

21 JUMP= START January 2026 - Family Strong!

Kidz - Cross off each day you complete the task! Do only one per day. Let's get 2026 off to a great start!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				NEW YEAR Read 2 cor. 5:17	NO SWEETS PDAY	Pray for each person in your family
Go early to church and help greet other KIDZ	Help prepare dinner and clean up afterwards	6 NO 4 SODA DAY	Tell your parents how much you love them	8 Pray for 5 minutes for as many people as you can	Instead of playing video games, listen to worship music	Pray for all who serve on Sundays
Give three people a hug and say I love you	Write a note to //someone you/ appreciate//	Read a favorite story from the New Testament	14 // Pray/together// as/a/family	Memorize a verse and tell it to 3 people	16 NO * TV	Pray for Pastor Cindi
Help clean up after KIDZ Church	Help clean up your brother or sister's toys	Pray for your siblings	21 NO ELECTRONICS DAY APPROXIMATE	Sit in your room + just be still for 10 minutes	Make a list of 10 things you are thankful for	Pray for Pastor Nathan
Tell Pastor Cindi your favorite Bible verse	26 MO DESSERT DAY	Pray and ask God to keep doing a new work in you	Video call your grandparents and check on them	29 Choose ONE THING to go without today	Read a favorite story from the Old Testament	Secretly do something kind for someone in your family