

## 10-25: Sermon Listening Guide



### *A New Life*

#### **Ephesians 4:17-32    New International Version**

##### **Instructions for Christian Living**

<sup>17</sup> So I tell you this, and insist on it in the Lord, that you must no longer live as the Gentiles do, in the futility of their thinking. <sup>18</sup> They are darkened in their understanding and separated from the life of God because of the ignorance that is in them due to the hardening of their hearts. <sup>19</sup> Having lost all sensitivity, they have given themselves over to sensuality so as to indulge in every kind of impurity, and they are full of greed.

<sup>20</sup> That, however, is not the way of life you learned <sup>21</sup> when you heard about Christ and were taught in him in accordance with the truth that is in Jesus. <sup>22</sup> You were taught, with regard to your former way of

life, to put off your old self, which is being corrupted by its deceitful desires; <sup>23</sup> to be made new in the attitude of your minds; <sup>24</sup> and to put on the new self, created to be like God in true righteousness and holiness.

<sup>25</sup> Therefore each of you must put off falsehood and speak truthfully to your neighbor, for we are all members of one body. <sup>26</sup> "In your anger do not sin" [a]: Do not let the sun go down while you are still angry, <sup>27</sup> and do not give the devil a foothold. <sup>28</sup> Anyone who has been stealing must steal no longer, but must work, doing something useful with their own hands, that they may have something to share with those in need.

<sup>29</sup> Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. <sup>30</sup> And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. <sup>31</sup> Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. <sup>32</sup> Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

## Footnotes

- a. [Ephesians 4:26](#) Psalm 4:4



The church must be a Spirit filled and empowered community, both individuals and as a corporate body in order to fulfill its mission and purpose and be the Church.

A commitment to personal spirit filled living, holiness, and love for Christ is our most powerful weapon against the cultural tensions that we currently live in and the challenges of division and racism

## MAIN TRUTHS:

1. Verses 17 – 21 The Holy Spirit empowers

us to leave the \_\_\_\_\_ life.

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“When men are living in sin they go from bad to worse. At first, they merely walk in the counsel of the careless and ungodly, who forget God – but after that they become habituated to evil, they stand in the way of open sinners who willfully violate God’s commands; then they become tempters of others.”

– Charles Spurgeon

2. Verses 22 – 28 The Holy Spirit empowers

us to live the \_\_\_\_\_ life.

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3. Verses 29 – 32 Holy Spirit empowers us to

love \_\_\_\_\_ lives.

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## APPLICATION QUESTIONS:

1. What 'old things' would we find in your closet that need to be thrown away? Why?

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2. Why do we have to 'put on' daily our new lives in Christ? What does that look like for you?

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3. Why does this new life always lead us to love others?

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4. Why do we need the power of the Holy Spirit to do any of this?

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