

ICEBREAKERS

Icebreakers are fun activities you can use to get to know one another in your group. It's a great way to warm up conversation before you go into your study. We encourage you to use icebreakers to help increase the depth of sharing your group experiences together. Feel free to search online for ideas. Here are a few of our favorites:

SPEED QUESTIONS

*Ask 10-20 simple, fun questions to the group and be entertained at how everyone answers them!
Sample questions:*

- Costco or Sam's Club?
- Books or movies?
- PlayStation or Xbox?
- Correct pronunciation: Either—"eye-ther" or "ee-ther"?
- Correct pronunciation: Niche—"neesh" or "nitch"?
- Correct pronunciation: Caramel—"kar-mel" or "care-uh-mel"?
- Yes or No—is a hot dog a sandwich?
- Yes or No—pineapples on a pizza?
- Yes or No—pickles on sandwiches?

FOCUS QUESTIONS

Ask a focus question that everyone can answer. Feel free to assign someone to come up with the question for your group! Sample questions:

- What is your most embarrassing moment?
- If you were able to time travel, would you travel to the past or to the future? Why?
- Who is one person you would want meet and why?
- If you could eat one thing every day for the rest of your life, what would it be?
- What is your biggest fear? (If you want to go deeper, you can ask, "What is the biggest obstacle you've ever overcome?")

SPIN THE COMPLIMENT

Do you have people in your group whose love language is words of affirmation? Consider this icebreaker! This game is played exactly like "Spin the Bottle" except encouraging words will be used instead of the kissing!

Gather your group in a circle around a bottle. The game starts by someone spinning the bottle. When the bottle stops spinning, it will point at another person in the circle. Whoever spun the bottle must give that person a compliment. Keep going until everyone in the circle has had an opportunity to be complimented.

Alternatively, feel free to just go around the circle and take turns giving each other compliments.