

GIRLS MUTUAL MINISTRY

PURPOSE OF MUTUAL MINISTRY: To make more and better disciples of Jesus through weekly accountability, intentional relationship, confession, and prayer.

James 5:16:

"Confess your sins to one another"

Proverbs 27:17:

"As iron sharpens iron, so one person sharpens another."

Romans 1:11-12:

"That we may be mutually encouraged by each other's faith."

Hebrews 10:24-25:

"Let us consider how we may spur one another on toward love and good deeds, not giving up meeting together as some are in the habit of doing, but encouraging one another."

Galatians 6:1:

"If anyone is caught in transgression, you who are spiritual should restore him in a spirit of gentleness."

2 Timothy 2:24-25:

"And the Lord's servant must not be quarrelsome but kind to everyone, able to teach, patiently enduring evil, correcting his opponents with gentleness."

What is my role?

- **ASK** good questions.
- **LISTEN** actively.
- **ADDRESS** the heart issue.
- **DIRECT** to God's word.
- **FOLLOW UP** with prayer and questions.

MUTUAL MINISTRY IS:

- Always directed back to God's Truth
- Confidential
- Willing to be uncomfortable
- Encouraging
- Exists to grow us in Christ-likeness
- Confession

MUTUAL MINISTRY ISN'T:

- Weekly catch-up
- About our feelings
- Pep-talk
- Opportunity to gossip
- Social time
- Small talk
- Time to vent
- Advice-exchanging
- Only listening



CHANGE DOESN'T HAPPEN IN FUZZY LAND

3 TYPES OF QUESTIONS THAT GET TO THE HEART

1. INITIAL QUESTION (pick one to ask/ answer!)

- What did you learn in your Bible reading this week?
- What specific sin do you need to confess tonight?
- Where was there victory in your life this week?
- Are you honoring Christ in your relationships well?
- Are you honoring Christ in your job?
- Who are you actively praying for or sharing the Gospel with?

2. FOLLOW UP QUESTION (pick one to ask/ answer!)

- Where was the heart idol in that moment?
- How has this sin affected other areas of your life?
- What do you need to do differently this week?
- Have you actively been in the Word/ in prayer?
- Is this something you've struggled with for awhile?
- What does the Bible say about this?

3. ACCOUNTABILITY

- "This reminds me of a passage..."
- "How can we hold you accountable this week?"
- "Can we confess that together right now in prayer?"
- "Can we hold each other accountable to read our Bibles this week?"
- "Would you want to get together this week to talk about that more?"
- "Can I get your number so I can follow up with you about that?"
- "Can we brainstorm some passages you could meditate on this week?"

Key principles for mutual ministry time:

- When in doubt... ask a good question
- Redirecting is encouraged
- Keep your Bible open during mutual ministry
- Vulnerability builds trust
- Shorter is best
- Prayer fuels change