

# THE JOURNAL

2ND BAPTIST'S ONE YEAR  
CHURCH WIDE BIBLE READING  
PLAN USING THE HEAR METHOD

**1 > PRAY** – Ask the Holy Spirit to teach you through God's Word.  
“Open my eyes, that I may behold wonderful things from Your law.” Psalm 119:18

**2 > ENGAGE** with God through His Word using the H.E.A.R. method below.

> **Parents, this is a great place for you to jump in and help!**

**H > HIGHLIGHT** – Read each day's verses and think about the following:

- > The name of the book
- > The verses you read
- > The chapter and verse numbers that stand out to you

Thinking about these things helps us to remember what we read and to be able to find it later. Write down (or have someone help you) the verses that stand out to you the most.

**E > EXPLAIN**

- > What did you learn from the bible verses you read?
- > What is this part of the bible about? (Ask a grown-up for help if you need to)
- > How do the verses fit with the verses before and after?
- > Who wrote the book of the bible we read today? (A grown-up can help here, too)

**A > APPLY** – Apply the verses to your everyday life. Think of doing one of the following:

- > Draw a picture that describes what you learned.
- > Think of an example from your life that is similar to what we read about today.

Ask questions like:

- > How can this help me?
- > What is God telling me through these verses?

Talk with a grown-up about what you read today and ask them how to apply it to today.

**R > RESPOND** – Spend time praying about the verses you read and anything else that you want to talk about with God.

## FAMILY

During family time, talk about the scriptures you have read this week. Allow time for kids to answer on their own and encourage older kids to let their younger siblings answer first. Discuss what the verses meant to each of you on an appropriate level for kids. As a family, draw pictures that remind you of the scriptures you read, play a game that goes with the scriptures, and challenge one another to memorize a favorite scripture from this week.

Game ideas (change it up a bit to go with your weekly bible reading):

- > Memory Game
- > Bible Trivia
- > Minute-to-Win-It Games
- > Charades
- > 20 Questions

MYSECOND.FAMILY

