

F I L L E D

A THREE-PART DEVOTIONAL



SILVERDALE WOMEN

INTRODUCTION:

Throughout the New Testament, we see Jesus meeting people where they were and filling them with what they were lacking. He used things like empty cups, empty lunch baskets, empty nets, and even empty hearts to reveal His divine power, plans, and purposes.

In the days ahead, continue to reflect on what it means to be FILLED. Prayerfully consider three more passages to help you better understand who Jesus is and what He desires for you. He promises to remind you of His presence and to fill you in every way.

SILVERDALE WOMEN

And God subjected everything under Jesus' feet and appointed Him as head over everything -
the fullness of the One who fills everything in every way.

EPHESIANS 1:22-23





FILLED WITH DIRECTION

A MIRACLE OF CHANGE

Read [John 2:1-11]. What did Jesus' mother say to the servants? What was lacking? What did Jesus fill?

Here, Jesus turns the ordinary into the extraordinary. The servants received instruction from the One who could fill the jars with better things. Is there an area of your life where you need to ask the Lord to remind you of His presence and care?

Take some time to turn your needs over to Him.

LISTEN & RESPOND:

Ask the Lord for His direction, and commit to follow what He says to do.

Father, thank You for Your ability to change the ordinary into the extraordinary. Help me to always follow Your instructions without hesitation, and may the things you do strengthen my belief in You. Your way is always best. Amen.

FILLED WITH PRAISE

A MIRACLE OF SIGHT

Read [Luke 18:35-43]. What was the blind man doing as he was sitting by the road? What was lacking? What did Jesus fill? Who received the glory when the man's sight was restored?

Recall a time when you have seen God meet a need in your life. Spend some time now praising Him for His restoration, presence, and provision.

LISTEN & RESPOND:

Bring your needs to our God who hears. Praise Him for who He is and what He has done.

Lord, help me to see Your power, recognize Your presence, and follow Your ways. Thank you for being attentive to my prayers. I want to continually praise You for who You are and what You do. Amen.

FILLED-UP BRUSCHETTA

3 beefsteak tomatoes, diced
1/4 cup red onion, chopped
1 large garlic clove, minced
olive oil
salt/pepper
fresh basil, chiffonade
balsamic vinegar
ciabatta baguette, sliced
Stracciatella (cheese) or cottage cheese
balsamic glaze for finishing

- Drizzle sliced ciabatta with olive oil and sprinkle with salt. Toast in a 375° oven for 6 minutes on each side. Let cool.
- Mix tomatoes, onion, garlic, olive oil, salt/pepper, basil, and vinegar.
- Assemble, spreading cheese on the toasted bread and topping with tomato mixture. Finish with a sweet balsamic glaze drizzle and a final pinch of salt.



FILLED WITH PEACE

A MIRACLE OF CALM

Read [Mark 4:35-41]. What happened as Jesus and the disciples were crossing the sea? What was lacking? What did Jesus fill?

What elements does Jesus control in this world? What encouragement does this story offer you when considering your own needs?

LISTEN & RESPOND:

Spend some time asking the Lord to remind you of His calming presence during any situation.

Lord, Your sovereign control over all You created is mind-boggling. When I am afraid, give me faith to put my trust in You. Help me to focus on You rather than my circumstances, and fill me with Your peace, even, and especially, during the storms of my life. Amen.



RESOURCES:

Check out some of our favorite resources below.

TO READ

Help for the Hungry Soul - Eight Encouragements to Grow your Appetite for God's Word by Kristen Wetherell

Dwell Differently - Memorizing God's Truth book & podcast by Natalie Abbott, Vera Schmitz

Identity Theft - Reclaiming the Truth of our Identity in Christ book

TO LISTEN

Filled Spotify Playlist - <https://t.ly/zXgpG>

Journeywomen Podcast - Journeywomen Ministries

Every Woman a Theologian - YouTube Channel with author and speaker, Phylicia Masonheimer

Through the ESV Bible in a Year Podcast - Read by Jackie Hill Perry

TO STUDY

The Bible Recap - Reading Plan & Podcast

Ephesians - Who I am & How I Walk - ReachingHer.com

Flourish - One Year Mentorship Bible Study by Passion City Church

The Book of Ephesians - Study by J.D. Greer on RightNow Media
See the "Resources" section at silverdalebc.com/smallgroups for a link to join for free.

How sweet your word is to my taste — sweeter than honey in my mouth.
Psalm 119:103, CSB

