



# Prayer Journal

## DAY 31

**"The faithful love of the Lord never ends! His mercies never cease. Great is his faithfulness; his mercies begin afresh each morning."**

## Lamentations 3:22-23

These verses remind us that God's love is faithful, it is steadfast. Not only are His mercies endless, but they are created new every morning. It's easy to go through our days and weigh ourselves down with yesterday's burdens, to try to carry all of our burdens alone. Maybe even feeling lonely and abandoned by others. We're not alone. We can begin every day "afresh" with God's mercy. There is a song by Elevation Worship called "Do It Again" that reminds us that God will never fail us and that we can trust in Him. I encourage you today to listen to it.

# PRAYER

**Father, help us to trust completely in you. May we feel your presence today. May our burdens and guilt be lifted from our heart and soul. Help us to share with others today a smile, a word of encouragement and the joy that we find in your faithfulness. Amen.**

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