



Prayer Journal

DAY 39

"Trust in the Lord with all of your heart and lean not on your own understanding. In all of your ways acknowledge Him, and He will make straight your paths."

Proverbs 3:5-6

"And the peace of God, which surpasses all understanding, will guard your hearts and minds in Christ Jesus."

Phillippians 4:7

Trusting in the Lord is active. It requires that I place my complete confidence in Him. I make a conscious decision to rely on who God is and what He has promised to everyone who believes. With all of your heart encompasses not just emotions, but your mind, will and inner being. This represents total commitment and devotion where I surrender every aspect of my life to His guidance and wisdom.

Lean means to support and prop yourself up with your own understanding. We are being warned against relying on ourselves, rather than the firm foundation found in God's wisdom. When I can rely/acknowledge God in all parts of my life, He will guide me. This kind of trust will give me peace. I do not have to understand the 'why?' of life. I can trust God's wisdom and His plans. I can rejoice in the good and the bad because I trust in the Lord.

PRAYER

Dear God, help me to keep these words in my heart so that they might guide me daily. Help me to rely on you in every season and with every aspect of my life, no matter whether the circumstances are good or bad. Help me to lean on you and your word, knowing that you will give me calm and a peace in all of the storms of life. May I trust you with my time, my talent and my treasures, knowing that they are yours and that you will always take care of me. In Jesus' name, Amen.

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