

The Keys Mind Control

Scripture: 2 Timothy 1:7, Romans 8:3-8,

Icebreaker: What is one thing you are looking forward too?

Questions:

1. Do you feel like you are a more of a Black and White thinker or Full of Color?
2. Do you have a favorite movie about mind control? What sticks out to you about it?
3. Read 2 Timothy 1:7. What do you think Paul means by a sound mind?
4. Tim mentioned that the Key to a sound mind is found in Romans 8:5-8. Read Romans 8:5-8 what does it say about a mind governed by the spirit?
5. What are some ways you need to remove your mind from darkness?
6. How can you direct your mind to things it needs to think about? Tim suggest reading 3 chapters of scripture each day and 4 on Sundays. Is there any other habits you have found helpful?

Note: Please take the time to tailor these questions to your group dynamic.