



Sermon Discussion Guide

Title of the Sermon: Exalting Jesus

Series Name: Unshakeable Joy

Main Text: Philippians 2:5–11

Introduction

This guide can be used on your own or with a small group to reflect on the weekend message and apply it to your life. Choose the questions that work best for your group—there's no need to go through them all. To learn more, visit silverdalebc.com/smallgroups.

Icebreaker Options

- When you think about Jesus, what's the first word that comes to mind—and why?
- What is one part of Jesus' story (His birth, life, death, resurrection, or return) that you tend to overlook or take for granted?

Leader's Note

Philippians 2:5–11 is one of the most powerful passages in all of Scripture about who Jesus is and what He has done. This week's discussion helps your group slow down and worship—seeing Jesus as fully God, fully man, the Savior who died for our sins, and the Lord who will be exalted forever.

1: The Incarnation — God Came to Earth

“Adopt the same attitude as that of Christ Jesus, who... existed in the form of God... [and] emptied Himself by assuming the form of a servant, taking on the likeness of humanity.”
— Philippians 2:5–7

Discuss

1. Why do you think it matters that Jesus didn't *become* God—He *already was* God?

2. The sermon described Jesus “emptying Himself” as setting aside the privileges of deity. What stands out to you about the humility of Christ?
3. Jesus became fully human—born, growing, tempted, and suffering. How does that help you trust Him in your real-life struggles?

Leader’s Note

The incarnation is not just a Christmas detail—it’s the foundation of our faith. Jesus is fully God and fully man. That means He is powerful enough to save, and personal enough to understand.

2: The Crucifixion — God Came to Die

“He humbled Himself by becoming obedient to the point of death—even to death on a cross.”

— Philippians 2:8

Discuss

1. Pastor Tony emphasized that Jesus didn’t die because He was forced—He died because He chose to, out of love. How does that reshape the way you view God’s love for you?
2. According to the Gospel, what is our deepest need—and how does the cross meet it?

Leader’s Note

Jesus didn’t come to earth simply to teach, inspire, or set an example. He came on a rescue mission. At the cross, our sin was placed on Christ—and He paid what we could never pay.

3: The Exaltation — The Lordship of Christ

“For this reason God highly exalted Him... so that at the name of Jesus every knee will bow... and every tongue will confess that Jesus Christ is Lord.”

— Philippians 2:9–11

Discuss

1. Why is it significant that Scripture says every knee will bow and every tongue will confess Jesus is Lord? In light of this, how can you begin to share the Gospel with more urgency?
2. What are some areas of your life that you’ve brought under the lordship of Jesus in the last couple of years?
3. What are some areas of your life that still need to come under the lordship of Jesus?

Leader’s Note

The cross was not the end of the story. Jesus is alive, exalted, and reigning. The question isn't *if* people will acknowledge Jesus as Lord—it's *when*. Joy and salvation are found in surrendering to Him now.

Closing Prayer

Lord Jesus, we praise You for humbling Yourself to come to earth, for giving Your life on the cross to forgive our sin, and for reigning as the exalted King. Help us adopt Your attitude of humility and obedience. Strengthen our faith, fill us with worship, and lead us to live surrendered to Your Lordship. We lift up the needs shared in our group today and ask You to work powerfully in each life. Amen.