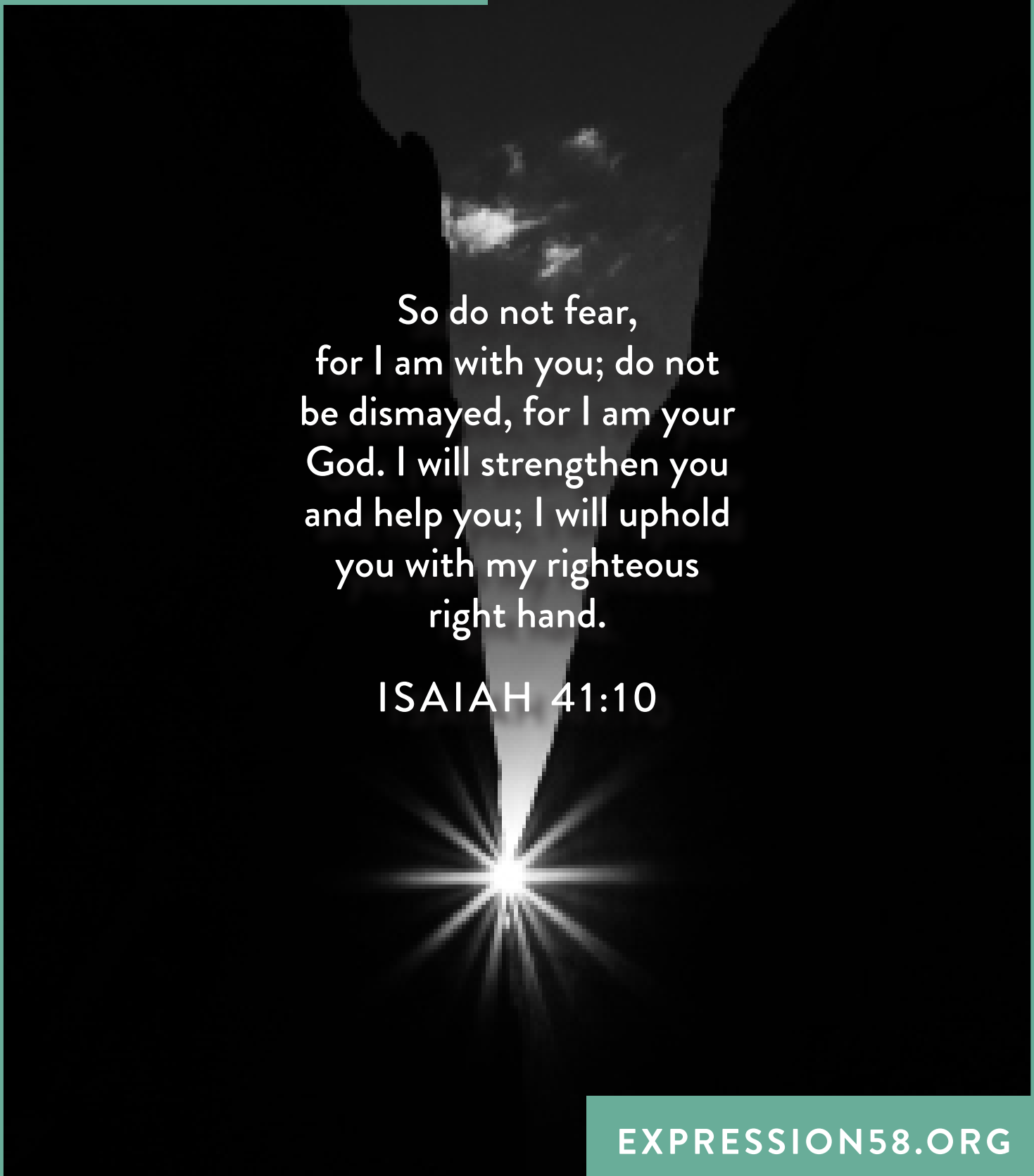


≡EXPRESSION58

CARE + RESOURCES



So do not fear,
for I am with you; do not
be dismayed, for I am your
God. I will strengthen you
and help you; I will uphold
you with my righteous
right hand.

ISAIAH 41:10

EXPRESSION58.ORG

COUNSELING + THERAPY

COUNSELING CENTERS

TRC | THE RELATIONSHIP CENTER | *Christian Assembly Church*

Contact Information:

323.315.0968 | trc@cachurch.com

www.cachurch.com/ministries/trc



Fuller Counseling Center | *Pasadena, CA*

Individual, group, couple, family counseling, option of faith integration, offers counseling in 5 different languages

Contact Information:

626.584.5555 | www.fuller.edu/fuller-psychological-and-family-services



Azusa Pacific Community Counseling Center Azusa | *Azusa/Glendora, CA*

Individual, group, couple and premarital counseling, crisis intervention, training and educational workshops

Contact Information:

626.815.2109 | www.apu.edu/counselingcenter



Lake Avenue Counseling Center | *Pasadena, CA*

Individual, group, couple, children, family and premarital counseling

Contact Information:

626.844.4794 | www.lakeavecounseling.org



**LAKEAVE
COUNSELING**

RECOMMENDED PRIVATE PRACTITIONERS



Ryan Howes, PhD | *Pasadena, CA*

Provides Christian counseling for psychotherapy, adults, couples, relationships, sex, anxiety, depression, personal growth, workplace issues, fitness and sports performance, spirituality, creativity, and specializes in male therapy.

Contact Information:

626.429.0321 | rhowes@mindspring.com

www.ryanhowes.net



Rich Painter, M.S., LMFT | *Pasadena, CA*

Licensed Marriage and Family Therapist, Counseling, Life Coaching, and Spiritual Direction available in person or online. Pre-marital counseling; inner healing

Contact Information:

904.800.8553 | skycounselingcenter@gmail.com

www.skycounseling.com



Shantel Daniels | *Glendale, CA*

Licensed Marriage & Family Therapist & EFT Therapist, relationship coach

Contact Information:

323.676.1633 | info@shanteldaniels.com

www.shanteldaniels.com



Kelda Hartman | *Glendale, CA*

Spirit filled Christian counselor; marriage and family; life skills; children; adults; seniors; integrated musical intervention

Contact Information:

323.829.9405 | keldahartman@gmail.com

www.lauradepp.com/aboutKelda.htm



Jocelyn Williams | *Northern/Southern California*

Certified Grief Recovery Specialist & Trainer; executive coaching; leadership development; staff care

Contact Information:

jocelyn@mobettajo.com

www.mobettajo.com



Joe Bishop | *Online*

Respero is committed to making safe, life-giving conversations and peer counseling available and accessible to everyone at no cost. Priority given to pastors/leaders and those recovering from spiritual abuse.

Contact Information:

831.334.8264 | admin@respero.org

www.respero.org

RECOMMENDED PRIVATE PRACTITIONERS



Dr. Barbara Shabazz | *Online*

Personal and executive coaching

Contact Information:

b.shabazz@intentionalactivities.com

www.intentionalactivities.com



Debbie Bartlotti

Spiritual Director

Contact Information:

debibart@gmail.com

www.linkedin.com/in/debi-bartlotti-18b95a34



Janelle Froehlich | *Pasadena, CA*

Specialty in adolescence and families with adolescent children

Contact Information:

805.869.6600 | janelle@teentranslation.com

www.jmftherapy.com/home



Brittney Moses

Spirit filled Christian counselor; marriage and family; life skills; children; adults; seniors; integrated musical intervention

Contact Information:

info@brittneymoses.com

www.brittneyamoses.com



Onsite Therapy Workshops | *Online, California, Montana, Colorado, Tennessee*

Individual, couple, and family intensive retreats/workshops. Specialise in trauma therapy.

800.341.7432 | onsiteworkshops.com/contact

www.onsiteworkshops.com



Crossroads Counseling | *Colorado*

Intensive counseling retreats - marriage, individual and family

Contact Information:

719.395.4673 | info@crossroadscounseling.net

www.crossroadscounseling.net



Sarah Gayle | **Hope Relentless Marriage and Relationship Center**

Marriage counseling

Contact Information:

480.530.7224 | sarahgayle@hoperelentless.com

www.hoperelentless.com

RECOMMENDED PRIVATE PRACTITIONERS



Laura Depp, MFT | *Glendale, CA*

Provides Christian counseling for adults, couples and teens; trauma therapy/missionaries, EMDR trained

Contact Information:

818.397.0634 | laura@lauradepp.com

www.lauradepp.com/aboutlaura.htm



Elke Rechberger, PhD | *Pasadena, CA*

Christian counseling for anxiety; relationship issues; adults, couples, children 12+, adolescents, trauma, gang related violence

Contact Information:

626.325.8775 | elkereichberger@gmail.com

www.elkereichberger.com



Allison Hodge, MFT | *Westlake Village/Santa Monica, CA*

Provides counseling for trauma, recovery, mental health, relational issues, individual psychotherapy, couples therapy, play therapy for children, group and family therapy

Contact Information:

310.399.1617 | allison@help-fromhim.com

www.helpfromhim.com



Sydney Petersen, | *La Crescenta, CA*

Specializes in working with individuals and parents of individuals with a variety of diverse needs such as Autism Spectrum Disorder, Down Syndrome, Traumatic Brain Injury survivor and others

Contact Information:

www.sydneypetersentherapy.com

DELIVERANCE + INNER HEALING MINISTRIES

Hearts Set Free (Charles Kraft) | Pasadena, CA

Contact Information:

judy@heartssetfree.org

www.heartssetfree.org

Expression58 Sozo Department | Online + Glendale, CA

Contact Information:

www.expression58.org/sozo

The Dwell Center | Pasadena, CA

Contact Information:

contact@dwellcenter.org

www.dwellcenter.org



SUPPORT GROUPS



Jocelyn Williams | Northern + Southern California

Specialist + Trainer

Contact Information:

jocelyn@mobettajo.com

www.mobettajo.com

The Grief Recovery Method

Contact Information:

www.griefrecoverymethod.com

Celebrate Recovery (Scott Alvarez) | La Crescenta CV Church

Contact Information:

818.249.5805 x 32 | scott.alvarez@cvchurch.com

www.cvchurch.com/celebrate-recovery

Treasures | Los Angeles, CA

Reaches, restores, and equips women in the sex industry and victims of sex trafficking to live healthy, flourishing lives and train others to do the same across the globe. They offer outreach, mentoring, support groups, vocational training, care packages, retreats, and connect events.

Contact Information:

818.986.LOVE

www.iamatreasure.com

HOUSING ASSISTANCE

The Dream Center | 2301 Bellevue Ave. Los Angeles, CA 90026

Contact Information:

213.273.7000 | info@dreamcenter.org

www.dreamcenter.org

Door of Hope | P.O. Box 90455 Pasadena, CA 91109

Contact Information:

626.304.9130

www.doorofhope.us

Cathedral of Our Lady of the Angels Charities Program | 555 West Temple St. Los Angeles, CA 90012

Contact Information:

213.680.5200

www.olacathedral.org/cathedral

Caring House Ministries | 3204 Rosemead Blvd. Suite 100 El Monte, CA

Contact Information:

626.300.2440 | chm@frontporch.net

City of Glendale Community Dev. Dept. Housing Programs | Glendale, CA

Contact Information:

818.548.3936

www.glendaleca.gov/government/departments/community-development/housing

City of Burbank Redevelopment Agency - Burbank Housing Authority | Burbank, CA

Contact Information:

818.238.5160

www.burbankca.gov/departments/community-development/housing-economic-development/housing

Los Angeles County Housing Authority - Section 8 Satellite Office

Contact Information:

626.262.4510

www.hacola.org

Los Angeles County Housing Resource Center

Contact Information:

704.334.8722

www.socialserve.com/tenant/CA/index.html?ch=LAC

Rental Housing Deals INC

Contact Information:

626.281.8300

www.rentalhousingdeals.com

Housing Rights Center

Contact Information:

800.477.5977

www.housingrightscenter.org

Westside Rentals

Contact Information:

844.293.8899

westsiderentals.com

211 LA County

www.211LA.org

FINANCIAL ASSISTANCE

St. Ferdinand Outreach Center

Gas + electric bill assistance

Contact Information:

818.365.3194

www.stferdinandchurch.org/ministries/outreach-center

Salvation Army Corps Community Center

Gas + electric bill assistance

Contact Information:

323.263.7577

www.salvationarmy-socal.org/southern-california

Southern California Gas Company

Gas bill assistance

Contact Information:

888.427.1345

www.socalgas.com

Maravilla Foundation

Electric bill assistance

Contact Information:

323.869.4500

www.maravilla.org

CARE PG&E

Electric bill assistance

Contact Information:

www.pge.com/en_US/residential/save-energy-money/help-paying-your-bill/longer-term-assistance/care/care.page?WT.mc_id=Vanity_CARE

United Way, Inc.

Electric bill assistance

Contact Information:

800.339.6993

www.unitedwayla.org/en/get-help

Center for Empowerment

Food assistance

Contact Information:

818.395.5755

www.empoweredfamily.org

California Association of Food Banks

Food assistance

Contact Information:

510.272.4435

www.cafoodbanks.org

Westside Food Bank

Food assistance

Contact Information:

310.828.6016 | www.wsfb.org

LA City Department of Water and Power (LADWP)

Water bill assistance

Contact Information:

800.342.5397 | www.ladwp.com/lowincome

Dream Center

Chiropractor; GED assistance

Contact Information:

213.273.7000 | www.dreamcenter.org/about-us/need-help

PREGNANCY CRISIS & SEXUAL ASSAULT ASSISTANCE

Crisis Pregnancy Center

Contact Information:

800-NO ABORT (662-2678)

www.lifecall.org/shelters.html

Project Sister Family Services

| *Pomona Valley / San Gabriel*

Se habla Español

Contact Information:

909.626.4357

Celebrate Recovery (Scott Alvarez)

| *La Crescenta CV Church*

Contact Information:

818.249.5805 x 32 | scott.alvarez@cvchurch.com

www.cvchurch.com/celebrate-recovery

Rape Treatment Center (UCLA)

| *Santa Monica, CA*

Se habla Español

Contact Information:

310.319.4000

RAINN

Nations Largest anti-sexual assault organization

Contact Information:

800-656-HOPE

www.rainn.org

Sexual Assault Response Service

| *Antelope Valley*

Se habla Español

Contact Information:

661.723.7273

Rid of my Disgrace: Hope and Healing for Victims of Sexual Assault

Book by Justin and Lindsey Holcomb about sexual assault and how the grace of God can heal the broken and restore the disgraced

Sexual Assault Valley Trauma Counseling Center Service

Se habla Español

Contact Information:

818.886.0453 (San Fernando Valley)

661.253.0258 (Santa Clarita Valley)

Center for Pacific Asian Family

Crisis hotline for Chinese, Korean, Tagalog, Thai, Vietnamese

800.339.3940

Peace Over Violence

Se habla Español

213-626-3393 (LA)

310-392-8381 (West LA)

626-793-3385 (San Gabriel)

ARTISTS RESOURCES

Hollywood Prayer Network

Movement of Prayer for artists and professionals, projects and productions, and the global impact of Hollywood

Contact Information:

www.hollywoodprayernetwork.org



Abundant Life U

Non-profit that creates career pathways that increase millennial job seekers employability in a competitive 21st century job market and teaches young job seekers an abundance of critical career and life skills for success.

Contact Information:

www.abundantlifeu.org

ABUNDANTLIFEU™

So do not fear, for I am with you; do not be dismayed,
for I am your God. I will strengthen you and help you;
I will uphold you with my righteous right hand.

ISAIAH 41:10