

COMMUNION *of* SAINTS

YOUTH

WHAT'S COMING IN SEPTEMBER

- **SUNDAY, SEPTEMBER 6th | All-Gen Sunday @ COS**
 - We will not have middle school ministry on this Sunday due to it being Labor Day weekend.
- **COS YOUTH "TOGETHER" NIGHT | SEPTEMBER 23rd @ 6:30pm | The Commons**
 - Join us for a fun night designed for our 6th-12th grade students filled with food, games, worship, and more! Dinner will be provided and Life Safety will be on-site.
- **COS YOUTH Small Groups | Tuesday, September 8th**
 - Girls Group (6:45pm @ 3330 Montebello Dr W) and Guys Group (6:30pm @ 5394 Makalu Dr)

SEPTEMBER'S TEACHING FOCUS

- Starting in September, Middle School students will begin *Catechism*. Catechism unpacks the foundational truths of the Christian faith in a Q and A format. You can find dates, topics, and a weekly parent discussion guide that will be updated weekly [here](#).
- In high school, we're in the middle of our "*Emotionally Healthy Relationships for Teens*" course– exploring how to love others like Jesus. Each week, I'll send parents with teens participating in this course weekly follow-up questions and practices to re-enforce what students are learning.

SOMETHING TO PONDER THIS MONTH

- One of my seminary professors, J.R. Briggs– wrote a fantastic book called "[The Art of Asking Better Questions](#)." One of his primary ideas is that "lazy questions often get us lazy responses." For example, when we ask "How was your day?" we often get back– "good..." This month, I want to challenge you to consider what it would look like to make your questions to your teens 10-15% more specific. Here are a few examples to help make this shift:
 - *What's one thing you learned today that you didn't know when you woke up this morning?*
 - *What was the most interesting part of your day?*
 - *What are 2-3 adjectives you would use to describe your week?*



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