

# RELATIONSHIPS INTIMACY

Real Relationships Have  
Real Depth

## **RELATIONSHIPS & INTIMACY - MARRIAGE**

*"THE TWO WILL BECOME ONE FLESH." - GENESIS 2:24*

### **What Is Intimacy?**

*Intimacy is feeling close, known, safe, and connected.*

### **Three Ways Intimacy Is Built**

#### **1. Intimacy Is Built Through Time**

- Shared life experiences
- Learning one another deeply
- Grace, patience, and consistency

*Time is the "hardener" of marriage — it binds and strengthens.*

#### **2. Intimacy Is Built Through Sexual Faithfulness**

Sex is more than physical — it is bonding.

- God designed it to unite two people as "one flesh"
- It strengthens emotional and physical connections
- It builds trust and deep knowing
- It is a gift within covenant marriage

*It is a gift to build intimacy.*

#### **3. Intimacy Is Built Through Shared Suffering**

When couples suffer together:

- They bond deeply
- They develop shared strength
- They become spiritually powerful together

*Shared suffering creates shared story — and shared story deepens oneness.*

### **Faith in Action**

God designed marriage as a covenant union where intimacy is built through time, sexual faithfulness, and shared suffering — and when nurtured rightly, it reflects His covenant love.

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### **Faith in Action**

God designed marriage as a covenant union where intimacy is built through time, sexual faithfulness, and shared suffering — and when nurtured rightly, it reflects His covenant love.

- When you think about intimacy as feeling close, known, safe, and connected, which of those feels strongest in your marriage right now? Which needs the most attention?

- In what practical ways can you be more intentional about investing time in your marriage this season?

- How have shared struggles in the past strengthened (or strained) your relationship? What did you learn from that experience?

- Are there areas where secrecy, distance, or unspoken tension may be quietly affecting intimacy? What would honesty and vulnerability look like there?

- What is one specific step you can take this week to build deeper connection with your spouse — emotionally, spiritually, or physically?

**DISCUSSION QUESTIONS**

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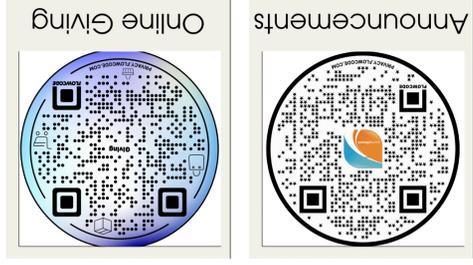


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NOTES



**FIRST TIME GUESTS**

If this is your first time here, thank you for joining us today! Stop by the Welcome Booth for a Guest Bag (there's a coffee gift card too).

**NEW BELIEVER**

Have you accepted Jesus as Lord and Savior? We are so excited for you and your new journey. Please fill out a connect card so we can follow up with you!

**NEED PRAYER**

We take prayer seriously around here. If you need prayer for anything, email Pray@jchurch.life, or fill out a connect card so we can be praying with and for you!

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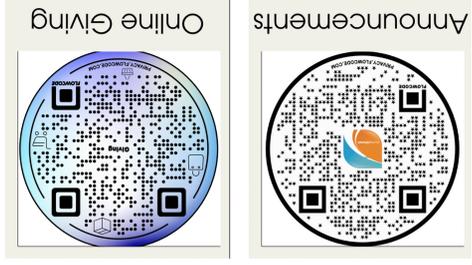


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