



IT IS GOOD TO FORGIVE YOURSELF

January 11 & 12, 2025

1. Jesus' _____ is _____ you.

2. Jesus helps you _____ your _____.

"The thief's purpose is to steal and kill and destroy. My purpose is to give them a rich and satisfying life." (John 10:10)

"Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. For my yoke is easy to bear, and the burden I give you is light." (Matthew 11:28-30)

"Peter swore, 'A curse on me if I'm lying. I don't know this man! And immediately the rooster crowed. Suddenly, Jesus' words flashed through Peter's mind, 'Before the rooster crows, you will deny three times that you even know me.' And he went away, weeping bitterly." (Matthew 26:74-75)

"A third time he (Jesus) asked him (Peter), "Simon son of John, do you love me? Peter was hurt that Jesus asked the question a third time. He said, "Lord, you know everything. You know that I love you. Jesus said, "Then feed my sheep" (John 21:17)

3. _____ is found in Jesus' _____ and _____.

How do we work toward forgiving ourselves?

- _____ with God.
- _____ your part in all of it to God and _____.
- _____ for what you did.
- Truly live in the _____ and _____ that Jesus has given to you.

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