

Summer Camp'25

High School Camp Packing List

DRESS CODE

Modesty is the best policy. Shoes and shirts must be worn at all times unless it is a pool/lake/water activity.

Girls:

One-piece bathing suits are required.
- *Dark T-shirts can be worn over two pieces suits.*
No spaghetti straps or tube tops
No bare midriffs
No short shorts

Guys:

No speedo-style swimwear
No underwear showing
Shirts **must be worn at all times** outside of the pool/lake/water activities

PACKING:

- Packing Pro-Tips:
- Label all luggage items with your camper's full name and church
- Please limit luggage to no more than 2 bags to make sure your camper can carry all the luggage they are bringing to camp.
- Check the weather before sending your camper to camp – Forest Falls can be hot, dry, cool, rainy, or muddy throughout the summer – help your camper pack accordingly!



Packing List

The Essentials:

- Sleeping Bag & Pillow (please put your sleeping bag in a trash bag)
- Bible, Journal, Pen (make sure your camper's name is in their Bible)
- Bath Towel & Washcloth
- Beach Towel for Pool and Lake Activities
- Flashlight or Headlamp (with fresh batteries)
- Reusable Water Bottle (labeled with your camper's name)
- General Toiletries:
 - Toothbrush & Toothpaste
 - Shampoo & Conditioner
 - Soap / Body Wash
 - Deodorant
 - Sunscreen / Bug Repellent

Clothing for Five Days:

- Socks & Underwear
- Swimsuit (guys – trunks // girls – one-pieces)
- T-Shirts
- Shorts
- Pajamas
- Pants / Sweatshirt (for if it gets chilly at camp)
- Sandals AND closed-toed shoes
- Raincoat / Poncho (rain is not uncommon at camp, being prepared with rain gear can be helpful)
- Old clothes / old closed-toed shoes to get dirty in the Mudbowl



Packing List Cont.

Optional / Encouraged:

- Hat for Sun Protection
- Small Backpack for carrying personal items around camp
- Plastic garbage bag for dirty clothing
- Corresponding Color Team Gear: During the week, we will have team competitions where campers will compete on their assigned color teams. Team spirit is an exciting part of these competitions, so we encourage campers to wear their team's color! We will email you your camper's assigned color.

Please Leave the Following Items at Home:

- Phones, Smart Watches, Tablets (**any student with these will be sent home**)
- Electronic Gaming Systems (Nintendo Switch, PSP, etc.)
- Laptops / iPads / Tablets
- Weapons – including firearms, knives, air-soft guns, bb guns, etc.
- Drug / Alcohol / Tobacco Paraphernalia – including juuls, vapes, and wax pens.
- Avoid preventable heartache: do not send anything to camp that is irreplaceable, such as a treasured stuffed animal or blanket, or a \$1,000 camera. These items are easily lost or damaged at camp and we cannot guarantee their safe return.

