

DISCUSSION QUESTIONS

1. What did you learn in our time together today that can help you face your fear(s)?
2. What is something you learned that was new today or something you were reminded of about God in this lesson?
3. Why is it important to know that we pray when we feel anxious or afraid?
4. Why do you think people get afraid of things or anxious about things?

Pray that the Lord would be over your fears and anxieties and that you would remember the promises He has for you.