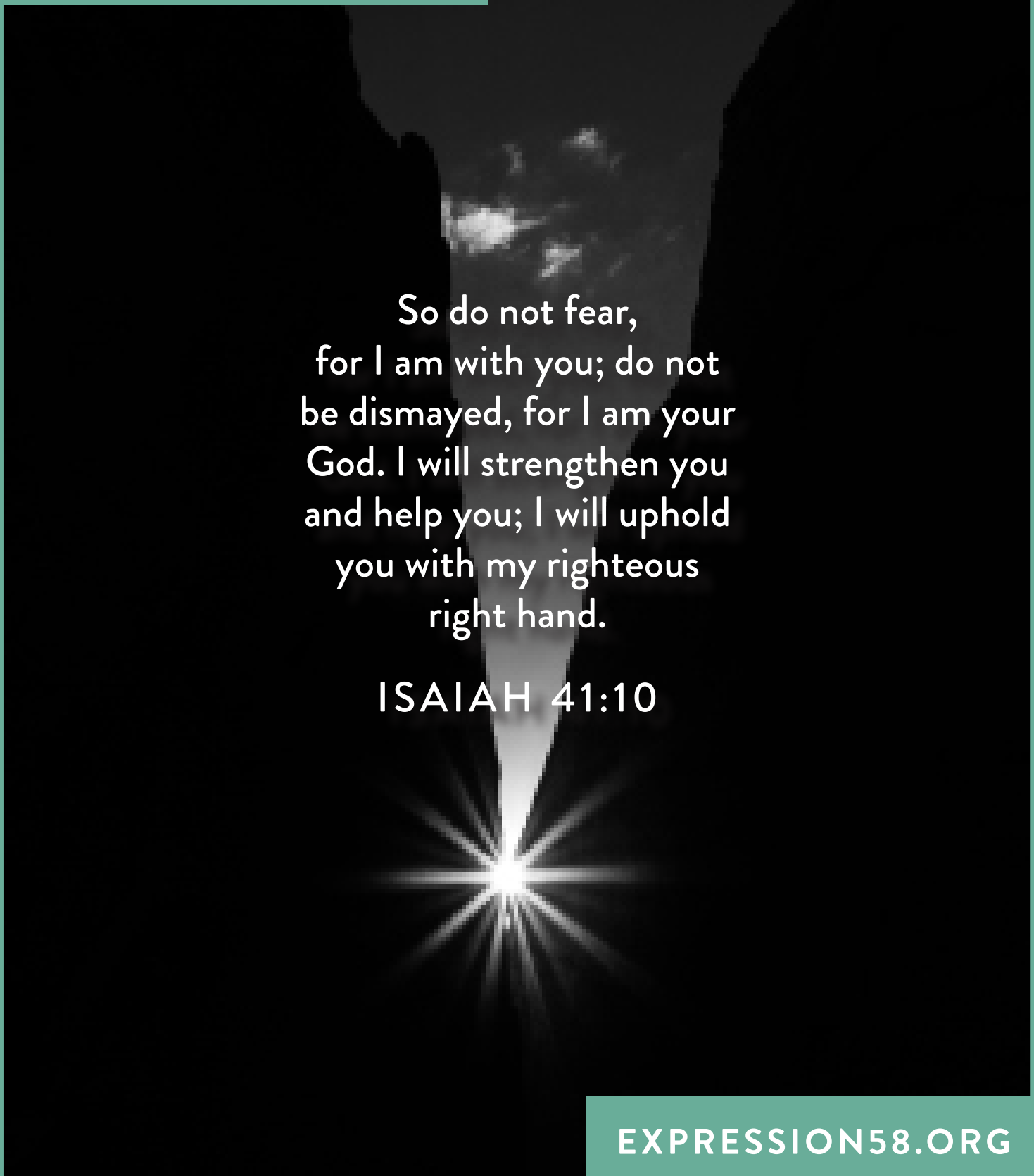


≡EXPRESSION58

CARE + RESOURCES



So do not fear,
for I am with you; do not
be dismayed, for I am your
God. I will strengthen you
and help you; I will uphold
you with my righteous
right hand.

ISAIAH 41:10

EXPRESSION58.ORG

COUNSELING + THERAPY

COUNSELING CENTERS



Mental Prosperity Counseling | Corona, CA / across California
Bilingual, individual, family, couples, trauma, depression, anxiety care
Contact Information:
909.835.9366 | info@mental-prosperity.com
www.mental-prosperity.com



Fuller Counseling Center | Pasadena, CA
Individual, group, couple, family counseling, option of faith integration, offers counseling in 5 different languages
Contact Information:
626.584.5555 | www.fuller.edu/fuller-psychological-and-family-services



Selah Counseling Center | Arcadia / San Dimas
Individual Therapy, EMDR Trauma Therapy, Youth and Adolescents, Family Therapy, Couple Counseling, Group Therapy
Contact Information:
626.515.4202 | info@selahcounselingcenter.com
www.selahcounselingcenter.com



Restoration Health and Wellness | Pensacola, FL
Personalized Psychiatric Care to Help You Feel Balanced, Focused, and Whole
Contact Information:
850.332.4484 | info@restorationhealthwellness.com
www.restorationhealthwellness.com/contact-us



LaCañada Family Therapy | LaCañada, CA
Restoration Therapy - Individual Therapy, Youth and Adolescents, Family Therapy, Couple Counseling, Group Therapy
Contact Information:
626.465.7960 | connect@lacadafamilytherapy.com
www.lacadafamilytherapy.com



WorkU Counseling | Pasadena, CA
Individual Therapy, Child, Family Therapy, Couple Counseling, Premarital, Group Therapy
Contact Information:
626.844.4794 | info@workucounseling.com
www.workucounseling.com

RECOMMENDED PRIVATE PRACTITIONERS



Sydney Petersen | *La Crescenta, CA*

Trauma informed, EMDR trained, and neurodiverse affirming Licensed Marriage and Family Therapist. I specialize in working with individuals and parents of individuals with a variety of diverse needs such as Autism Spectrum Disorder, Down Syndrome, Traumatic Brain Injury survivor and others

Contact Information: www.sydneypetersentherapy.com



Megan Lundgren | *Monrovia, CA*

Specializes in Marital and Premarital, Anxiety and Relationship Issues

Contact Information: 626.272.4908 | megan@relationshipsforbetter.com



Mia Lamar | *Pasadena, CA / Online*

Associate Marriage and Family Therapist

Contact Information: 626.844.4782 | mialamar.wc@gmail.com



Jocelyn Williams | *Northern & Southern California*

Marriage and Family Therapist

Contact Information: jocelyn@mobettajo.com | www.mobettajo.com



Melissa Herrmann

Integration of Biblical truth with proven psychological insights

Contact Information: melissamherrmann@gmail.com | www.emergecc.org/about



Dr. Elke Rechberger | *Pasadena, CA / Online*

Trauma Therapist

Contact Information: elkereichberger@gmail.com



Jacquelyn Larson | *California*

Licensed Marriage and Family Therapist, and Neuro Emotional Technique practitioner

Contact Information: 323.380.8926 | www.jacquelynlarsonlmft.com



Jasmine Vasquez | *Arcadia / San Dimas*

Individual Therapy, EMDR Trauma Therapy, Youth and Adolescents, Family Therapy, Couple Counseling, Group Therapy

Contact Information: 626.515.4202 | info@selahcounselingcenter.com
www.selahcounselingcenter.com

DELIVERANCE + INNER HEALING MINISTRIES

Hearts Set Free (Charles Kraft) | Pasadena, CA

Contact Information:

judy@heartssetfree.org

www.heartssetfree.org

Expression58 Sozo Department | Online + Glendale, CA

Contact Information:

www.expression58.org/sozo

The Dwell Center | Pasadena, CA

Contact Information:

contact@dwellcenter.org

www.dwellcenter.org



SUPPORT GROUPS



Jocelyn Williams | Northern + Southern California

Specialist + Trainer

Contact Information:

jocelyn@mobettajo.com

www.mobettajo.com

The Grief Recovery Method

Contact Information:

www.griefrecoverymethod.com

Celebrate Recovery (Scott Alvarez) | La Crescenta CV Church

Contact Information:

818.249.5805 x 32 | scott.alvarez@cvchurch.com

www.cvchurch.com/celebrate-recovery

Treasures | Los Angeles, CA

Reaches, restores, and equips women in the sex industry and victims of sex trafficking to live healthy, flourishing lives and train others to do the same across the globe. They offer outreach, mentoring, support groups, vocational training, care packages, retreats, and connect events.

Contact Information:

818.986.LOVE

www.iamatreasure.com

HOUSING ASSISTANCE

The Dream Center | 2301 Bellevue Ave. Los Angeles, CA 90026

Contact Information:

213.273.7000 | info@dreamcenter.org

www.dreamcenter.org

Door of Hope | P.O. Box 90455 Pasadena, CA 91109

Contact Information:

626.304.9130

www.doorofhope.us

Cathedral of Our Lady of the Angels Charities Program | 555 West Temple St. Los Angeles, CA 90012

Contact Information:

213.680.5200

www.olacathedral.org/cathedral

Caring House Ministries | 3204 Rosemead Blvd. Suite 100 El Monte, CA

Contact Information:

626.300.2440 | chm@frontporch.net

City of Glendale Community Dev. Dept. Housing Programs | Glendale, CA

Contact Information:

818.548.3936

www.glendaleca.gov/government/departments/community-development/housing

City of Burbank Redevelopment Agency - Burbank Housing Authority | Burbank, CA

Contact Information:

818.238.5160

www.burbankca.gov/departments/community-development/housing-economic-development/housing

Los Angeles County Housing Authority - Section 8 Satellite Office

Contact Information:

626.262.4510

www.hacola.org

Los Angeles County Housing Resource Center

Contact Information:

704.334.8722

www.socialserve.com/tenant/CA/index.html?ch=LAC

Rental Housing Deals INC

Contact Information:

626.281.8300

www.rentalhousingdeals.com

Housing Rights Center

Contact Information:

800.477.5977

www.housingrightscenter.org

Westside Rentals

Contact Information:

844.293.8899

westsiderentals.com

211 LA County

www.211LA.org

FINANCIAL ASSISTANCE

St. Ferdinand Outreach Center

Gas + electric bill assistance

Contact Information:

818.365.3194

www.stferdinandchurch.org/ministries/outreach-center

Salvation Army Corps Community Center

Gas + electric bill assistance

Contact Information:

323.263.7577

www.salvationarmy-socal.org/southern-california

Southern California Gas Company

Gas bill assistance

Contact Information:

888.427.1345

www.socalgas.com

Maravilla Foundation

Electric bill assistance

Contact Information:

323.869.4500

www.maravilla.org

CARE PG&E

Electric bill assistance

Contact Information:

www.pge.com/en_US/residential/save-energy-money/help-paying-your-bill/longer-term-assistance/care/care.page?WT.mc_id=Vanity_CARE

United Way, Inc.

Electric bill assistance

Contact Information:

800.339.6993

www.unitedwayla.org/en/get-help

Center for Empowerment

Food assistance

Contact Information:

818.395.5755

www.empoweredfamily.org

California Association of Food Banks

Food assistance

Contact Information:

510.272.4435

www.cafoodbanks.org

Westside Food Bank

Food assistance

Contact Information:

310.828.6016 | www.wsfb.org

LA City Department of Water and Power (LADWP)

Water bill assistance

Contact Information:

800.342.5397 | www.ladwp.com/lowincome

Dream Center

Chiropractor; GED assistance

Contact Information:

213.273.7000 | www.dreamcenter.org/about-us/need-help

PREGNANCY CRISIS & SEXUAL ASSAULT ASSISTANCE

Crisis Pregnancy Center

Contact Information:

800-NO ABORT (662-2678)

www.lifecall.org/shelters.html

Project Sister Family Services

| *Pomona Valley / San Gabriel*

Se habla Español

Contact Information:

909.626.4357

Celebrate Recovery (Scott Alvarez)

| *La Crescenta CV Church*

Contact Information:

818.249.5805 x 32 | scott.alvarez@cvchurch.com

www.cvchurch.com/celebrate-recovery

Rape Treatment Center (UCLA)

| *Santa Monica, CA*

Se habla Español

Contact Information:

310.319.4000

RAINN

Nations Largest anti-sexual assault organization

Contact Information:

800-656-HOPE

www.rainn.org

Sexual Assault Response Service

| *Antelope Valley*

Se habla Español

Contact Information:

661.723.7273

Rid of my Disgrace: Hope and Healing for Victims of Sexual Assault

Book by Justin and Lindsey Holcomb about sexual assault and how the grace of God can heal the broken and restore the disgraced

Sexual Assault Valley Trauma Counseling Center Service

Se habla Español

Contact Information:

818.886.0453 (San Fernando Valley)

661.253.0258 (Santa Clarita Valley)

Center for Pacific Asian Family

Crisis hotline for Chinese, Korean, Tagalog, Thai, Vietnamese

800.339.3940

Peace Over Violence

Se habla Español

213-626-3393 (LA)

310-392-8381 (West LA)

626-793-3385 (San Gabriel)

ARTISTS RESOURCES

Hollywood Prayer Network

Movement of Prayer for artists and professionals, projects and productions, and the global impact of Hollywood

Contact Information:

www.hollywoodprayernetwork.org



Abundant Life U

Non-profit that creates career pathways that increase millennial job seekers employability in a competitive 21st century job market and teaches young job seekers an abundance of critical career and life skills for success.

Contact Information:

www.abundantlifeu.org

ABUNDANTLIFEU™

So do not fear, for I am with you; do not be dismayed,
for I am your God. I will strengthen you and help you;
I will uphold you with my righteous right hand.

ISAIAH 41:10