



## Prayer Journal DAY 14

**"Don't be afraid, for I am with you. Don't be discouraged, for I am your God. I will strengthen you and help you. I will hold you up with my victorious right hand."**

Isaiah 41:10

Throughout the Scriptures, God reminds us of the ways He cares for us and is present with us in every situation. First Peter 5:7 encourages, "Cast all your anxiety on Him because He cares for you." Philippians 4:6-7 says, "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

My friend, whether it's your child, your career, a conflict or a condition that you're concerned about today, do not fear or be dismayed. Hear God's reassurance that you do not have to be anxious — but if you find that you are, cast those anxieties onto Him. Ask Him to help you walk confidently into every room and face every situation with calm in your heart, knowing He is present with you. The One whose peace transcends all understanding is upholding you with His righteous right hand.

### PRAYER

**Dear God, thank you for your presence and the peace you extend to me in every situation. May I be fully aware of it, accepting of it and assured in it. Your word sustains me, and I know I'm in good hands. In Jesus' name, amen.**

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*Written by: Barbara McDaniel*

