



Prayer Journal  
DAY 35

**"Those who hope in the Lord will renew their strength. They will soar on wings like eagles, they will run and not grow weary, they will walk and not be faint."**

Isaiah 40:31

Many times, the demands of the world can become overwhelming. It can be hard to turn down a request to add something else to our already busy schedule. Take time to pray to the Lord for guidance before making a decision. Building a foundation of prayer can bring rest to the weary and renew their faith.

# PRAYER

**Dear Lord, thank you for giving us strength and courage that only you can provide. Please guide us in building a foundation of faith to serve you. In Jesus' name, Amen**

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Written by: Tracy Polluck

