Bird	First United Methodist Church	1615 OK-88	Claremore
12:00 pm Monday	Claremore Easy Does It	Episcopal Church	1310 N Sioux Ave	Claremore
7:00 pm Monday	Claremore Pioneer Group	First Presbyterian Church--Mustard Seed Bldg.	115 E 5th St	Claremore
7:00 am Tuesday	Claremore Early Bird	First United Methodist Church	1615 OK-88	Claremore
12:00 pm Tuesday	Claremore Easy Does It	Episcopal Church	1310 N Sioux Ave Zoom	Claremore
6:30 pm Tuesday	Outlaw Safe Cracker	Cedar Point Church	1660 N Lynn Riggs Blvd	Claremore
7:00 am Wednesday	Claremore Early Bird	First United Methodist Church	1615 OK-88	Claremore

SUBSTANCE ABUSE RESOURCES – ADULT**Northeast Oklahoma Alcoholics Anonymous (continued):****Location: Claremore****<https://aaneok.org/meetings/?region=claremore>**

Time	Meeting	Location / Group	Address	Region
12:00 pm Wednesday	Claremore Easy Does It	Episcopal Church	1310 N Sioux Ave Zoom	Claremore
7:00 pm Wednesday	Claremore Big Book	NW Corner 4th & Lavira	632 E 4th St	Claremore
7:00 am Thursday	Claremore Early Bird	First United Methodist Church	1615 OK-88	Claremore
12:00 pm Thursday	AA Meeting	NW Corner 4th & Lavira	632 E 4th St	Claremore
6:30 pm Thursday	Sobriety Offers Serenity	First United Methodist Church	1615 OK-88	Claremore
7:00 am Friday	Claremore Early Bird	First United Methodist Church	1615 OK-88	Claremore
12:00 pm Friday	AA Meeting	NW Corner 4th & Lavira	632 E 4th St	Claremore
7:00 pm Friday	Claremore Pioneer Group	First Presbyterian Church--Mustard Seed Bldg.	115 E 5th St	Claremore

Location: Locust Grove**<https://aaneok.org/meetings/?region=locust-grove>**

Meetings in Locust Grove

Time	Meeting	Location / Group	Address	Region
8:00 pm Monday	Locust Grove	First Methodist Church	703 State Hwy 82	Locust Grove

SUBSTANCE ABUSE RESOURCES – ADULT**Northeast Oklahoma Alcoholics Anonymous (continued):****Location: Langley**<https://aaneok.org/meetings/?region=langley>

Meetings in Langley

Time	Meeting	Location / Group	Address	Region
1 meeting in progress				
7:00 pm Tuesday	Tiajuana Firehouse AA	Tia Juana Fire Department	103 OK-28	Langley
7:00 pm Friday	Tiajuana Firehouse AA	Tia Juana Fire Department	103 OK-28	Langley

**Location: Wagoner**<https://aaneok.org/meetings/?region=wagoner>

Meetings in Wagoner

Time	Meeting	Location / Group	Address	Region
1 meeting in progress				
12:00 pm Tuesday	Grateful Group	215 NE 1st St	215 NE 1st St	Wagoner
12:00 pm Thursday	Grateful Group	215 NE 1st St	215 NE 1st St	Wagoner
7:00 pm Friday	Wagoner Big Book	Revive Church	1500 US-69	Wagoner



SUBSTANCE ABUSE RESOURCES – ADULT

Northeast Oklahoma Alcoholics Anonymous (continued):

Location: Vinita <https://aaneok.org/meetings/?region=vinita>

Meetings in Vinita

Search

Vinita

Any Day

Any Time

Any Type

List

Map

Time	Meeting	Location / Group	Address	Region
7:00 pm Tuesday	Vinita Downtown	S 4th St & E Delaware Ave, Vinita, OK 74301, USA	 S 4th St & E Delaware Ave	Vinita
7:00 pm Thursday	Vinita Downtown	S 4th St & E Delaware Ave, Vinita, OK 74301, USA	 S 4th St & E Delaware Ave	Vinita

44°F Clear

Search



7:58 PM 1/2/2026

SUBSTANCE ABUSE RESOURCES – ADULT

Northeast Oklahoma Alcoholics Anonymous (continued):

Location: On-Line – Zoom Meeting

Link to Zoom Meeting Below:

The Unity Group

The Unity Group

← [Back to Meetings](#)

Meeting Information

Wednesday 7:00 PM – 8:00 PM CST

- Discussion
- Online
- Open 

Zoom ID: 841 888 6428

Password: unity

 Zoom

SUBSTANCE ABUSE RESOURCES – ADULT

Narcotics Anonymous:

Oklahoma Eastern Area of Narcotics Anonymous

<https://www.eascna.org/easc-meeting-list/>

For meetings and locations, see the next 2 pages of this document.

SUBSTANCE ABUSE RESOURCES – ADULT

Narcotics Anonymous (continued):

Link to monthly updated list:

<https://www.eascna.org/easc-meeting-list/>

SUBSTANCE ABUSE RESOURCES – ADULT**Narcotics Anonymous (continued):**

Link to monthly updated list:

<https://www.eascna.org/easc-meeting-list/>

MONDAY

Bartlesville	
7:00p The Other Side	BT,LC
Catoosa	
6:30p Hope Fiends	BK
Claremore	
7:30p Claremore Group (Women)	BK,W
Cushing	
7:00p Cushing Connection	IW
McAlester	
8:00p Just For Today	BT
Nowata	
6:30p The Other Side of Life Group ..	C
Okmulgee	
7:30p The Way Out Group	C
Owasso	
7:00p Gratitude Group	St,IW
Pryor	
6:00p Hump Day Group	St,Tr
Tahlequah	
7:00p Living Clean	BK,BT
7:00p Step One	BT,LC
Tulsa	
6:30a NA-A-Risin'	L
Noon Living Clean	C
Noon Noontime Connection	LC,NC
5:30p Up N' Coming Group	O
5:30p Steppin' In Recovery***	NEW, St, L, JT
6:00p More Hardcore Revealed	O
6:00p The Workshop	O
7:00p Northside Stroll	O
7:30p Solutions Group	O
8:00p Second Chance	O
10:00p Just Another Hour	O
Turley	
7:00p Three Links Group	O
Wagoner	
7:00p The Grace to Change	O
Wilburton	
7:00p Wilburton NA	O

TUESDAY

Bartlesville	
7:00p The Other Side	BT,JT
Broken Arrow	
7:00p BA Serenity Seekers	O
Claremore	
7:30p Claremore Group	O
Muskogee	
7:00p Higher Point of Freedom	O
Stillwater	
7:00p Stillwater Serenity Seekers	O
Tulsa	
6:30a NA-A-Risin'	O
Noon Living Clean	C
Noon Noontime Connection	O
6:30p Lost Dreams Awaken	O
6:30p Peace of Mind Group	O

TUESDAY*(continued)*

6:30p South Side Recovery	O
7:00p Recovery At Work (RAW)	O
7:30p BARB of NA	O
7:30p Solutions Group	O
10:00p Just Another Hour	O

WEDNESDAY

Bartlesville	
7:00p The Other Side	IW
Ft. Gibson	
7:00p New Way NA	O
McAlester	
7:00p A New Way to Live	O
Nowata	
7:00p KISS Group	O
Okmulgee	
7:30p The Way Out Group	C
Pryor	
7:30p Hump Day Group	O
Tahlequah	
7:00p Living Clean	O
7:00p Step One	O
Tulsa	
6:30a NA-A-Risin'	O
10:00a Steppin' In Recovery	O
Noon Living Clean	O
Noon Noontime Connection	O
5:30p Steppin' In Recovery***	O
7:00p Lie is Dead	O
7:00p Recovery At Work (RAW)	O
7:00p Sharing N Recovery	O
7:00p Tulsa Original Group (OG)*** ..	O
*** Dec. 10th meeting @ 5121 S Wheeling Ave	
10:00p Just Another Hour	O

THURSDAY

Bartlesville	
7:00p The Other Side	O
Broken Arrow	
7:00p BA Serenity Seekers	O
Claremore	
7:30p Claremore Group	O
Clayton	
7:30p Turning Point	O
McAlester	
7:00p Against All Odds	O
Muskogee	
7:00p Higher Point of Freedom	O
Stillwater	
7:00p Stillwater Serenity Seekers	O

THURSDAY*(continued)*

Tahlequah	
7:00p Hope at Last	O
Tulsa	
6:30a NA-A-Risin'	O
Noon Living Clean	C
Noon Noontime Connection	O
6:00p More Hardcore Revealed	O
6:00p No Addict Turned Away***	O
***NATA Begins December 18th	
6:00p BARB of NA	O
7:00p Northside Stroll	O
7:00p Recovery At Work (RAW)	O
7:30p Blind Faith	C
10:00p Just Another Hour	O

FRIDAY

Bartlesville	
7:00p The Other Side	O
Broken Arrow	
7:00p BA Serenity Seekers	O
Catoosa	
6:30p Hope Fiends	O
Claremore	
7:30p Claremore Group	O
Tahlequah	
6:00p Living Clean	O
Talihina	
7:30p 2nd Chance	O
Tulsa	
6:30a NA-A-Risin'	O
Noon Living Clean	C
Noon Noontime Connection	O
6:00p No Addict Turned Away***	O
6:30p Lost Dreams Awaken	O
6:30p Peace Of Mind Group	O
7:30p Solutions Group	O
9:00p Second Chance	O
11:00p Just Another Hour	O
Turley	
7:00p Three Links Group	O

SATURDAY

Bartlesville	
7:00p The Other Side	O
Broken Arrow	
7:00p BA Serenity Seekers	O
Claremore	
9:00p Claremore Group	O
2:00p Claremore Group	O
McAlester	
7:00p Lie is Dead	O
Muskogee	
7:00p Higher Point of Freedom	O
Nowata	
6:30p The Other Side of Life Group ..?	O

SATURDAY*(continued)*

Okmulgee	
7:30p The Way Out Group	C
Tahlequah	
7:00p Hope at Last	O
Tulsa	
6:30a NA-A-Risin'	O
10:00a Spiritual Connection	O
Noon Noontime Connection	O
4:00p Grounds for Sharing	O
7:00p Lie is Dead	O
7:00p Sharing N Recovery	O
7:30p Solutions Group	O
8:30p Second Chance	O
11:00p Just Another Hour	O
Wilburton	
7:00p Wilburton NA	O

SUNDAY

Bartlesville	
7:00p The Other Side	O
Claremore	
7:30p Claremore Group	O
McAlester	
8:00p Against All Odds	O
Nowata	
7:00p KISS Group	O
Okmulgee	
7:30p The Way Out Group	C
Pryor	
7:30p Hump Day Group	O
Stillwater	
7:00p Stillwater Serenity Seekers	O
Tahlequah	
7:00p Step One	O
Tulsa	
6:30a NA-A-Risin'	O
10:00a Spiritual Connection	O
Noon Noontime Connection	O
4:30p Blind Faith	O
6:00p Tulsa Original Group	O
***3:00p on 1st Sunday of the month	
7:30p BARB of NA	O
10:00p Just Another Hour	O

*** Indicates change from last month

December 2025

HOUSING RESOURCES FOR SOBER LIVING

Dirty Hands, Clean Minds (Ministry of Your Place Church – Project 360):

Contact: Doug or Evett Barham 918.373.2909

Email: dirtyhandscleanbmind@gmail.com

Men's sober living facility & a separate women's sober living facility

Safe Passages Recovery:

Contact: Bruce or Kelly Yoder 918.519.5848 or 918.374.0728

Women's Outreach of Hope (Hope House): 918.864.0383

S. Adair St., Pryor <https://womensoutreachofhope.org/>

e-mail: womens-outreach@outlook.com

Daniel and Jamie Hatstat, Executive Directors

At Women's Outreach of Hope, they provide safe, secure housing, transportation, and support for women recovering from addiction, incarceration, and domestic violence.

Grace House – (Ministry of Creekside Church): 918.344.0728

<https://www.facebook.com/profile.php?id=100063790488615&sk=about>

Impact Center (Ministry of RHOP Church) – continued:

- Men's Sober Living Home in Pryor
- For men that are clean & sober
 - \$425 a month - Room, Utilities & Use of a house
- Acceptance requires:
 - Interview, Application, Background check
 - Clean UA
- For Application call or text: 918.530.8001 or email: impactpryor@gmail.com

HOUSING RESOURCES FOR SOBER LIVING

Re-Incarnation Cottages: **1.888.233.4280 (Call or text this number)**

15 S Vann St, Pryor <https://rccottages.com/>

Reincarnation Cottages is a self-supporting, not for profit organization dedicated to providing adult men in the active stage of addiction the opportunity to learn and live a life of recovery. Radically Restoring Men's Lives, Hopelessly Lost in Addiction, by the Gospel of Jesus Christ.

The Reckless Saints of Nowhere, Inc. **1.918.864.2719**

709 E Brewer, Salina, OK

Hours: Always Open

Services Provided:

- **12 Month Housing for men who have successfully completed a rehab treatment program**
- **Help find a Rehab Placement**
- **Drug Counseling**

MENTAL HEALTH SERVICES OF MAYES COUNTY AND SURROUNDING AREAS

Dial 911 for crisis

Dial 211 – A Social Services hotline – Operators able to help steer callers to social services as you describe your need.

988 - National Suicide Prevention Lifeline

Copes Counseling **918.744.4800**

2325 S Harvard Ave, Tulsa, OK 74114 <https://www.fcsok.org/services/crisis-services/>

Hours: 24/7

Crisis services for youth and adults, based in Tulsa

A-mo Health Center Cherokee Nation Health Services: **918.434.8500**

821 Amohi Ln, Salina, OK 74365

<https://health.cherokee.org/>

Is a mental health treatment center in Mayes County, OK.

- Provides outpatient treatment.
- Offers couples/family therapy, psychotropic medication and individual psychotherapy to young adults, children / adolescents and seniors 65 or older.
- Supports people with traumatic brain injury, people requiring dual diagnosis treatment.
- Children/adolescents with serious emotional disturbance
- Suicide prevention services.
- Diet and exercise counseling and case management.

MENTAL HEALTH SERVICES OF MAYES COUNTY AND SURROUNDING AREAS**GRAND MENTAL HEALTH CENTER - 2 Locations in Pryor, OK**

1. **109 Fairland Street, Pryor, OK 74361** <https://www.grandmh.com/>

24/7 Crisis Line: 1-800-722-3611

Non-Crisis Line: 1-844-458-2100

Grand Mental Health Center is a mental health facility.

- Provides outpatient treatment and telemedicine/telehealth.
- Trauma therapy,
- Individual psychotherapy
- Therapy for couples/family therapy, young adults, adults and children / adolescents.
- Supports people with serious mental illness, children/adolescents with serious emotional disturbance and people with trauma.
- Case management
- Integrated primary care services
- Psychosocial rehabilitation services
- Addiction recovery services

2. **Grand Community Family Support Group** **Tuesdays 5:00 – 6:00 pm**

109 N Fairland **Check in – East Entrance**

Pryor, OK 74361 **Free of Charge - Adults 18 +**

Contact: April Smith 918.845.4102 Ginger Upshaw 918.418.0090

3. **Grand Mental Health Center - Pryor West Clinic (Open by Appt Only)**

231 E Graham Ave., Pryor OK 74361

Phone: 918-825-1405 or 1-844-458-2100

4. **Grand Mental Health Center – Chouteau:** **1-844-458-2100**

101 N McCracken St, Chouteau, OK 74337

MENTAL HEALTH SERVICES OF MAYES COUNTY AND SURROUNDING AREAS**Rocmnd Area Youth Services Inc.** **918-825-4115**

210 SE 1st St, Pryor, OK 74361 <https://www.rocmndys.org/>

A mental health clinic for Youth Services Inc.

Counseling and Recovery Services: 918-492-2554 <https://crsok.org/>

Offer support and treatment people need to overcome the challenges of behavioral health conditions like depression, anxiety, schizophrenia, bipolar disorder, and substance abuse—no matter what their financial situation is. Serving children, families, and adults.

Family and Children's Services: **918-587-9471 Call for an appointment.**

24/7 Crisis Hotline: **918-744-4800** <https://www.fcsok.org/>

Care for Tulsans by supporting vulnerable children, strengthening families and offering hope to those battling mental illness, severe mental illness and addiction. We also work to divert individuals from the criminal legal system and provide 24/7 crisis care and stabilization, ensuring safety and support during life's most challenging moments.

GRIEF SUPPORT

Every Monday evening at 6pm at 1st Baptist Church, Pryor, OK

Location: **601 E Graham Ave, Pryor, OK 74361** **918.825.3232**

Website: <https://www.pryorfbcc.org/>

- Grief Share – on 2nd floor, Room 209 (take elevator to 2nd floor)

MENTAL HEALTH SERVICES OF MAYES COUNTY AND SURROUNDING AREAS**Mental Health Association of Oklahoma** – <https://mhaok.org/>

Phone: 918-585-1213 (Tulsa) 405-943-3700 (OKC)

Help to explore trusted organizations providing emergency shelters, rental assistance, and transitional housing in Tulsa and OKC. Help with basic needs, family services, help navigating legal services, help—from emergency shelters to counseling—for survivors of domestic violence, sexual abuse, human trafficking, or stalking. Immediate help is available via hotlines offering counseling, crisis support, and resource connections across the state, mental health counseling and treatment services for adults and youth.

National Alliance on Mental Illness <https://namioklahoma.org/>**Crisis Call or Text: 988 National Suicide and Crisis Lifeline**

Non-Crisis Line Mon – Fri 9AM- 4PM 800-583-1264

Support Line Mon – Fri 9AM – 9PM 800-950-NAMI (6264)

Text: [62640](tel:62640) Chat: nami.org/help Email: helpline@nami.org

Resource for information on mental illness, family members of those suffering from mental illness, housing.

Creoks Behavioral Health Services**Crisis Hotline: 877-327-3657**

Catoosa: Phone: 918-256-9961

Wagoner: Phone: 918-485-0242

Vinita: Phone: 918-256-9961

<https://creoks.org/>

Services and programs that benefit adults, adolescents, and children. Staff provide outpatient behavioral health services in our clinics, in-home and through school-based programs to facilitate recovery and healthy family lives. We help individuals needing brief counseling, substance abuse treatment or those struggling with behavioral issues.

MENTAL HEALTH SERVICES OF MAYES COUNTY AND SURROUNDING AREAS

BEHAVIORAL HEALTH – YOUTH SERVICES

Grand Mental Health:

24/7 Crisis Line: 800.722.3611

109 N Fairland, Pryor, OK

<https://www.grandmh.com/>

Contact:

Olivia Carter: 539.573.2689 or

Jeanna Eads: 918.557.0265

Service Provided:

- **A Behavior Prevention/Treatment Program:**
 - Brief Stay Therapeutic Home (BSTH) Mobile Experience
 - Referrals can come from anyone in the community.
 - Sessions are completed in the family home or at the clinic.
 - Treatment will include individual & family sessions.
 - This program has been designed for what they believe is a lasting change.
 - For the lasting change a child must make changes in their behavior, the family members must also make changes in their behavior.
 - They created this program so the entire family could receive treatment together.

MENTAL HEALTH SERVICES OF MAYES COUNTY & SURROUNDING AREAS**BEHAVIORAL HEALTH – YOUTH SERVICES****ROCMND AREA YOUTH SERVICES:****918.825.4115****210 SE 1ST St., Pryor**

https://mentalhealth.networkofcare.org/oklahoma/services/agency?pid=ROCMNDA REAYOUTHSERVICESPRYOR_2_1746_1

Services Provided:

Referrals are received from schools, parents, and other agencies by phone, fax or in person. ROCMND has the following programs available to youth and their families:

- Outpatient Services – Individual, family, and group counseling
- First Offender’s Program – A 6-week program for youth who have had legal problems or are at risk of offending.
- Regional Prevention Coordinator:
 - Provides resources, training, and technical assistance to communities regarding issues with underage drinking tobacco, and other drug use as well as alcohol and other drug misuse across the life span.
- ROCMND also has these programs that are accessed only through referrals through the Office of Juvenile Affairs or the Department of Human Services:
 - Boy’s Level E Group Home
 - Welch Skill Center
 - Juvenile Detention Center
 - Oklahoma Children’s Services
- Provides cognitive behavioral therapy.
- Couples/family therapy and individual psychotherapy to children / adolescents
- Also provided Court-ordered outpatient treatment and case management.

SENIOR LIVING PLACEMENT ASSISTANCE

Two Sisters Senior Referral Services, LLC

3916 W 650 Rd

Chouteau, OK 74337

- Senior Living Placement – Helping Families and individuals find appropriate communities based on care needs, budget and preference.
 - Which includes referrals for:
 - Independent living
 - Assisted living
 - Memory care
 - Financial and Legal Assistance – Referrals to resources for:
 - Financial planning such as:
 - Medicaid Advantage
 - Veteran benefits
 - Estate planning
 - Legal advice related to elder care
 - Comprehensive Assessment
 - By Registered Nurse perspective to evaluate the level of care needed.
 - Home Care Services – Referrals to in-home care providers for assistance with:
 - Daily activities
 - Personal Care
 - Companionship

SENIOR ASSISTED LIVING – PRYOR, OK

Heartland Suites: **918.864.7350**

901 Colonial Dr., Pryor **<https://heartlandsuites.com/>**

e-mail: **info@heartlandsuites.com**

Hours: **7 Days a Week**

Services Provided:

All-inclusive living:

- 3 Meals Daily, 3 Snacks Daily
- Medication Management
- Personal Care (bathing, dressing, grooming, etc)
- Transportation Services (medical appts, errands & outings)
-
- Planned Activities & Outings
- Home-Like Comfort
- Laundry & Cleaning Services

Avondale Cottage of Pryor: **Pricing & Availability:** **800.755.1458**

1300 Damon Dr, Pryor, OK

Avondale Cottage Residential Care Home in Pryor offers seniors a supportive home for daily living assistance, as well as personalized levels of care.

Services Provided:

Residential Care Home.

- **Total of 12 Residential Units**
- **Residents enjoy a full schedule social, educational and entertaining activities.**

SENIOR NURSING HOMES – PRYOR & SURROUNDING AREAS

<u>Colonial Terrace Care Center:</u>	918.825.5311
1320 Northeast 1st Place, Pryor, OK	Total of 65 Residents
<u>Shady Rest Care Center:</u>	918.825.4455
210 South Adair, Pryor, OK	Total of 65 Residents
<u>Parkhill North Nursing Home:</u>	918.434.5600
319 N. Owen Walters Blvd, Salina, OK	Total of 65 Residents
<u>Meadowbrook Nursing Center:</u>	918.476.8918
113 East Jones, Chouteau, OK	Total of 65 Residents

Assisted living facilities in Pryor, Oklahoma offer a range of services tailored to meet the needs of seniors requiring assistance with daily activities. They provide various levels of care, ensuring residents receive personalized support based on their individual requirements.

Services include assistance with:

- Medication management
- Meal preparation
- Housekeeping
- Personal grooming
- Additionally, recreational activities, transportation services, and access to healthcare professionals contribute to the holistic well-being of seniors residing in assisted living communities in Pryor.

SUPPORT FOR FAMILIES RAISING A CHILD WITH SPECIAL NEEDS


**SOONER
SUCCESS**
Serving, Supporting, Building
Inclusive Communities

soonersuccess.ouhsc.edu
405-271-2710

Statewide support for families raising a child with special needs.

- Connect to Community & State Resources
- Explore Respite Care Options
- Health Care Transition Tools
- Sibling Support

Helping families meet their unique needs.

CONTACT US**Statewide**

Sooner SUCCESS

405-271-2710 877-441-0434

<http://soonersuccess.ouhsc.edu>
sooner-success@ouhsc.edu

REGION 1

Blaine/Kingfisher
Major County
580-791-2930
Canadian/
Grady County
405-595-1958
Garfield/
Kay County
580-366-9606

REGION 2

Creek County
918-712-0370
Delaware/Mayes/
Rogers County
918-530-2721
Tulsa County
918-712-0340

REGION 3

Lincoln/
Logan County
405-431-0709
Oklahoma County
Bilingual
405-534-8000
405-982-7017

REGION 4

Cleveland/
McClain County
405-651-7809
Comanche/
Stephens County
580-291-6730
Pottawatomie/
Seminole County
405-915-3401

TRANSPORTATION

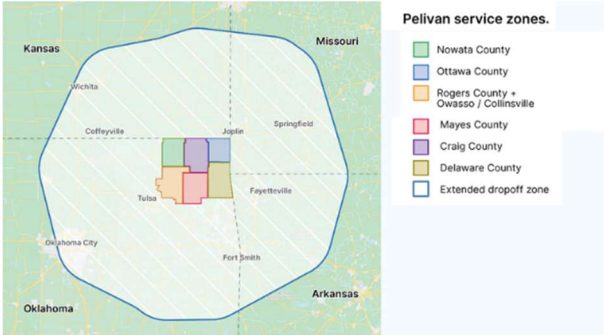
Pelivan – Mayes County 855-735-4826 <https://pelivantransit.org/mayes>

Pryor, OK - 8:00AM to 4:00PM Monday thru Friday

Mayes County transit service area strives to offer reliable, safe, and inclusive transportation options.

Prices are for one-way

		PICKUP					
		Nowata	Craig	Ottawa	Rogers County + Owasso / Collinsville	Mayes	Delaware
DROPOFF	Nowata	\$3	\$10	\$20	\$10	\$20	\$30
	Craig	\$10	\$3	\$10	\$10	\$10	\$10
	Ottawa	\$20	\$10	\$3	\$20	\$20	\$10
	Rogers County + Owasso / Collinsville	\$10	\$10	\$20	\$3	\$10	\$20
	Mayes	\$20	\$10	\$20	\$20	\$3	\$10
	Delaware	\$30	\$10	\$10	\$20	\$10	\$3



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TRANSPORTATION

Sooner Ride **877-404-4500 and TDD 800-722-0353**

- SoonerRide arranges to take you to medically necessary services covered by SoonerCare.
- You must call at least three business days before your appointment to arrange your ride.
- SoonerRide will not take you to your medical home or pay for gas if you live more than 45 miles from your medical home.
- A trip authorization number must be obtained in advance through the reservation line for gas/mileage reimbursement.
- **IT IS NOT FOR EMERGENCY TRANSPORT**

Reservation Procedure:

You can schedule your ride by calling toll-free 877-404-4500 and TDD 800-722-0353 during these hours:

- 7 AM to 6 PM Monday through Friday
- 7 AM to 6 PM Saturday.

Important: Be sure to write down the confirmation number.

If your ride is 15 minutes late, call, "Where's My Ride?" at 800-435-1034 or 711 (TDD).

HOMELESS - RESOURCES

HOW CAN YOU HELP?

Donation Recommendations:

- **Frozen Bottled Water:** Freeze bottled water before handing it out. The ice will melt slowly for drinking but can also be used for general cooling.
- **Reusable Water Bottles:** Hand out reusable, durable water bottles that can be refilled from public water sources.
- **Hats:** Baseball hats, straw hats, anything-with-a-brim hats. This keeps the sun off the face and out of the eyes.
- **Bandanas:** Dipped in water and draped around the neck or head, these can bring down temperatures significantly.
- **Sunscreen:** Sunscreen's protective ingredients can expire. Give out new bottles to help prevent the pain of sunburn.
- **Chapstick:** Can help prevent lip burn and chapping.
- **Clean Undergarments:** As we all know, heat can cause excess perspiration, which can wear down undergarments pretty quickly and cause them to need to be replaced more often, especially for people who might lack regular access to a washer and dryer.
- **Tents, Tarps, Rain Ponchos:** A tent or tarp provides protection from water damage and the sun, which is imperative during heatwaves and heavy rains. Similarly, rain ponchos can be lifesaving for unsheltered homeless people trying to weather the storm.
- **Umbrellas:** Provides shade

HOMELESS RESOURCES**HOW CAN YOU HELP?****Blessing Boxes - Pryor**

Baskets containing toiletries are a perfect way to donate to your unhoused neighbors during summer. Providing just a few items on the following list can go a long way.

Items to donate at the three Blessing Boxes:

- Deodorant
- Dry shampoo
- Toothbrushes/Wisps
- Toothpaste
- Tampons
- Combs
- Brushes
- Hand Sanitizers
- Sanitary wipes
- Lotions & other hygiene products

The Storehouse Donations:**918.825.3045**

- Donate any shelf-stable foods
- A Gaylord container can be delivered to gather and pick up for any local food drive
- Hunters who legally harvest deer, during season, can donate the meat to feed hungry Oklahomans. Deliver the deer to a participating meat processor. A \$10 tax deductible donation is asked to help with the program.
 - Home Grown LG
 - Bontrager Deer
 - Custom Processing

HOMELESS RESOURCES

HOW CAN YOU HELP?

Pryor Ministry Center:

- Donate any shelf-stable foods
- Volunteer to work during pick-up
- Volunteer to sort/organize
- Church's & Organizations can do a food or coat drive to help
- Donate gently used shoes (men's, women's & children's)