SCREEN AGERS
GROWING UP IN THE DIGITAL AGE

SCREENAGERS RESOURCES at www.screenagersmovie.com

● Screen Time Contracts—Tips and screen time contracts templates, including Tessa's contract
● Parenting Apps—Tools that automatically turn off tech at certain times
● Digital Citizenship—Links to help teach this at home and in schools
● Parenting Tips—Ongoing practical advice from our blog, Tech Talk Tuesday and more

SOME AUSTRALIAN STATISTICS

http://www.abs.gov.au/ausstats/abs@.nsf/mf/8146.0

https://www.acma.gov.au/theACMA/engage-blogs/engage-blogs/Research-snapshots/Aussie-teens-and-kids-online

https://www.kidsmatter.edu.au/health-and-community/enewsletter/kids-online-statistics

https://www.unicef.org.au/Upload/UNICEF/Media/Documents/Children-in-a-Digital-World-Australia-Fact-Sheet-051217.pdf

https://wearesocial.com/au/blog/2018/02/2018-digital-report-australia

HELPFUL WEBSITES

https://www.esafety.gov.au/
An Australian government website with plenty of resources and a dedicated youth section.

https://resistporn.org/parents/
A Sydney Anglican Church website dedicated to helping people who are viewing pornography.

https://growingfaith.com.au/
A Christian website designed to help parents raise their kids with the Bible open.

https://www.facebook.com/CyberParentingBook/
A regularly updated Facebook page from the authors of Cyber Parenting.

EXCELLENT BOOKS

CYBER PARENTING - Boswell
Simone and James Boswell update parents on what they need to know about technology and how it impacts families. They discuss parenting principles that help mums and dads teach their kids how to live out their faith online and stand firm when the physical and digital worlds collide.

Although this book is currently out of print, we have 10 copies at Jannali Anglican Church that are available for borrowing. Contact our office to borrow a copy.

NAVIGATING OUR DIGITAL WORLD – Powell, Bamford, Griffin
The Fuller Youth Institute helps you think and talk differently about digital media, as you learn from inspiring and creative parents like you who navigate these ever-changing waters day after day. Approach this new connected world like a team and address your most pressing tech related dilemmas.

Published in October 2018, this book is available to buy online.