

RHYTHMS

PATTERNS THAT SHAPE A LIFE WITH GOD



Week 3

Growth Group Opener:

When was the last time you felt genuinely grateful, and why?

Read Romans 12:9-13; Gratitude/Generosity Col. 2:6-7

How does Colossians 2:6-7 suggest gratitude grows in a believer's life?

How is gratitude different when it comes from spiritual depth instead of circumstances?
Why does this matter?

Paul is addressing the church in each of these passages, and these concepts are all rooted both in individual connectedness to God, as well as in community.

Why might these concepts be more difficult to practice and maintain in isolation?

How does gratitude shape the way we see God?

...How we see ourselves?

...How we see others?

When gratitude is lacking in your life, what tends to take its place?
(Ex.: discontentment, entitlement, comparison, anxiety, resentment, etc.)

What could you put in place in your life to help you practice gratitude even when your emotions do not line up with feeling grateful?

What do we learn about God in these passages?

Is there anything you feel the Holy Spirit nudging you to look at more closely?

Gratitude Challenge:

Daily: Name 3 ordinary gifts the Lord has given you and thank him for them. As you pray, ask the Lord what is shaping your heart and view of your life the most right now.

Weekly: Choose one act of generosity, whether it be time, resources, encouragement, presence, etc., and offer it without expecting anything in return.

Prayer:

Father, thank you for being so generous to us. Thank you for the gift of your grace, your mercy, and your kindness. Thank you for giving us Jesus, who shows us how to live out of all of those traits. Help us focus on the good gifts you give us each and every day, and in turn, help us give freely to those around us. In the name of Jesus, amen.