



**WORSHIP, PRAYER,  
AND HEALING  
NIGHT**

**PRAYER TEAM  
HANDOUT**

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# **WORSHIP, PRAYER, AND HEALING NIGHT**

## **TABLE OF CONTENTS**

- I. Prayer Team Guidelines
- II. Salvation Prayer Handout
- III. Recommitment Prayer Handout
- IV. Healing Prayer Handout
- V. Deliverance Prayer Handout

## I. Prayer Team Guidelines

# **WORSHIP, PRAYER, AND HEALING NIGHT**

## **PRAYER TEAM GUIDELINES**

*“And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord’s people.”* (Ephesians 6:18)

Welcome to the Worship, Prayer, and Healing Night prayer team! The following sections describe ways to prepare yourself, ministry essentials, and guidelines for ministering to the needs of people through prayer on this amazing night.

### **PREPARATION AND ESSENTIALS**

#### Prior to Worship, Prayer, and Healing Night

- Praise and Worship – Spend time in His presence soaking in worship and focusing on thankfulness and praise.
- Personal Prayer Time – Spend time alone with the Father before entering prayer ministry (Matthew 14:23).
- Personal confession and forgive others – Ask God to reveal any areas that require confession and repentance and anyone you need to forgive (Psalm 139:23).
- Listen to God – Spend some time listening to God by putting aside petitions and supplications and asking Him what He desires to reveal by his Holy Spirit (Psalm 46:10; John 16:13).
- Read and know the Bible – Renew your mind with truth, increase your faith, and arm yourself with the Sword of the Spirit (Romans 10:17, 12:2; Ephesians 6:17).

#### On Worship, Prayer, and Healing Night

- Avoid unnecessary conversations and distractions (before and during ministry). Prevent the ability for things to derail your heart and spirit.
- Check-in and assemble as a team prior to service.
- Eat a light meal (bring snacks if necessary) and have bottled water.
- Practice good physical and oral hygiene; use deodorant and have breath mints available.
- Avoid heavy perfume and cologne use; some people are allergic or sensitive.
- Wear comfortable, modest, and movement-friendly clothing and shoes.
- Silence your cell phone.
- Keep Kleenex tissues nearby.
- Wear your lanyard.

#### During Ministry

- Trust God to use you as the vessel for His power (John 14:12).
- Remember you are part of the team; involve others in and seek support as needed.
- Listen intently while maintaining eye contact.

# **WORSHIP, PRAYER, AND HEALING NIGHT**

## **PRAYER TEAM GUIDELINES**

- Smile.
- Maintain privacy and confidentiality of prayer requests (except suicide/abuse).
- Stay prepared to respond and minister at ANYTIME while wearing a lanyard.
- Stay observant and make eye contact with those awaiting prayer.
- Pray with your eyes open as much as possible.
- Use short, specific prayers. You do not need to pray long explanatory prayers.
- Touch appropriately (i.e., side hugs, hand on shoulders). Always ask permission before touching or hugging someone you are praying for.
- Encourage prayer recipients with scriptures that encourage.
- Don't use prayer requests as opportunities to give advice or solve problems (i.e., other options if someone can't conceive).
- Leave all with hope and thanksgiving.

### **BASIC PRAYER GUIDELINES**

1. Please avoid overly probing questions when interviewing people. We are to specifically ask the prayer need and then we are to offer prayer from that perspective.
2. We should NEVER make presumptions when speaking to people. Simply, let the person share what they feel comfortable (I emphasize comfortable) sharing with us at the time of coming forward.
3. Praying with someone who is not a Christian –
  - a. Do not assume everyone that comes to the altar is saved. Usually, you can tell by the language they use and/or you can sense it in your spirit.
  - b. Before you pray, gently ask them if they would like to receive Christ as their savior. If yes, lead them to Christ (the Salvation Prayer is in your training packet, page II-1). If no, pray for them and ask the Lord to reveal Himself to them and pray for their specific need.
  - c. If you lead the person to Christ, provide them with a "New Believer Booklet" located at the Connect Center.
4. Listening to Holy Spirit – Sometimes the Holy Spirit will share insights and words with us as the person praying that we are not to share out loud as it is intended to guide our prayers only. Often the person making the prayer request is not prepared to discuss the matters that may be revealed to our hearts. We can quietly intercede as we are praying for their request.
5. Understand and walk in your authority (Luke 10:19).
  - a. God wants you to pray for people. You are His agent to minister to His people. Own it!
  - b. Pray using and according to God's Word.

## **WORSHIP, PRAYER, AND HEALING NIGHT**

### **PRAYER TEAM GUIDELINES**

- c. If you have a prophetic word, practice discernment.
  - i. Not every word is meant to be delivered. Some words are for you as guidance to pray more effectively for the person. If you are led to share the word it must be a word of encouragement or revelation, and gentle in delivery. Rebuking someone in the form of prophecy is not acceptable in a corporate setting or without a prior, healthy relationship with the person you're praying for.
  - ii. Gain permission before sharing a word. Example: "would you mind if I shared an encouragement with you?" or, "I feel led to share something encouraging with you, is that okay?"
  - iii. Prophetic words delivered in humility and love can be incredibly powerful for unlocking keys for breakthrough healing but please be aware you are accountable for the word you give (1 Cor. 14:32).
  - iv. If they do not want to hear a prophetic word, respect their request.
  - v. If you need further information on Bridgeway's stance on prophecy, listen to Pastor Lance's teaching on "Understanding the Supernatural: Part 5." Further training will be provided in the future.

## II. Salvation Prayer Handout

# WORSHIP, PRAYER, AND HEALING NIGHT

## PRAYER TEAM GUIDELINES

*"If you declare with your mouth, "Jesus is Lord," and believe in your heart that God raised him from the dead, you will be saved. For with the heart one believes and thus has righteousness and with the mouth one confesses and thus has salvation...For "whoever calls on the name of the Lord shall be saved." (Romans 10:9-10,13)*

**Salvation Prayer.** Ask them if they want to pray on their own or repeat after you.

**"Dear Heavenly Father, I confess that I have sinned and that I cannot save myself. I believe that Jesus Christ of Nazareth died on the cross for my sins and God raised him from the dead so that I might be forgiven and receive eternal life. I turn from my sins and ask for your forgiveness. I invite you Jesus Christ into my heart and life as my Lord and Savior. In Jesus Christ's name I pray. Amen."**

When you pray lead someone to receive Christ, you lead them in these three components:

1. **Confession/Forgiveness** – "I confess that I have sinned and that I cannot save myself. I turn from my sins and ask for your forgiveness."
2. **Statement of Belief** – "I believe that Jesus Christ of Nazareth died on the cross for my sins and God raised him from the dead so that I might be forgiven and receive eternal life."
3. **Invite Jesus into their heart and declare He is Lord of their life** – "I invite you Jesus Christ into my heart and life as my Lord and Savior. In Jesus Christ's name I pray. Amen."

At the end, **Welcome** the person into their new life in Christ and into the family of believers.

Provide them a "New Believer Booklet" from the **Connect Center** that gives additional guidance and support on "what to do next" (e.g., read the Bible, baptism, connect to bible study or class, etc.).

### III. Recommitment Prayer Handout

## **WORSHIP, PRAYER, AND HEALING NIGHT**

### **RECOMMITMENT PRAYER HANDOUT**

*“If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.” (1 John 1:9)*

Tell the person that God loves them and celebrates that they have come back to Him (prodigal son parable in Luke 15:11-32).

Ask them if they want to pray on their own or repeat after you.

**Heavenly Father, I confess that I have wandered away from You, and have become lukewarm in my walk of faith. I repent for not giving You total control of my life. Please forgive me.**

**Jesus, I want You to be Lord of every part of my life. Fill me anew with the Holy Spirit. Help me to become the person You created me to be and live a life that is pleasing to You.**

**Renew my passion to walk more closely with You. Renew my heart, restore the joy of my salvation, and grant me a willing spirit to sustain me. Lord, thank You for this hope I have in You. Use my life to bring You glory, honor, and praise.**

**In Jesus’ Name, Amen.**

Tell the person “The Father has welcomed you back into His loving arms where He has been waiting for you – enter into His presence with joy and get to know Him in ever-increasing glory and grace.”

Encourage person to regularly read bible and pray, connect in the church, and turn away from their sins and those things/situations that causes temptation and sin. It is easier to avoid temptation than to overcome it.

*“And if your eye causes you to sin, tear it out and throw it away. It is better for you to enter life with one eye than with two eyes to be thrown into the hell of fire.” (Matthew 18:9).*

## IV. Healing Prayer Handout

# **WORSHIP, PRAYER, AND HEALING NIGHT**

## **HEALING PRAYER HANDOUT**

This prayer model is based on Scripture and can guide you to pray effectively for healing. The model is a series of simple questions to help you determine what to do next and how effective the ministering is going. When praying, we must ask God with confidence and in faith that He will hear and answer us (Hebrews 4:16; Matthew 21:22).

### **1. Interview**

Briefly interview the person requesting prayer (Mark 9:17-18; 20-21). Ask the Holy Spirit to reveal to you how to pray for this person.

- Ask the person's name.
- Ask what they want prayer for.
- Ask questions to help determine the cause and specifics of the condition:
  - How long have you had the condition?
  - Do you know what the cause is?
  - Was there anything happening in your life when this condition started?

### **2. Cause**

Discern if it a physical, emotional, spiritual, and/or demonic cause (Luke 4:38-39, 5:18-25, 13:11. See Mark 7:31-37 versus Luke 11:14).

- Is the condition caused or partly caused by emotions (e.g., fear, anxiety, grief, trauma) or stress (Philippians 4:6-7)?
- Is there any bitterness or unforgiveness that needs to be dealt with before praying for the condition? Did someone cause this condition? If so, does the person need to forgive them (Matthew 18:21-35)?  
Do they need to forgive themselves for causing their own condition (e.g., lung cancer from smoking)?
- Has the condition come about since participating in an occult activity or habitual sin? Determine if the cause might be demonic but do not accuse a person that their condition is due to sin (John 9:1-7).

# **WORSHIP, PRAYER, AND HEALING NIGHT**

## **HEALING PRAYER HANDOUT**

### **3. Prayer**

- Invite the ministry of the Holy Spirit. "Holy Spirit, please be present with Your healing power and guidance."
- Anoint with oil (Mark 6:13; James 5:13-14). "In the name of the Father, Son, and Holy Spirit, I anoint you with oil for healing as instructed in the Bible."
- Petition God on behalf of the person. "Heavenly Father, Your Word says that when two on earth agree in prayer, it will be done for them; and that the prayer of faith shall save the sick. Heavenly Father, we come to you in agreement and in faith, and ask in the name of Jesus that You heal Joe's knee." (Matthew 18:19; James 5:15)
- With their permission, lay hands on the person in an appropriate location (Mark 16:18).
- Use short, specific, commanding prayers by speaking directly to the pain and condition in the name of Jesus Christ (Matthew 10:1,8; Mark 16:17-18; Acts 9:34). "Thank you, Jesus, that you also gave us power and authority to heal the sick in your name. In the name of Jesus Christ, I command the inflammation in Joe's knee to be healed and all the swelling and pain to leave."
- Pray for the specifics and symptoms of the condition. "Heavenly Father, In Jesus Christ's name, I ask that you heal this person of diabetes. In Jesus Christ's name, I command diabetes to be cured, the pancreas to function normally and produce insulin, all inflammation to be removed, and blood sugar levels to return to normal."

### **4. Evaluate**

- Observe the person (pray with your eyes open).
- Ask the person "Are you feeling anything while we are praying?" to see if the Holy Spirit's presence or work is being felt (e.g., heat, electricity, trembling, etc.). If so, wait until Holy Spirit finishes and check if healing is complete.
- If a specific prayer brings improvement, keep using that prayer.
- Thank God for what He does.
- Continue to listen to the Holy Spirit. You may tell the person you will be silent at times during prayer so that you can listen to the Holy Spirit.
- Repeat steps 2 and 3 if necessary.

# **WORSHIP, PRAYER, AND HEALING NIGHT**

## **HEALING PRAYER HANDOUT**

### **5. Completion**

- Stop praying when:
  - The person is completely healed. Thank and praise God for what He has done.
  - The person wants you to stop.
  - The Holy Spirit is prompting you to stop.
  - The person is not experiencing healing during prayer and there are no additional ways to pray.
- If the person is not healed or partially healed, don't accuse them of lack of faith or sin in their life as the reason they are not healed. Tell them to be persistent in prayer (Luke 18:1-8; 1 Kings 18:41-46) and encourage them to be prayed for by others. Sometimes healing is progressive or happens after much prayer.
- Don't preach or give advice.
- Encourage further ministry where necessary.

## V. Deliverance Prayer Handout

# WORSHIP, PRAYER, AND HEALING NIGHT

## DELIVERANCE PRAYER HANDOUT

*“So if the Son sets you free, you will be free indeed.” (John 8:36)*

*“The Spirit of the Lord is upon me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim liberty to the captives and recovering of sight to the blind, to set at liberty those who are oppressed,” (Luke 4:18)*

*“Behold, I have given you authority to tread on serpents and scorpions, and over all the power of the enemy, and nothing shall hurt you.” (Luke 10:19)*

### I. WHAT IS DELIVERANCE?

Deliverance is freedom from demonic strongholds and oppression in a believer's life. Deliverance is God's love and mercy under the New Covenant. Jesus came to “set the captives free” (Luke 4:18) and to “destroy the works of the devil” (1 John 3:8). Deliverance was part of Jesus's ministry; He paid the price on the cross so that God's children can be free and serve Him.

### II. WHO CAN PRAY FOR DELIVERANCE?

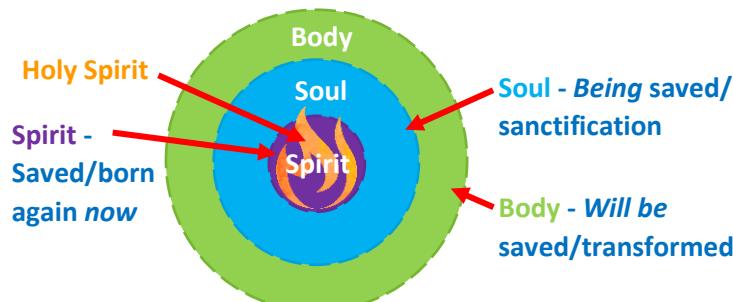
Every Christian can cast out demons in Jesus' name. Jesus said “*Truly, truly, I say to you, whoever believes in me will also do the works that I do; and greater works than these will he do, because I am going to the Father.*” (John 14:12) What works did Jesus do? *[Jesus] cast out the spirits with a word and healed all who were sick.* (Matthew 8:16)

Jesus also told his disciples: “*I have given you authority to trample on snakes and scorpions and to overcome all the power of the enemy; nothing will harm you.*” (Luke 10:19)

### III. CAN THE DEVIL OPPRESS CHRISTIANS?

Demons do not own or possess Christians, but demons can oppress them. A person's spirit is made new when they become a Christian. We are “born again”. The Holy Spirit resides in our spirit, but our soul is not perfect yet. We still have a sin nature. Our souls are being worked on by the Holy Spirit. Some call this sanctification. In addition, our bodies will still die. We don't have a new, transformed body yet. In Ephesians, Paul warns Christians not to give the devil a foothold through our sin. So, demons can still afflict our bodies, minds, and emotions. This is further discussed by Pastor Lance in his “Dealing with the Demonic” video:

<https://www.youtube.com/watch?v=xzItm1pWaCg>



# **WORSHIP, PRAYER, AND HEALING NIGHT**

## **DELIVERANCE PRAYER HANDOUT**

### **IV. WHAT WAYS DOES THE DEVIL OPPRESS PEOPLE?**

Satan can oppress people with tormenting thoughts; night terrors; intense negative emotions such as depression, fear, anxiety, or anger; intense cravings and desires; addictions; obsessions; and physical afflictions such as pain, disability, or disease.

### **V. THE BIBLE TELLS US THERE ARE THREE ENEMIES OF CHRISTIANS: THE WORLD, THE FLESH, AND THE DEVIL. SO HOW DO WE KNOW IF IT IS THE FLESH OR A DEMON?**

First, we need to ask the Holy Spirit to direct us to the cause of the problem. Some clues we can look for are the intensity of the problem and if other efforts have failed. For example, the flesh will tempt someone to sin (and so we must crucify the flesh), but a demon will give them an overwhelming desire to sin. The thoughts or cravings may be constant. They may feel hopeless and enslaved to that sin, habit, or addiction.

In addition, some chronic illnesses, diseases, or pain could have a demonic cause.

### **VI. SO, IF A PERSON SAYS THEY ARE SUFFERING DEMONIC OPPRESSION OR WE SUSPECT THAT THEY MAY BE, HOW DO WE PRAY FOR THEM?**

First, we should ask the person if they have accepted Jesus as their Lord, as deliverance won't be effective in the long-term on non-Christians (Luke 11:24-26). If they have not accepted Christ, we can lead them to do so.

Next, we can ask the person "Sometimes the enemy can oppress us, have you considered whether this might be demonic?" If they think the demonic oppression is a possibility, a next step may be to lead the person through a repentance or renouncing prayer. For example, if the person is dealing with intense fear, the person can be lead to pray: "*Jesus, You are my Lord, Savior, and Deliverer. I renounce fear and not trusting in You. Please forgive my sins and set me free.*"

We can anoint the person with oil as the Bible has described deliverance as a type of healing. If it is a physical ailment, we can also lay hands on a person in an appropriate location as Jesus laid hands on the woman who was crippled by a spirit.

There may be additional steps that we need to lead a person through such as forgiving others or renouncing involvement in the occult. A deliverance prayer handout that can be used to lead a person through these prayers is provided below.

The next step is to command the demons to leave the person. Only one person should command the spirit(s) to leave in a calm, authoritative voice.

So for the fear example, I would say: "*In the name of Jesus Christ of Nazareth bind you unclean spirit and command you to leave \_\_\_\_\_ right now without harming him/her and to go where Jesus Christ commands you.*" The spirit may not leave immediately, and we may need

# WORSHIP, PRAYER, AND HEALING NIGHT

## DELIVERANCE PRAYER HANDOUT

to repeat the command. Knowing the demon's name (or function) is not always necessary but can help. You can ask the Holy Spirit to reveal the name. Another method is to determine what the things people are dealing with (e.g., lust, fear, anger). For example, I could command "Spirit of fear leave this person right now in Jesus Christ's name."

### VII. HOW DO WE KNOW WHEN SPIRITS HAVE LEFT?

Sometimes demons leave instantly, in minutes, hours, or days. The easiest way is if someone has the gift of discerning spirits and can tell if it has gone. The person receiving deliverance will most often know if a spirit has left. They might say "I feel so much lighter now," or they might feel it leave their body. When there are several spirits, the person can usually tell if there are more left and will know when the last one has gone. Observing the person can also indicate if a spirit has left: a change in their eyes or facial expression, sighing, burping, or coughing.

### VIII. WHAT SHOULD WE DO IF A DEMON STARTS MANIFESTING WHILE WE PRAY FOR THE PERSON?

First, do not be afraid (Joshua 1:9). Jesus within you is stronger than demons (1 John 4:4). Jesus has given you authority over all the power of the enemy (Luke 10:19). Second, bind the demons in Jesus' name and ask God to send angels to assist. "*I bind you unclean spirits in Jesus Christ of Nazareth's name.*" "*Heavenly Father, I ask you to send angels to restrain these demons, in Jesus' name.*"

The next step depends on your comfort level. If you are not comfortable with deliverance, assign someone to locate and bring a trained prayer team person.

If you are comfortable, one person can command the unclean spirit out as we described.

### IX. WHAT SHOULD WE DO IF THE DEMON WON'T LEAVE?

If it is certain that a demon is present but is not coming out, then have the person ask the Holy Spirit to reveal to them anything they need to renounce or confess. Have the person confess that sin. Have the person say to the demon "I don't want you," and to speak the deliverance command to the spirit.

If a demon is not coming out and the demon *is* manifesting, then bind the demon and command the demon to allow the person to speak so that the person can renounce the sin (*I want to speak now to \_\_\_\_\_, not to you. I command you to let go of \_\_\_\_\_'s voice and allow \_\_\_\_\_ to speak.*" and "*Heavenly Father send warring angels to restrain those demons.*"). Have the person ask the Holy Spirit to reveal to what they need to renounce or confess then have them confess/renounce it out loud.

If necessary, you can stop a deliverance and refer them to contact Bridgeway via email ([prayer@bridgeway.church](mailto:prayer@bridgeway.church)) to setup a private prayer session.

## **WORSHIP, PRAYER, AND HEALING NIGHT**

### **DELIVERANCE PRAYER HANDOUT**

#### **X. IS THERE ANYTHING ELSE WE SHOULD DO AFTER AN UNCLEAN SPIRIT LEAVES?**

After deliverance, have person ask the Holy Spirit to fill all areas that the demons vacated. "Holy Spirit fill me anew."

Then pray to God "*I pray now, Holy Spirit, come, fill \_\_\_\_\_ completely*". Place your hand on their head and declare over them: "*Receive a new filling of Holy Spirit in Jesus Christ's name.*"

If the demonic oppression was related to a sin, such as occult practices, we may need to remind the person to not return to their sin and allow Satan to oppress them again. Self-control is the main key to maintaining deliverance. The Bible says "*Whoever has no rule over his own spirit is like a city broken down, without walls.*" (Proverbs 25:28). Self-control is obtained by daily reading the Bible, worshipping, and prayer, and by regularly meeting with Christians, preferably as part of a church, for worship, study, and ministry. We can encourage the person to pursue those.

We also can also end by encouraging them and a prayer of protection as described on page V-6.

# WORSHIP, PRAYER, AND HEALING NIGHT

## DELIVERANCE PRAYER HANDOUT

### DELIVERANCE PRAYER

Lead the person through the deliverance prayer or an abbreviated version depending on the person's request and/or leading of the Holy Spirit. For example, if the person is dealing with a spirit of fear, a simplified prayer may be more appropriate: "Jesus, You are my Lord, Savior, and Deliverer. I renounce fear and not trusting in You. Please forgive my sins and free me."

#### 1. Declare faith in Jesus

**"Dear Heavenly Father, I acknowledge that I have sinned and that I cannot save myself. I believe that Jesus Christ of Nazareth died on the cross for my sins and rose again so that I might be forgiven and receive eternal life. I declare that Jesus Christ of Nazareth is my Lord and Savior."**

#### 2. Forgive all other people

**"I choose to forgive from my heart [name the person] for [what they did or failed to do]."** Repeat as needed.

#### 3. Renounce all false religion/philosophy and the occult

**"I renounce [name ungodly spiritual experience] and all ungodly covenants I made including [name ungodly agreements]. I break its power over me in Jesus Christ's name."**

#### 4. Confess any known sin

**"I confess and repent of all my sins, especially [name the sins]. Heavenly Father, forgive and cleanse me."**

#### 5. Break Ancestral Sins and Curses

**"I confess the sins of my ancestors of [name specific sins or issues if known]. In the name of Jesus Christ, and by the power of His blood, I now renounce and break all sins, curses and diseases [name specific ones], and unholy covenants [name specific ones such as Freemasonry or witchcraft] I have inherited from my ancestors."**

#### 6. Command demons to leave

**"I command every unclean spirit to leave me now in the name of Jesus Christ. Amen!"**

# WORSHIP, PRAYER, AND HEALING NIGHT

## DELIVERANCE PRAYER HANDOUT

### COMMAND DEMONS TO LEAVE

One lead person command the spirit(s) out in a calm, authoritative voice:

**“In the name of Jesus Christ of Nazareth bind you all unclean spirits and command you to come out of \_\_\_\_\_ the way you went in without harming him/her or making any noise or disturbance, to go to Jesus Christ, and never return.”**

Repeat the command inserting the name of known spirits: **“I command in the name of Jesus Christ of Nazareth, the spirit of \_\_\_\_\_ to depart from \_\_\_\_\_.”** Knowing the demon’s name (or function) is not always necessary, but it helps tremendously (e.g., Legion, deaf and dumb spirit). You can ask the Holy Spirit to reveal the name. Another method is to determine what the things people are dealing with (e.g., lust, fear, anger) and then start calling those demons out.

### FILL WITH THE HOLY SPIRIT

After deliverance, ask the Holy Spirit to fill all areas that the demons vacated. Have person pray **“Holy Spirit fill all places the demon left; fill me completely.”**

Then pray to God **“I pray now, Holy Spirit, come, fill \_\_\_\_\_ completely”**. Place your hand on their head and declare over them: **“Receive a new filling of Holy Spirit in Jesus Christ’s name.”**

### REMIND TO NOT RETURN TO SIN

**Exhort person to not return to their sin.** Demons can enter people when there is an opening. Self-control is the main key to maintaining deliverance. *“Whoever has no rule over his own spirit is like a city broken down, without walls.”* (Proverbs 25:28). Self-control is obtained and maintained by daily reading the Bible, worshipping, and prayer, and by regularly meeting with Christians, preferably as part of a church, for worship, study, and ministry.

### RECEIVE THE TRUTH

Enter into a time of receiving the truth in replacement of all the lies and deceit the person was set free from today. Have them first ask this question aloud and then repeat back the first thing they see, hear, feel or discern: **“Heavenly Father, what is the truth (or encouragement) that you have for me today?”**

Then lead them in this prayer: **“In the Name and by the Blood of the Lord Jesus Christ, I choose to receive the truth you gave me today that...have them repeat the truth that Lord just gave them.”**

### CLOSING PRAYER OF PROTECTION

**“Thank you Jesus for \_\_\_\_\_’s healing and freedom today. We praise you now and forever, Father, Son, and Holy Spirit. Please send angels to minister to \_\_\_\_\_ and his/her family and to guard and protect them from all sickness, harm, and accidents. We ask this in Jesus’ name.”**

# WORSHIP, PRAYER, AND HEALING NIGHT

## DELIVERANCE PRAYER HANDOUT

### DELIVERANCE TIPS

Deliverance strategies include:

- Having a lead person – **Only one person should command the demon(s) to leave.** Others assisting should pray quietly in agreement. If more than one person is issuing commands, it creates confusion.
- Using the name of Jesus Christ of Nazareth.
- Asking God to send heavenly hosts (warring angels) to help. (“Heavenly Father send warring angels to restrain those demons.”)
- Making eye contact with the person being delivered is effective. You can tell person to “Look me in the eye”.
- Using anointing oil. The oil is blessed and commanded to be used for healing in the book of James. In some of the Scriptures, the casting out of demons has been described as a healing (Luke 7:21, 8:2, and 6:18; Matthew 15:28; Acts 5:12-16; Acts 10:38).
- Using the power of agreement. One person should lead the deliverance, but 2 or 3 others should quietly intercede and agree in prayer.
- Praying the blood of Jesus. We know that as a believer, we are covered and protected by His blood.
- Identifying the spirit by name, location, or time of entry exposes it.
- Paying attention to how people are feeling or acting. Ask person “How do you feel?”. These give clues to the demon’s identity or location.
- Being specific. Demons can be very specific and legalistic.
- Laying hands on the person is ok.
- Detaching someone from their trauma (“I detach you from all your trauma in Jesus Christ’s name”). Demons can hide behind the trauma. Get the demon out, and Jesus can heal their heart and wounds.

**Blocking Spirits.** There can be blocking spirits that get in the way trying to protect the main spirit. Among these could be mockery, lying, confusion, sleepiness, distraction, and game-playing. **“I bind you spirit of \_\_\_\_\_ I command you in the name of Jesus Christ of Nazareth to stop.”**

If a person has significant trauma that would require inner/emotional healing or needs additional deliverance, provide the person with the prayer ministry email to setup a separate prayer session ([prayer@bridgeway.church](mailto:prayer@bridgeway.church)).