

SMALL GROUP QUESTIONS/PRAYER JOURNAL

1. What is something you remembered God did in the past that encouraged you today?
2. Which of the feelings from the Psalms we read out loud have you felt in the last week?
3. Why is it helpful to remember what God has done in the past for His people and for us?
4. Why is remembering that God is trustworthy and always with us helpful for whatever we are going through right now?
5. Why is remembering that God is trustworthy and always with us helpful for whatever we could face in the future?
6. What is one thing you would write in your "WHAT GOD HAS DONE" book?
7. Why do you think prayer journals are helpful?

That's all we have for today, but I'll see you next week to continue this new series!

Close in prayer. Write your prayer requests and prayer in the journal.