



SUMMER CAMP

Super Senoir Camp Packing List



Packing List



Adventure Clothing

SPORTS SANDALS OR TENNIS SHOE

SOCKS

UNDERWEAR/SWIM BOTTOM

T-SHIRTS

ATHLETIC SHORTS

SWIMSUIT/SPORTS BRA+SHORTS (1)

HAT / VISOR (1)

In Camp Clothing

DRY SHOES

SOCKS

LIGHTWEIGHT PANTS

EXTRA T-SHIRTS & SHORTS

SWEATER or WARM JACKET (1)

FLEECE LEGGINGS OR WARM PANTS

BEANIE

Why

For wearing in the water and on adventures.

Sandals need to have ankle strap and cinch down to the foot.(no flip-flops, CROCS or "water socks")

Socks are the best blister prevention! They will get wet.

Quick dry

Quick Dry is better than cotton

You will live in these! Girls too! Plan on wearing it every day.

To swim in (Please keep it modest/appropriate for athletic activity). One piece swimsuits are difficult to deal with on adventures! Opt for modest sports bra with light synthetic T-Shirt instead. You will live in these every day you are at camp!

To block the sun. We highly recommend every adventure day.

Why

You won't want to wear your wet shoes around camp after adventure

Warm Comfy dry socks to change into after adventure

Cotton pants(I.E Jeans!) are discouraged. Aim for Synthetic

Dry clothing is nice to change into!

Fleece or Wool if you got it. It can get cold at night and in the morning

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Packing List Cont.



Equipment Stuff

SLEEPING BAG

SLEEPING PAD

TENT or TARP

PILLOW

TOOTH BRUSH & PASTE

CHAPSTICK / BLISTEX

SUN SCREEN

FLASH LIGHT/HEADLAMP

PRESCRIPTION MEDICATIONS

BUG REPELLANT (optional)

TOILETRIES

TOWEL

BIBLE & JOURNAL (small)

GOGGLES

Attending March, April, May, or September

Wool Socks

Wool or fleece Sweater/jacket

Warm Layers

Poncho/Rain Jacket,

Optional: Wetsuit And Booties

Extra Blankets

Extra shoes and socks for muddy conditions

Why

Ideally a WARM sleeping bag. Temps at night can drop into the low 40s

This is for both WARMTH & Comfort. Don't skip this!

We recommend sleeping under the stars!

Morning breath

With some sun protection (spf)

It's bright out there

It's dark at night (don't forget the batteries)

So the bugs won't bug you

You won't use it on adventure but there are optional showers at camp

Trust us, you'll want to avoid that 10 pound family Bible.

We will provide but it's nice to have your own on canyon days.

Why

For adventure and to wear around camp. Wool is warm, even if wet.

This is a must for both adventure and in camp. We recommend a cheap One from the thrift store if you don't have one.

Ideally synthetic non-cotton warm pants, sweatshirts, jackets, hats

We have these but you will be more comfortable in your own

If you don't have a 20 degree mummy bag. You will want extra blankets

NOTE: ALL PIANOS, TROMBONES, AND KAZOOS ARE WELCOME. BUT ALL SATELLITE-DISHES, TV SETS, CELL PHONES, ELECTRONIC GAMES, MUSIC PLAYERS AND JUNK FOOD/DRINKS ARE NOT ALLOWED.

Anything you bring might get wet or lost, so leave anything of great value at home.

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