

SPIRITUAL PROFILE SHEET: STRONGHOLDS

Divination:

- Occult/Witchcraft
- Magic (white or black)
- New age practices (astrology, horoscope, reiki, yoga, transcendental meditation)
- Palm-reading
- Mysticism
- Necromancy (consulting the dead, ancestors)
- Seances
- Ouija boards
- Drug use
- Fortune-tellers
- Psychics/Mediums
- Unscriptural exorcism
- Free masonry/secret organizations
- Ghost-Hunting/Paranormal
- Crystals, Sage/Incense
- Demonic games/movies

Familiar Spirits:

- Spirit Guides
- Mediums
- Departed spirits
- Inherited Cultural Curses
- Curses from – witch, warlock, satanist
- Indian Curses
- Santeria Curses
- Voo Doo Curses
- Evil words spoken over you

Spirit of Lying:

- Lies
- Strong delusions
- Deception
- Exaggeration
- Profanity
- Hypocrisy
- Condemning Others
- Theft
- Doubt & Unbelief

- Rebellion
- Secretiveness
- Denial
- Religious spirit (legalism)
- Financial problems (if tithing)
- Leviathan (twisting of words)
- Emotionalism/Dramatization
- Vain imaginations
- Fantasy daydreaming
- Poor self-image
- Hearing lies: “you are ugly, You are worthless, stupid, You will never get married, No one wants you.”

Spirit of Heaviness:

- Gloominess & Sadness
- Rejection
- Despair
- Abnormal Grief
- Fatigue
- Guilt
- Self-pity, whining
- Loneliness
- Depression
- Manic Depression
- Suicide
- Insomnia
- Shame
- Defilement
- Wounded spirit
- Broken heartedness
- Humiliation
- Hopelessness
- Discouragement

Spirit of Haughtiness:

- Pride
- Narcissism
- Perfection
- Accusation
- Contention
- Competition
- Mockery

- Stubbornness
- Self-righteousness
- Superiority, Arrogance
- Vanity: Exalted feelings about self
- Gossip
- Bragging
- Sarcastic, Rude
- Critical
- Controlling/Pushiness
- Selfishness
- Callousness/Lack of Concern For Others
- Rebellion
- Defiance
- Disobedience
- Overbearing
- Domineering
- Self-independent
- Prejudice
- Racism

Deaf & Dumb:

- Mental Illness
- Insanity/Madness
- Seizures / Epilepsy
- Double-Mindedness
- Multi-personality
- Hyperactivity
- Self-mutilation
- Paranoia
- Compulsion
- Confusion
- Learning Disabilities
- Convulsions
- Suicide attempts/tendencies
- Autism (in certain cases)
- Diseases of the eyes/ears
- Unusual accidents
- Inappropriate excessive crying
- Deafness

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Stupor:

- Withdrawal/Isolation
- Mind-binding, unable to focus
- Unusual sleepiness
- Forgetfulness
- Stupidity
- Daydreaming
- Trances
- Laziness
- Sluggishness, constant fatigue
- Confusion
- Procrastination
- Passivity
- Self-pity
- Draws back from life
- Blocks success
- Extreme introversion

Spirit of Fear:

- Terror/Fright
- Torment/Horror
- Nightmares
- Phobias
- Fear of the dark
- Insecurity, Inadequacy
- Fear/sense of Abandonment
- Fear of pain/death
- Inferiority Complex
- Timidity, Shyness
- Worry, Anxiety
- Doubt/Unbelief
- Faithlessness
- Sensitivity
- Nervousness
- Procrastination
- Rushing/Hurry/Tension
- Panic Attacks
- Fear of Authority
- Fear of Men (from abuse)
- Fear of Women (from abuse)
- Workaholism: (Fear of Failure, Insignificance)

- Fear the Worst Will Happen/Dread
- Fear of Various Illnesses Like Cancer
- Fear people will get angry with you or won't like you
- Fear of man (what others think, people-pleasing)
- False Responsibility- Toxic Guilt, Need for control)
- Fear of Poverty
- Lack of trust
- Schizophrenia
- Paranoia

Bondage:

- Hindering spirits (can't call on God, read the Bible or pray)
- Delay of God's purpose in your life
- Greed
- Obesity, Gluttony
- Anorexia, Bulimia
- Addiction (sex, drugs, alcohol, nicotine, ect)
- Compulsive Spending
- Gambling
- Pornography
- Soul ties to another person
- Workaholism
- Social Media
- Video games, TV

Poverty:

- Bankruptcy
- Living Paycheck to Paycheck
- Looting or having things Stolen
- Excessive Spending
- Can't Save Money
- Unemployment/Job Loss
- Not Paying Tithes
- Idolatry of Possessions
- Fear of Lack (Mammon)

- Self-deprecating needs
- Lack of personal care/hygiene
- Hoarding

Spirit of Infirmity:

- Lingering disorders of the body
- Inherited curse (Infirmity)
- Arthritis
- Asthma, Hay Fever
- Allergies
- Cancer
- Diabetes
- Death
- Stroke
- Heart Attacks
- STD's
- Every Disease
- Pain
- Attacks on femininity, masculinity
- Weakness or feebleness

Jealousy/Jezebel Spirit:

- Jealousy
- Bitterness
- Strife
- Covetousness
- Competition
- Control & Manipulation
- Revenge-Seeking
- Retaliation
- Suspicion
- Anger
- Rage
- Hatred
- Murder
- Violence
- Restlessness
- Impatience
- Selfishness
- Critical, Mean
- Cruelty
- Hard-heartedness

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- Divorce
- Division
- Abortion
- Builds walls in a person's life through hurt & anger (won't be vulnerable)
- Insecurity
- Feeling of being less loved

Idolatry & Spirit of Anti-Christ:

- Religion without fruit
- Legalism/Tradition
- Intellectualism
- Idolatry (money, lust for power)
- Lust for position
- Love of the world
- Never Satisfied
- Opposes the Bible
- Opposes Christ's deity, doctrine, victory & humanity (Cults)
- Persecutes the saints
- Suppresses ministries & causes church splits
- Blasphemes the gifts of the Holy Spirit attributing them to satan
- Rationalizes God's Word explaining away all the power of God in the life of a saint (no miracles)
- Judaism, Islam, Hinduism
- Atheism
- Anything worshipped or trusted for security.
- Idolatry: placing anyone or anything before God.

Spirit of Perversion:

- Lust
- Fornication
- Adultery
- Prostitution
- Homosexuality
- Lesbianism
- Sexual deviations
- Transgenderism
- Abortion
- Rape
- Pornography
- Masturbation
- Sodomy
- Bestiality
- Child Molestation
- Incest
- multi-partner sex/orgies
- Sadomasochism
- Polygamy
- Exhibitionism
- Seducing Spirit
- Sensual Thoughts
- Twisting the Word of God
- False Teachers
- Stubbornness
- Abnormal crankiness
- Narcissism
- Unreasonableness
- Involvement in false doctrine or occult

Spirit of Error:

- Irresponsibility
- Immaturity
- Inappropriate thinking & behaviors
- Confusion
- Bulimia
- Anorexia
- Continuously making wrong decisions
- Doubt
- Unbelief
- Deceptions
- Compromise
- Intellectualism
- Cults (false doctrines)
- False teachers
- False prophets
- Racism
- False doctrines from denominationalism
- False beliefs from family/heritage

You Can Be Set Free!

Freedom is available through Jesus Christ and what He did for us on the cross.

Allow the Holy Spirit to speak to your heart and use this list as a guide to help you work through Freedom in these different areas.