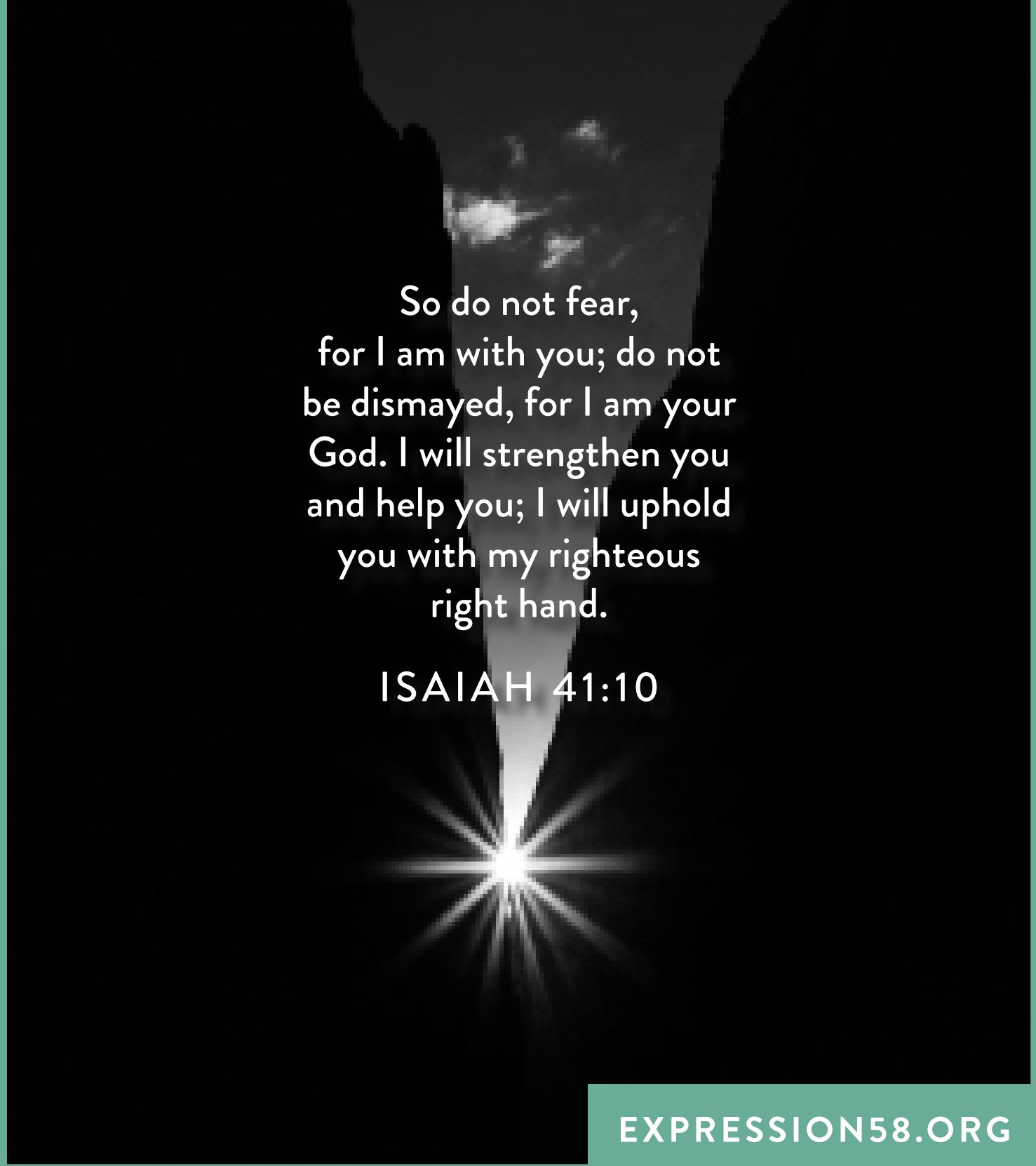


# EXPRESSION58

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## CARE + RESOURCES



So do not fear,  
for I am with you; do not  
be dismayed, for I am your  
God. I will strengthen you  
and help you; I will uphold  
you with my righteous  
right hand.

ISAIAH 41:10

# COUNSELING + THERAPY

## COUNSELING CENTERS

**TRC | THE RELATIONSHIP CENTER** | Christian Assembly Church

**Contact Information:**

323.315.0968 | [trc@cachurch.com](mailto:trc@cachurch.com)  
[www.cachurch.com/ministries/trc](http://www.cachurch.com/ministries/trc)



**Fuller Counseling Center** | Pasadena, CA

Individual, group, couple, family counseling, option of faith integration,  
offers counseling in 5 different languages

**Contact Information:**

626.584.5555 | [www.fuller.edu/fuller-psychological-and-family-services](http://www.fuller.edu/fuller-psychological-and-family-services)



**Azusa Pacific Community Counseling Center Azusa** | Azusa/Glendora, CA

Individual, group, couple and premarital counseling,  
crisis intervention, training and educational workshops

**Contact Information:**

626.815.2109 | [www.apu.edu/counselingcenter](http://www.apu.edu/counselingcenter)



**Lake Avenue Counseling Center** | Pasadena, CA

Individual, group, couple, children, family and premarital counseling

**Contact Information:**

626.844.4794 | [www.lakeavecounseling.org](http://www.lakeavecounseling.org)



**LAKEAVE  
COUNSELING**

# RECOMMENDED PRIVATE PRACTITIONERS



## **Ryan Howes, PhD | Pasadena, CA**

Provides Christian counseling for psychotherapy, adults, couples, relationships, sex, anxiety, depression, personal growth, workplace issues, fitness and sports performance, spirituality, creativity, and specializes in male therapy.

### **Contact Information:**

626.429.0321 | [rhowes@mindspring.com](mailto:rhowes@mindspring.com)

[www.ryanhowes.net](http://www.ryanhowes.net)



## **Rich Painter, M.S., LMFT | Pasadena, CA**

Licensed Marriage and Family Therapist, Counseling, Life Coaching, and Spiritual Direction available in person or online. Pre-marital counseling; inner healing

### **Contact Information:**

904.800.8553 | [skycounselingcenter@gmail.com](mailto:skycounselingcenter@gmail.com)

[www.skycounseling.com](http://www.skycounseling.com)



## **Shantel Daniels | Glendale, CA**

Licensed Marriage & Family Therapist & EFT Therapist, relationship coach

### **Contact Information:**

323.676.1633 | [info@shanteldaniels.com](mailto:info@shanteldaniels.com)

[www.shanteldaniels.com](http://www.shanteldaniels.com)



## **Kelda Hartman | Glendale, CA**

Spirit filled Christian counselor; marriage and family; life skills; children; adults; seniors; integrated musical intervention

### **Contact Information:**

323.829.9405 | [keldahartman@gmail.com](mailto:keldahartman@gmail.com)

[www.lauradepp.com/aboutKelda.htm](http://www.lauradepp.com/aboutKelda.htm)



## **Jocelyn Williams | Northern/Southern California**

Certified Grief Recovery Specialist & Trainer; executive coaching; leadership development; staff care

### **Contact Information:**

[jocelyn@mobettajo.com](mailto:jocelyn@mobettajo.com)

[www.mobettajo.com](http://www.mobettajo.com)



## **Joe Bishop | Online**

Respero is committed to making safe, life-giving conversations and peer counseling available and accessible to everyone at no cost. Priority given to pastors/leaders and those recovering from spiritual abuse.

### **Contact Information:**

831.334.8264 | [admin@respero.org](mailto:admin@respero.org)

[www.respero.org](http://www.respero.org)

# RECOMMENDED PRIVATE PRACTITIONERS



## **Dr. Barbara Shabazz | Online**

Personal and executive coaching

### **Contact Information:**

b.shabazz@intentionalactivities.com

[www.intentionalactivities.com](http://www.intentionalactivities.com)



## **Debbie Bartlotti**

Spiritual Director

### **Contact Information:**

debibart@gmail.com

[www.linkedin.com/in/debi-bartlotti-18b95a34](http://www.linkedin.com/in/debi-bartlotti-18b95a34)



## **Janelle Froehlich | Pasadena, CA**

Specialty in adolescence and families with adolescent children

### **Contact Information:**

805.869.6600 | [janelle@teentranslation.com](mailto:janelle@teentranslation.com)

[www.jmftherapy.com/home](http://www.jmftherapy.com/home)



## **Brittney Moses**

Spirit filled Christian counselor; marriage and family; life skills; children; adults; seniors; integrated musical intervention

### **Contact Information:**

[info@brittneymoses.com](mailto:info@brittneymoses.com)

[www.brittneyamoses.com](http://www.brittneyamoses.com)



## **Onsite Therapy Workshops | Online, California, Montana, Colorado, Tennessee**

Individual, couple, and family intensive retreats/workshops. Specialise in trauma therapy.

800.341.7432 | [onsiteworkshops.com/contact](http://onsiteworkshops.com/contact)

[www.onsiteworkshops.com](http://www.onsiteworkshops.com)



## **Crossroads Counseling | Colorado**

Intensive counseling retreats - marriage, individual and family

### **Contact Information:**

719.395.4673 | [info@crossroadscounseling.net](mailto:info@crossroadscounseling.net)

[www.crossroadscounseling.net](http://www.crossroadscounseling.net)



## **Sarah Gayle | Hope Relentless Marriage and Relationship Center**

Marriage counseling

### **Contact Information:**

480.530.7224 | [sarahgayle@hoperelentless.com](mailto:sarahgayle@hoperelentless.com)

[www.hoperelentless.com](http://www.hoperelentless.com)

# RECOMMENDED PRIVATE PRACTITIONERS



## **Laura Depp, MFT | Glendale, CA**

Provides Christian counseling for adults, couples and teens; trauma therapy/missionaries, EMDR trained

### **Contact Information:**

818.397.0634 | [laura@lauradepp.com](mailto:laura@lauradepp.com)

[www.lauradepp.com/aboutlaura.htm](http://www.lauradepp.com/aboutlaura.htm)



## **Elke Rechberger, PhD | Pasadena, CA**

Christian counseling for anxiety; relationship issues; adults, couples, children 12+, adolescents, trauma, gang related violence

### **Contact Information:**

626.325.8775 | [elkerechberger@gmail.com](mailto:elkerechberger@gmail.com)

[www.elkerechberger.com](http://www.elkerechberger.com)



## **Allison Hodge, MFT | Westlake Village/Santa Monica, CA**

Provides counseling for trauma, recovery, mental health, relational issues, individual psychotherapy, couples therapy, play therapy for children, group and family therapy

### **Contact Information:**

310.399.1617 | [allison@help-fromhim.com](mailto:allison@help-fromhim.com)

[www.helpfromhim.com](http://www.helpfromhim.com)



## **Sydney Petersen, | La Crescenta, CA**

Specializes in working with individuals and parents of individuals with a variety of diverse needs such as Autism Spectrum Disorder, Down Syndrome, Traumatic Brain Injury survivor and others

### **Contact Information:**

[www.sydneypetersentherapy.com](http://www.sydneypetersentherapy.com)

# DELIVERANCE + INNER HEALING MINISTRIES

## **Hearts Set Free (Charles Kraft) | Pasadena, CA**

### **Contact Information:**

judy@heartssetfree.org  
www.heartssetfree.org

## **Expression58 Sozo Department | Online + Glendale, CA**

### **Contact Information:**

www.expression58.org/sozo

## **The Dwell Center | Pasadena, CA**

### **Contact Information:**

contact@dwellcenter.org  
www.dwellcenter.org



## SUPPORT GROUPS



### **Jocelyn Williams | Northern + Southern California**

Specialist + Trainer

### **Contact Information:**

jocelyn@mobettajo.com  
www.mobettajo.com

### **The Grief Recovery Method**

### **Contact Information:**

www.griefrecoverymethod.com

### **Celebrate Recovery (Scott Alvarez) | La Crescenta CV Church**

### **Contact Information:**

818.249.5805 x 32 | scott.alvarez@cvchurch.com  
www.cvchurch.com/celebrate-recovery

## **Treasures | Los Angeles, CA**

Reaches, restores, and equips women in the sex industry and victims of sex trafficking to live healthy, flourishing lives and train others to do the same across the globe. They offer outreach, mentoring, support groups, vocational training, care packages, retreats, and connect events.

### **Contact Information:**

818.986.LOVE  
www.iamatreasure.com

# HOUSING ASSISTANCE

**The Dream Center** | 2301 Bellevue Ave. Los Angeles, CA 90026

**Contact Information:**

213.273.7000 | [info@dreamcenter.org](mailto:info@dreamcenter.org)

[www.dreamcenter.org](http://www.dreamcenter.org)

**Door of Hope** | P.O. Box 90455 Pasadena, CA 91109

**Contact Information:**

626.304.9130

[www.doorofhope.us](http://www.doorofhope.us)

**Cathedral of Our Lady of the Angels Charities Program** | 555 West Temple St. Los Angeles, CA 90012

**Contact Information:**

213.680.5200

[www.olacathedral.org/cathedral](http://www.olacathedral.org/cathedral)

**Caring House Ministries** | 3204 Rosemead Blvd. Suite 100 El Monte, CA

**Contact Information:**

626.300.2440 | [chm@frontporch.net](mailto:chm@frontporch.net)

**City of Glendale Community Dev. Dept. Housing Programs** | Glendale, CA

**Contact Information:**

818.548.3936

[www.glendaleca.gov/government/departments/community-development/housing](http://www.glendaleca.gov/government/departments/community-development/housing)

**City of Burbank Redevelopment Agency - Burbank Housing Authority** | Burbank, CA

**Contact Information:**

818.238.5160

[www.burbankca.gov/departments/community-development/housing-economic-development/housing](http://www.burbankca.gov/departments/community-development/housing-economic-development/housing)

**Los Angeles County Housing Authority - Section 8 Satellite Office**

**Contact Information:**

626.262.4510

[www.hacola.org](http://www.hacola.org)

**Los Angeles County Housing Resource Center**

**Contact Information:**

704.334.8722

[www.socialserve.com/tenant/CA/index.html?ch=LAC](http://www.socialserve.com/tenant/CA/index.html?ch=LAC)

**Rental Housing Deals INC**

**Contact Information:**

626.281.8300

[www.rentalhousingdeals.com](http://www.rentalhousingdeals.com)

**Housing Rights Center**

**Contact Information:**

800.477.5977

[www.housingrightscenter.org](http://www.housingrightscenter.org)

**Westside Rentals**

**Contact Information:**

844.293.8899

[westsiderentals.com](http://westsiderentals.com)

**211 LA County**

[www.211LA.org](http://www.211LA.org)

# FINANCIAL ASSISTANCE

## **St. Ferdinand Outreach Center**

Gas + electric bill assistance

### **Contact Information:**

818.365.3194

[www.stferdinandchurch.org/ministries/outreach-center](http://www.stferdinandchurch.org/ministries/outreach-center)

## **Center for Empowerment**

Food assistance

### **Contact Information:**

818.395.5755

[www.empoweredfamily.org](http://www.empoweredfamily.org)

## **Salvation Army Corps Community Center**

Gas + electric bill assistance

### **Contact Information:**

323.263.7577

[www.salvationarmy-socal.org/southern-california](http://www.salvationarmy-socal.org/southern-california)

## **California Association of Food Banks**

Food assistance

### **Contact Information:**

510.272.4435

[www.cafoodbanks.org](http://www.cafoodbanks.org)

## **Southern California Gas Company**

Gas bill assistance

### **Contact Information:**

888.427.1345

[www.socalgas.com](http://www.socalgas.com)

## **Westside Food Bank**

Food assistance

### **Contact Information:**

310.828.6016 | [www.wsfb.org](http://www.wsfb.org)

## **Maravilla Foundation**

Electric bill assistance

### **Contact Information:**

323.869.4500

[www.maravilla.org](http://www.maravilla.org)

## **LA City Department of Water and Power (LADWP)**

Water bill assistance

### **Contact Information:**

800.342.5397 | [www.ladwp.com/lowincome](http://www.ladwp.com/lowincome)

## **CARE PG&E**

Electric bill assistance

### **Contact Information:**

[www.pge.com/en\\_US/residential/save-energy-money/help-paying-your-bill/longer-term-assistance/care/care.page?WT.mc\\_id=Vanity\\_CARE](http://www.pge.com/en_US/residential/save-energy-money/help-paying-your-bill/longer-term-assistance/care/care.page?WT.mc_id=Vanity_CARE)

## **Dream Center**

Chiropractor; GED assistance

### **Contact Information:**

213.273.7000 | [www.dreamcenter.org/about-us/need-help](http://www.dreamcenter.org/about-us/need-help)

## **United Way, Inc.**

Electric bill assistance

### **Contact Information:**

800.339.6993

[www.unitedwayla.org/en/get-help](http://www.unitedwayla.org/en/get-help)

# PREGNANCY CRISIS & SEXUAL ASSAULT ASSISTANCE

## **Crisis Pregnancy Center**

### **Contact Information:**

800-NO ABORT (662-2678)

[www.lifecall.org/shelters.html](http://www.lifecall.org/shelters.html)

## **Project Sister Family Services**

| Pomona Valley / San Gabriel

Se habla Español

### **Contact Information:**

909.626.4357

## **Celebrate Recovery (Scott Alvarez)**

| La Crescenta CV Church

### **Contact Information:**

818.249.5805 x 32 | [scott.alvarez@cvchurch.com](mailto:scott.alvarez@cvchurch.com)

[www.cvchurch.com/celebrate-recovery](http://www.cvchurch.com/celebrate-recovery)

## **Rape Treatment Center (UCLA)**

| Santa Monica, CA

Se habla Español

### **Contact Information:**

310.319.4000

## **RAINN**

Nations Largest anti-sexual assault organization

### **Contact Information:**

800-656-HOPE

[www.rainn.org](http://www.rainn.org)

## **Sexual Assault Response Service**

| Antelope Valley

Se habla Español

### **Contact Information:**

661.723.7273

## **Rid of my Disgrace: Hope and Healing for Victims of Sexual Assault**

Book by Justin and Lindsey Holcomb about sexual assault and how the grace of God can heal the broken and restore the disgraced

## **Sexual Assault Valley Trauma Counseling Center Service**

Se habla Español

### **Contact Information:**

818.886.0453 (San Fernando Valley)

661.253.0258 (Santa Clarita Valley)

## **Center for Pacific Asian Family**

Crisis hotline for Chinese, Korean, Tagalog, Thai, Vietnamese  
800.339.3940

## **Peace Over Violence**

Se habla Español

213-626-3393 (LA)

310-392-8381 (West LA)

626-793-3385 (San Gabriel)

# ARTISTS RESOURCES

## **Hollywood Prayer Network**

Movement of Prayer for artists and professionals, projects and productions, and the global impact of Hollywood

### **Contact Information:**

[www.hollywoodprayernetwork.org](http://www.hollywoodprayernetwork.org)



## **Abundant Life U**

Non-profit that creates career pathways that increase millennial job seekers employability in a competitive 21st century job market and teaches young job seekers an abundance of critical career and life skills for success.

### **Contact Information:**

[www.abundantlifeu.org](http://www.abundantlifeu.org)

**ABUNDANTLIFEU**

**So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.**

**ISAIAH 41:10**