



While participating in the Rooted Discipleship Program I commit myself to the following:

HONESTY

At E58 we strive to operate on the highest level of trust and integrity, which requires that we act honestly and fairly in our dealings with others. We strive to make all of our communication accurate, honest, and clear. We intentionally avoid misrepresenting the truth or misleading others. We also seek to be authentically known and accountable, openly inviting feedback and wise counsel into our lives.

CONFIDENTIALITY

Rooted is a safe community for everyone to share and grow, therefore we will respect the integrity, welfare, and privacy of individuals that are journeying alongside us in the program.

We take seriously our obligation to safeguard information entrusted to us. If there is a legitimate reason for the health and well-being of an individual or the community for us to divulge information that has been shared with us in confidence, we will actively seek permission for this disclosure from the person(s) providing us the information before doing so. We also recognize that it may occasionally be appropriate to disclose confidential information, e.g. if that information pertains to the immediate danger of bodily harm/loss of life or when applicable laws mandate reporting.

HUMILITY

We are willful participants in the Rooted program and choose to engage with each other and the program content with great humility. We believe that we are here to learn and grow and therefore welcome the input of the program leaders for our formation and benefit. We choose to approach each other and the subjects we are learning with respect, curiosity, and openness.

NONVIOLENCE

At E58 we respect the inherent worth and dignity of all people and actively work to counter the forces of violence that inflict harm to individuals and communities. We strive to ensure that our words and deeds do not directly lead to physical, psychological, spiritual, or ritual harm or abuse in any form.

SEXUAL RESPONSIBILITY

We affirm sexuality as a gift from God and strive to honor this gift by conducting our lives in accordance with responsible, biblical, positive sexual ethics. A biblical sexual ethic honors the boundaries within scripture and balances desire within the embodied framework of our emotional, physical, sexual and spiritual selves, while preserving and honoring mutuality and consent. We agree that sexual activity is reserved solely for the marriage relationship and therefore strive to keep our dating and sexual lives in the process of purity. We commit to invite accountability and input into this area of our lives.

CULTURE OF HONOR

We recognize that we do not only represent ourselves, but we strive to serve each other, our community, our city, and our nation. We realize that our reputation is not only about us anymore but we represent Christ and His servant leadership around us. This means we will strive to protect this reputation in our talk, in our social media, in our behavior, and in our relationships and representation. We will speak and act with honor and integrity to everyone we engage with, seeking to serve and not be served.

BALANCED LIFESTYLE

We agree to live a balanced lifestyle in regards to alcohol, tobacco, political engagement, entertainment, relationships, eating, spending, and all forms of leisure. This means we are agreeing to not have an addictive or imbalanced life in any area but we are striving to participate in ways that honor our own body, mind, and spirit as well as honor those around us. We strive for appropriate and responsible use of substances and affirm our intention to seek treatment and recovery for ourselves if/when necessary.

INTENTIONALITY

We commit to set aside our time in the Rooted Program as a sacred time for God, and therefore choose to embrace the program with great intentionality. We will be intentional about building godly relationships, drawing closer to God, and engaging in practices that build us up body, soul, and spirit. In addition, while in the program, we choose to intentionally limit relationships, activities, behaviors, media, music, content, etc that are not spiritually edifying so that we can effectively receive all that God has for us.

RECOVERY

We recognize that Rooted is a spiritual formation growth program, and not designed for deep intensive therapeutic intervention. We commit to seeking appropriate professional therapy and recovery if deemed necessary for areas of trauma, abuse, addiction, codependency, or patterns of dysfunction.

PARTICIPATION

We commit to engage and participate in all of the Rooted classes and activities. We recognize that everyone's time is valuable, therefore we will strive to always be on time and show up prepared. In addition to physical participation, we strive to show up emotionally and spiritually as well, bringing our whole selves for the greatest impact. We recognize that each class is vitally important and only three absences are allowed in the program. If we cannot be present, we commit to communicating with leadership beforehand and catching up on all missed content.