



# The Foundation of a Family

**Series:** Turn Your Heart Towards Home (#2)

**Main Text:** Deuteronomy 6:1–7

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## Introduction

This guide can be used on your own or with a small group to reflect on the weekend's passage and apply it to your life. Choose the questions that work best for your group—there's no need to go through them all. To learn more, visit [silverdalebc.com/smallgroups](http://silverdalebc.com/smallgroups).

## Icebreaker Options

- What is one value or habit from your childhood that has stuck with you?

## Leader's Note

Every family is built on something—whether intentional or not. In Deuteronomy 6, God lays out a clear foundation for His people: love Him fully and pass that love on to the next generation. Strong families don't happen by accident—they are built on spiritual priorities lived out daily.

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# Main Points

## 1. Love God Fully

### Key Scripture:

Deuteronomy 6:5 – “Love the Lord your God with all your heart, with all your soul, and with all your strength.”

### Discuss

- What does it practically look like to love God with *all* your heart, soul, and strength?
- Why is it important that our relationship with God is personal before it is passed on to others?
- What competes most for your love and attention in everyday life?

### Leader’s Note

The foundation of a strong family begins with a personal relationship with God. You can’t pass on what you don’t possess. Loving God fully shapes everything else in your life and home.

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## 2. Build Truth Into Your Heart

### Key Scripture:

Deuteronomy 6:6 – “These words that I am giving you today are to be in your heart.”

### Discuss

- Why is it important for God’s Word to move from our heads into our hearts?
- What are some ways you can consistently get God’s Word into your daily life?
- How does internalizing Scripture change the way you respond to life’s challenges?

### Leader’s Note

God’s truth is not meant to be occasional—it’s meant to be internal. When His Word fills your heart, it naturally shapes your thoughts, decisions, and actions.

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### 3. Lead Intentionally at Home

**Key Scripture:**

Deuteronomy 6:7 – “Repeat them to your children. Talk about them when you sit in your house and when you walk along the road...”

**Discuss**

- What stands out to you about the *everyday* nature of spiritual leadership in this passage?
- Why is consistency more important than perfection when it comes to leading in the home?
- What is one simple way you can begin or strengthen spiritual conversations around you?

**Leader’s Note**

Spiritual influence happens in everyday moments, not just big ones. God’s design is for faith to be woven into daily life—naturally, consistently, and intentionally.

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### 4. Pass Faith to the Next Generation

**Key Scripture:**

Deuteronomy 6:7 – “Repeat them to your children...”

**Discuss**

- What are you currently passing on—intentionally or unintentionally—to the next generation?
- Why is it easy to assume someone else will handle spiritual discipleship?
- How can you take ownership of investing spiritually in others (children, family, or others around you)?

**Leader’s Note**

Faith is always one generation away from being lost. God calls parents—and all believers—to take responsibility for passing on truth. Your influence matters more than you think.

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# Closing Reflection

Every home is being built on something. What is the true foundation of your life and family right now? What is one step you can take this week to strengthen that foundation?

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## Closing Prayer

Ask God to become the true foundation of your life and your home. Pray for a deeper love for Him, a hunger for His Word, and intentionality in passing faith on to others. Thank Him for the opportunity to influence the next generation for His glory.