

SPRING CLEANING

LETTING GOD INTO EVERY ROOM IN YOUR LIFE

Growth Group Opener:

What's the craziest thing you've ever found while cleaning out a closet, drawer, or under a piece of furniture? (Bonus points if you can't explain how it got there.)

Read Psalm 139:23-24; Hebrews 4:12-16

In Psalms, David asks God to search both his heart and his anxious thoughts...what's the difference between asking God to examine our behavior vs. what's underneath it?

Why is the first kind of examination sometimes easier than the second?

The psalm ends with "lead me in the way everlasting" which indicates that examination is not the destination, but a doorway. How does this change the way we can approach being honest with God?

When you imagine God looking closely at your life, what tone do you instinctively imagine in his voice when he speaks to you?

Where do you think that imagined tone came from?

What do you tend to do about your spiritual blind spots? Do you tend to be more self-critical or more avoidant?

In Hebrews, the Word is described as something that exposes, judges, and penetrates soul and spirit, but then we're told that, with Jesus as our high priest, we can approach the throne of grace with confidence, where we will find mercy.

Why does it matter that exposure and grace come in that order?

What do we learn about God in these passages?

Is there anything you feel the Holy Spirit inviting you to look at more closely?

Dig Deeper: Is there a closed door in your spiritual life right now that is helping you avoid looking at something? Consider what it would be like to open the door this week and allow God to help you start cleaning.

Pray Psalm 139:23-24 as a group, then daily on your own this week:

Father, we pray in the words of David: search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting. In the name of Jesus, amen.