

THE SOLEMNITY OF OUR LORD JESUS CHRIST, KING OF THE UNIVERSE

November 26, 2023



ST. MARY STAR OF THE SEA ROMAN CATHOLIC CHURCH

MASS INTENTIONS

SATURDAY, NOVEMBER 25, 2023 (5:00 PM)

Ezek 34:11-12,15-17 | Ps 23:1-3,5-6 | 1Cor 15:20-26,28 | Matthew 25:31-46



Special intention of Lyette Alley

SUNDAY, NOVEMBER 26, 2023 (9:00 AM)

†Alan Sr. & Alan Jr. del Puerto

SUNDAY, NOVEMBER 26, 2023 (11:00 AM)

For the People of the Parish

MONDAY, NOVEMBER 27, 2023

Daniel 1:1-6,8-20 | Psalm Daniel 3:52-56 | Luke 21:1-4

NO MASS

TUESDAY, NOVEMBER 28, 2023 (7:00 PM)

Daniel 2:31-45 | Psalm Daniel 3:57-61 | Luke 21:5-11

†Venere & Domenico Maucieri

WEDNESDAY, NOVEMBER 29, 2023 (9:00 AM)

Daniel 5:1-6,13-14,16-17,23-28 | Psalm Daniel 3:62-67 | Luke 21:12-19

†Martin Znidarec, †Salvatore Pannia, Recovery of Janice Mahar and Special intention of Paul & Anna Hwang

THURSDAY, NOVEMBER 30, 2023 (9:00 AM)

Romans 10:9-18 | Psalm 19:8-11 | Matthew 4:18-22

†Claudette Bastarache

FRIDAY, DECEMBER 1, 2023 (9:00 AM)

Daniel 7:2-14 | Psalm Daniel 3:75-81 | Luke 21:29-33

†Manuel Luis

SATURDAY, DECEMBER 2, 2023 (9:00 AM)

Daniel 7:15-27 | Psalm Daniel 3:82, 83, 84, 85, 86, 87 | Luke 20:27-40

†Giorgio Circosta, †Oscar Isidro and Blessings for Tessie Tesoro

EUCCHARISTIC ADORATION

Wed. & Thurs. 9:30 am - 10:30 am

Friday 9:30 am to 12:00 noon

DAILY DEVOTIONS

(after Mass)

Tuesday – Sts. Anne & Joachim

Wed. – Our Lady of Perpetual Help

Thursday - St. Jude

Friday – Sacred Heart of Jesus

Saturday – St. Michael

Confessions: Sat. 9:30 to 10:30 am

Support Your Parish:

1. Drop off or mail your regular weekly offertory contribution to the parish office.
2. Contribute to your parish offertory by credit card. You can make a one time or recurring contribution to your parish's offertory or other special funds.
3. Contribute through Pre-Authorized giving (PAG). You can obtain a form from the parish office or [click here](#) to download the form.
4. You can contribute to the offertory via on-line banking. Email campaign@archtoronto.org

PASTOR'S BLOG

Last week's blog probably wasn't much of a cliffhanger that you would find in modern TV but hopefully you are a faithful reader to my musings. Anyways, here we are with Adriene's blog idea:

Idea 2: Adriene - "Why don't you write about what is in your cart?"

Great idea Adriene! First, by cart I assume she meant online shopping, not my grocery cart. However, I can speak about both! In my grocery cart is usually health stuff like supplements, protein powders, pre-workout drinks and intra-workout drinks along with non-dairy milk (I have a bit of a lactose intolerance) and one milk that is lactose free and filtered in a way to increase its protein content. (Yeah Yeah, its processed, I know...but its lactose free and high protein...).

In my online cart, well, I forgot my blender bottle to mix my protein smoothies, pre-workout and intra-workout drinks at my parents place. Alas, I went to amazon and found a new one that was pretty inexpensive. One day shipping is pretty sweet. It arrived in less than a day (hoorah) and I was super happy with the purchase. It not only will take care of my blending needs, it also has a little pill tray where I can put my supplements and two sealed containers for fruit and snacks properly portioned. The best part, it all stacks together. Efficiency, check!

Also, on the recommendation of a friend (who will remain nameless) I bought a gadget that helps with squeezing toothpaste out of the tube. Nobody likes to waste that little bit of toothpaste, especially with the current prices we are paying. This little gadget keeps the pressure on and gets the last little bit out. I am impressed. Teeth hygiene, check!

The last item in my cart are cocktail cherries. While alcohol works against exercise gains, there is nothing wrong with a good Manhattan on Saturday night. Temperance, check!

The Life of Prayer: Being equipped for the Spiritual Growth

Sometimes our prayer life can become just a list of things that we do and check off the boxes each day. Said my rosary, check. Said my morning prayer, check. Said grace before meals, check. But while having a good rule/plan of life when it comes to our daily, weekly and monthly prayers, it is only the beginning. As I learned in seminary formation, that plan/rule of life is the structure that we need so that we can grow in the spiritual life; but, at a certain point we realize that we are not making progress in the spiritual life, that is our friendship with Jesus. Imagine all your friendships and family relationships were just reduced to a list of boxes that we need to check off. It would become tepid and probably not a lasting friendship.

This is why the Apostles asked the Lord Jesus, "Teach us to pray!" They saw Him in prayer and desired what He had. Do we not imagine ourselves in that same position? Desiring that love and communion with the Father that Jesus had? I mean even the saints asked that question. Do we not want to answer the call to holiness?

Many of you who are reading this blog (thanks by the way!), are probably cradle Catholics who have learned the basics of prayer, know what the catechism teaches about prayer and are dutiful in your prayer life. And maybe you look around at Mass and look at people thinking, "Man, that person is holy, look at them at prayer!" And that person you are looking at a prayer, they are probably thinking, "What am I doing here?" Trust me, the seminary chapel is full of these thoughts amongst those being formed to be priests. The key is are you open to being formed in your prayer life? Are you humble enough to realize that you can always grow in your prayer life because it's about a relationship with an infinite God?

Once again, I invite you to our Advent retreat on prayer. It is being led by Dr. Josephine Lombardi. If you want to learn more about her, you can check out her website [here](#). By coming to the retreat, we hope that you will fill your cart with the tools for the tool box to grow in your relationship with God.

Fr Michael

LEGION OF MARY BOOK BORROW – SUNDAY, NOV. 26

The Legion of Mary will have their monthly book borrow after the 9:00 and 11:00 am Masses this Sunday, November 26. Feel free to browse or borrow a book. Kindly return any books you may have previously loaned.

SSVP – GIVING TREE CAMPAIGN

The response has been very positive to our Christmas appeal so far. If you have not made a donation and are in a position to do so, we would appreciate your help. Donations marked SSVP with your name and address can be placed in our poor boxes or in the regular collection. Thank you for allowing us to assist our Neighbours in Need, especially at this time.

THIS WEEK'S VOTIVE LAMP DEDICATIONS

TABERNACLE

Blessings for Francesca Racco
Blessings for Francesca Racco

SACRED HEART OF JESUS

For all Souls

OUR BLESSED MOTHER

Blessings for Francesca Racco
Blessings for Francesca Racco

ST. JOSEPH

For all Souls

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VISIT OUR PARISH WEBSITE

Connect with us online! Scan the QR code to visit our parish website.
If you are new to the parish, welcome! Register on the website.



ADVENT RETREAT 2023

Please join us for our parish Advent retreat led by Dr. Josephine Lombardi from 9am to 2pm. The day will include a time for reflection, small group discussion, and fellowship. Lunch will be provided. Registration is required as we will be providing lunch, please fill out this form and return it to a parish staff member

Please note, there is no cost for the retreat however donations are welcome to cover the onset costs of the retreat.

Registration will close on Wednesday, November 29th.

Name:

Last Name:

Phone Number:

Email:

Dietary Restrictions/Allergies: