



DISCUSSION GUIDE

(dis) Appointed By God

SPEAKER: Brandon Ahu

DATE: July 12, 2026

TEXT(S): Hebrews 6:19 and 10:23,
1 Peter 1:3, John 16:33, and Romans 5:3-5

HOW TO USE THIS GUIDE: *This resource is designed to help you, and your group, step through a progression of engagement with the Bible passage(s) and the speaker's message.*

Our goal is to help you and your group better understand and apply B4's teaching.

MESSAGE SUMMARY + DISCUSSION PROMPTS

Disappointment is an unavoidable part of life, whether you're Christian or not. But often our deepest disappointments arise when our expectations of God don't match our experience. While the Gospel never promises a trouble-free life, it does offer something greater. The promise of a living hope rooted in the resurrection of Jesus Christ. Christian hope is sometimes cast as denial, but it is actually a confidence in Jesus' faithfulness, even when circumstances remain difficult. Throughout tough times, God's Spirit makes His Love present to us, forms character, and deepens hope. We hold firmly to Jesus because, as the Bible teaches, He has overcome the world and remains faithful.

LEAN IN: *These are icebreakers and warm-ups, mostly to get the group talking and start the flow of conversation. Choose one and talk it over for 5 minutes.*

1. Share about something that looked amazing in advertising but disappointed you in real life.
2. Who do you know that consistently displays hope during difficult seasons? What makes them different?
3. What helps you persevere when you become discouraged?
4. What gives people hope in today's culture?
5. What about Sunday's message really landed with you, and why?

LOOK DOWN: *These are questions about the Bible passage(s) from the teaching. Spend about 10 minutes discussing your choice of two or three questions:*

1. Why is hope described as an anchor for the soul in Hebrews 6:19, and what basis do we have for holding unswervingly to hope (10:23)?
2. What makes the hope described in 1 Peter 1:3 a "living hope"?
3. In John 16:33, why do you think Jesus promises both trouble and peace in the same conversation?
4. What progression do you see in Romans 5:3-5 from suffering to hope, and what part does love play?
5. How do you think Jesus' resurrection reshapes the disciples' deepest disappointment?

LOOK OUT: *These questions help connect the world of the Bible to today.*
Spend about 10 minutes discussing your choice of two or three questions:

1. Why does our culture often equate a good life with a comfortable life?
2. How can the so-called “Prosperity Gospel” distort biblical hope?
3. Why do disappointments with God often feel more painful than disappointments with people?
4. Where do people commonly place their hope besides Christ?
5. What makes Christian hope different from simple optimism or positive thinking?

LOOK IN: *These questions help you consider how to engage the teaching for yourself.*
Spend about 15-20 minutes discussing your choice of two or three questions:

1. What disappointment are you currently carrying about God, or life in general?
2. Which “cousin” of disappointment (disillusionment, cynicism, or hopelessness) do you need to guard against?
3. Which example of perseverance from Romans 5 resonated most with your current season?
4. What are three specific ways God has proven faithful to you or someone you know in the past?
5. How would your prayers change if you replaced “I’ll have hope if…” with “I’ll have hope because…”?

LIVE IT OUT: *These prayer practices can help you integrate this message into day-to-day life.*
Choose one prompt and discuss how you will embrace it this week (5 minutes):

1. Use the “Because” Prayer: Each morning this week, honestly name one disappointment before God. Then intentionally shift your prayer from “I’ll have hope if…” to “I have hope because…” Here’s an example: “Lord, I’m disappointed that my situation at work hasn’t changed. But I have hope *because* You are faithful, Jesus is alive, and You are always working even when I cannot see it.”
2. Start a Faithfulness Journal: At the end of each day, write down one disappointment you entrusted to God, one example of His faithfulness today, and one reason you still have hope because of Jesus. Close off your journaling by praying through 1 Peter 1:3, thanking God for the living hope secured through Christ’s resurrection.

You can find B4’s [Series Resources here](#).

