

SOAR

**BREAKING FREE TO BECOME
WHO GOD CREATED YOU TO BE**



**AUGUST 2 | 10 AM
THE WEIGHT OF REGRET
REV. DR. PETER KIM**

BREAKING FREE

TO BECOME

WHO GOD CREATED YOU TO BE

THE WEIGHT OF REGRET

SOAR WEEK 1

1

Regret convinces us
that we have
ruined God's plan
for our lives.

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THE WEIGHT OF REGRET

SOAR WEEK 1

MOSES THOUGHT:

- “I’m a murderer.”
- “I’m a failure.”
- “I blew my opportunity.”
- “Forty years ago I ruined everything.”
- “God can’t use me now.”

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LIES REGRET TELLS US:

- “I’ve ruined God’s plan for my life.”
- “I’m too broken for God to use.”
- “I don’t deserve God’s grace.”
- “God may forgive me, but He could never trust me again.”
- “My best days are behind me.”
- “If people knew what I’ve done, they’d never accept me.”
- “I’ll always be defined by my worst mistake.”
- “I’ll never be free from my past.”
- “This regret is something I’ll have to carry forever.”

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— 2 —

Regret keeps us
wandering in the
wilderness.

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FORTY YEARS OF SILENCE

ACTS 7:30

[30] “Now when forty years had passed, an angel appeared to him in the wilderness of Mount Sinai, in a flame of fire *in a bush.*” (ESV)

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EXODUS 3:10–11

[10] “Come, I will send you to Pharaoh that you may bring my people, the children of Israel, out of Egypt.”

[11] But Moses said to God, “Who am I that I should go to Pharaoh and bring the children of Israel out of Egypt?” (ESV)

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— 3 —

God's grace
transforms our
regret into a
new beginning.

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“
God says,
“Moses,
I know exactly
who you are,
I know exactly
what you’ve done,
and I’m calling you
anyway.”

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“One of the greatest problems people have with failure is that they are too quick to judge **isolated situations** in their lives and label them as **failures.**”

—John Maxwell

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HEB 11:24–26

- 24 By faith Moses, when he had grown up, refused to be known as the son of Pharaoh's daughter.
- 25 He chose to be mistreated along with the people of God rather than to enjoy the pleasures of sin for a short time.
- 26 He regarded disgrace for the sake of Christ as of greater value than the treasures of Egypt, because he was looking ahead to his reward.

THE GRACE OF
GOD

— IS GREATER THAN —
OUR MIGHTIEST
FAILURES.

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SOAR

S

SURRENDER



What does
God want me
to surrender
to Him?

O

OBEY



How can I
follow God in
obedience?

A

ABIDE



How do I remain
connected to
God's truths?

R

RISE



What does it
look like to rise
in this area in
Christ's power?

THE WEIGHT OF REGRET

SOAR WEEK 1

ISAIAH 43:18–19

- 18** ‘Don’t remember the former things,
and don’t consider the things of old.
- 19** Behold, I will do a new thing. It springs out now.
Don’t you know it? I will even make a way in the
wilderness, and rivers in the desert.”

ROMANS 8:1

There is therefore now no condemnation to those
who are in Christ Jesus, who don’t walk according
to the flesh, but according to the Spirit.

PSALM 103:12

As far as the east is from the west, so far has
he removed our transgressions from us.

LAMENTATIONS 3:22–23

- 22** It is because of Yahweh’s loving kindness
that we are not consumed, because his
compassion doesn’t fail.
- 23** They are new every morning;
great is your faithfulness.



NOVEMBER 8, 1975



HE DIDN'T GIVE UP. HE SHOWED UP.

On the final play of Notre Dame's **24-3 victory** over Georgia Tech, 5'6" and a 165 pound, Irish defensive end, named **Daniel Ruettiger**, sacks Yellow Jackets quarterback **Rudy Allen**.



SOAR

BREAKING FREE TO BECOME WHO GOD CREATED YOU TO BE

WEEK 1

THE
WEIGHT
— OF —
REGRET

WEEK 2

THE
DANGER
— OF —
SUCCESS

WEEK 3

THE
CURSE
— OF —
COMPARISON

WEEK 4

THE
PRISON
— OF —
UNFORGIVENESS

WEEK 5

THE
SEDUCTION
— OF —
COMFORT

WEEK 6

THE
FEAR
— OF —
THE FUTURE

WEEK 7

IT'S TIME
— TO —
SOAR

SOAR

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