

# Help MY Unbelief

**Mark 9:14-29**

# The Setting in Mark 9

## **Mark 9:14-29**

**14 And when He came to the disciples, He saw a great multitude around them, and scribes disputing with them.**

**15 Immediately, when they saw Him, all the people were greatly amazed, and running to Him, greeted Him.**

**16 And He asked the scribes, "What are you discussing with them?"**

## **Mark 9:14-29**

**17 Then one of the crowd answered and said, "Teacher, I brought You my son, who has a mute spirit.**

**18 "And wherever it seizes him, it throws him down; he foams at the mouth, gnashes his teeth, and becomes rigid. So I spoke to Your disciples, that they should cast it out, but they could not."**

**Mark 9:14-29**

**19 He answered him and said, "O faithless generation, how long shall I be with you? How long shall I bear with you? Bring him to Me."**

**20 Then they brought him to Him. And when he saw Him, immediately the spirit convulsed him, and he fell on the ground and wallowed, foaming at the mouth.**

## Mark 9:14-29

**21 So He asked his father, "How long has this been happening to him?"**

**And he said, "From childhood."**

**22 "And often he has thrown him both into the fire and into the water to destroy him. But if You can do anything, have compassion on us and help us."**

## Mark 9:14-29

**23 Jesus said to him, "If you can believe, all things are possible to him who believes."**

**24 Immediately the father of the child cried out and said with tears, "Lord, I believe; help my unbelief!"**

## Mark 9:14-29

**25 When Jesus saw that the people came running together, He rebuked the unclean spirit, saying to it, "Deaf and dumb spirit, I command you, come out of him and enter him no more!"**

**Mark 9:14-29**

**26 Then the spirit cried out,  
convulsed him greatly, and came  
out of him. And he became as one  
dead, so that many said, "He is  
dead."**

**27 But Jesus took him by the hand  
and lifted him up, and he arose.**

**Mark 9:14-29**

**28 And when He had come into the house, His disciples asked Him privately, "Why could we not cast it out?"**

**29 So He said to them, "This kind can come out by nothing but prayer and fasting." (NKJV)**

**Problem #1**

***Distracted Disciples***

**a) Distracted by the fussing**

- Disputing = arguing, fussing, stirring up trouble

**What were they disputing?**

*Question*

**How much of our disputing over  
“minor” things, has distracted us  
from the “major” things?**

**What is the “major” thing here?**

## b) Absorbed by selfishness

- **Mark 9:33 “Who is the greatest?”**

### The Jesus Remedy

**(vs 35) "If anyone desires to be first, he shall be last of all and servant of all."**

## ***The Tragedy***

**The Disciples were powerless to help this man and his son.**

**(vs 18) Dad: So I spoke to Your disciples, that they should cast it out, but they could not**

## **Jesus was Grieved by the Disciples**

**(vs 19)**

**"O faithless generation, how long shall I be with you? How long shall I bear with you? Bring him to Me."**

**(It's as if Jesus expects His people to walk in His authority & power)**

## *Jesus & the Dad*

**(vs22) Dad: But if you can do anything...**

**(vs23) Jesus: If you can believe...**

*The Revelation*

**Jesus:**

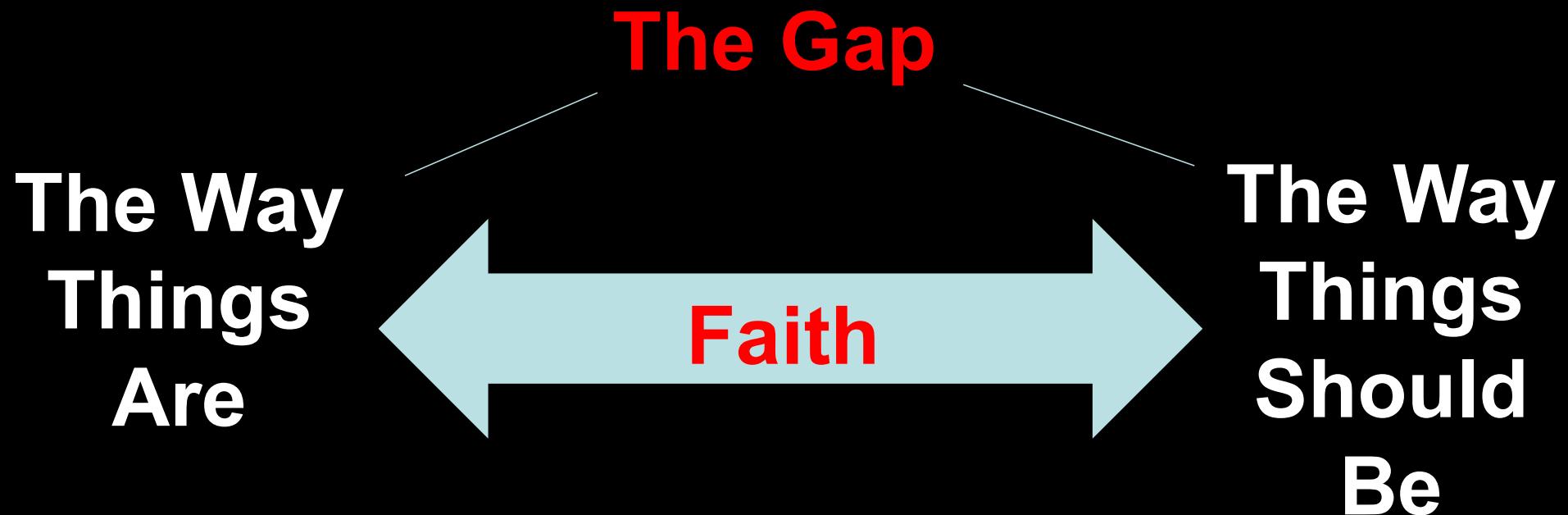
**All things are possible to  
those who believe.**

## *Our Journey with Jesus*

**Jesus is taking us into the reality of God where all things are possible.**

**Trust**

**Can you see the reality of the problem and  
still believe in the possibilities of God?**



**LORD, I believe,  
help my unbelief**

- **Be Honest**
- **Pretending is an awful thing.**



Help = come to my aid, come join me and rescue me, carry me to where I cannot go on my own

*Good News*

**Jesus came to help you!**

**Jesus is not waiting on your faith  
to be perfect and pristine. He  
responds to the cry of a humble,  
honest heart.**

**Beloved, this is how we walk with Jesus. We bring both our trust and our lack.**

- **Our good and our bad**
- **Our strength and our weakness**
- **Our faith and our doubts**

**We ask Jesus to make up for what we are lacking.**

**LORD, I believe, help my unbelief!**

## **The Miracle Happens**

- **Jesus delivered this tormented boy.**
- **Jesus intervened for this parent who had imperfect faith.**

**It's not based on the quality  
of your faith, but upon  
The Faithfulness of Jesus!!!**

## ***The Big Question***

**(vs 28) And when He had come into the house, His disciples asked Him privately,**

**“Why could we not cast it out?”**

# **Jesus** **(vs 29)**

**"This kind can come out by nothing  
but prayer and fasting."**

## **This Kind...**

- 1) Demonic Strongholds**
- 2) Unbelief**

**LORD, I believe  
HELP  
my unbelief!**

## *The Blessing*

### **Numbers 6:24-26**

**24 The LORD bless you and keep you;**

**25 The LORD make His face shine upon you,  
and be gracious to you;**

**26 The LORD lift up His countenance upon you,  
and give you peace.**