

MARK 7 - LIFE IN THE EXTREMES

NOTES _____

I. The Allure of the Extremes

As humans, we are naturally drawn to the poles. We love or we hate; we crave or we reject. We struggle with the "middle space" of preference and nuance.

The Counter-Balance: Jesus doesn't call us to a lukewarm middle, but to a "Third Way"—the perfect union of Grace and Truth.

II. Mission Drift: Traditions vs. Truth (Mark 7:1-13)

The Pharisees were upset about unwashed hands, not because of hygiene, but because of "contamination." They wanted to wash off the filth of "those people."

- **The Jesus Model:** In John 8 (The Woman Caught in Adultery), Jesus doesn't minimize the sin, but He refuses to discard the person.

Key Point: Jesus names the sin without discarding the person. We are called to be agents of reconciliation, not disposal.

III. Jesus Expands the Table (Mark 7:24-30)

Immediately after scolding the "Separate Ones," Jesus goes to a Gentile region to include a "Discarded One."

- **The Church's Call:** The church must be a place where the table always has an empty seat.

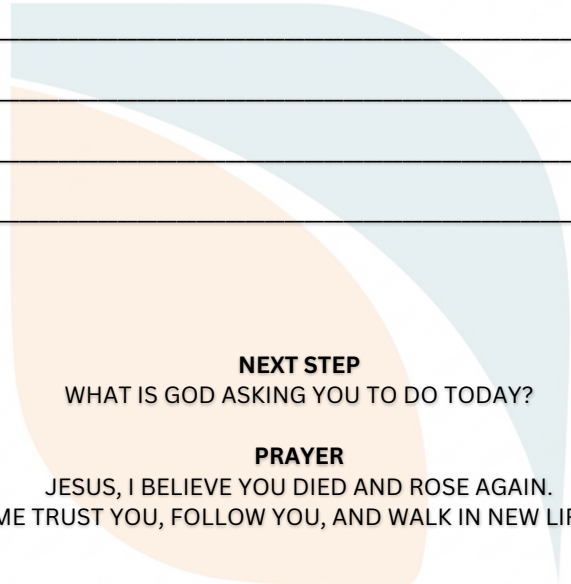
Key Point: There are no perfect people in church—only people invited to the table by the same Grace.

IV. Jesus Restores the Broken (Mark 7:31-37)

The Deep Sigh: When Jesus heals him, He sighs deeply. It isn't a sigh of annoyance; it's a sigh of lament.

- **The Contrast:** * The Pharisees avoided the broken to stay "clean." Jesus went looking for the outsiders.

Key Point: Jesus touches the broken to make them "whole."



NEXT STEP
WHAT IS GOD ASKING YOU TO DO TODAY?

PRAYER
JESUS, I BELIEVE YOU DIED AND ROSE AGAIN.
HELP ME TRUST YOU, FOLLOW YOU, AND WALK IN NEW LIFE. AMEN.

NEED PRAYER

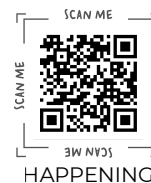
If you need prayer for anything, email Pray@jchurch.life, or fill out a connect card so we can be praying with and for you!

NEW BELIEVER

Have you accepted Jesus as Lord and Savior? We are so excited for you and your new journey. Please fill out a connect card so we can follow up with you!

FIRST TIME GUESTS

If this is your first time here, thank you for joining us today! Stop by the Welcome Booth for a Guest Bag (there's a coffee gift card too).



JESUS: Promised and Powerful Messiah