

LESSON *FOUR*

NEW LIFE



Be With Him in Spiritual Warfare

Why this matters: Following Jesus means learning to stay close to Him in the middle of spiritual battles. The enemy wants to pull us away from Jesus, but God gives us everything we need to stand firm.

Start Here: When you hear the phrase spiritual warfare, what comes to mind? Have you ever experienced a season of temptation, fear, discouragement, or distraction in your walk with God?

The Big Idea: We don't fight *for* victory—we fight *from* the victory Jesus has already won.

Read Together:

Ephesians 6:10-18

John 10:10

Revelation 12:11

After reading, ask: What do these passages teach us about our enemy? What do they teach us about Jesus?

A Few Truths to Hold:

- Our battle is not against people but against spiritual forces that oppose God.
- Jesus has already defeated Satan through His death and resurrection.
- God gives us His armor so we can stand firm in Him.

Talk About It: There are several ways that the enemy works, including lies, temptation, fear, and distraction. Which of those do you notice most often in your life? How can staying close to Jesus help you respond differently?

Living It Out: The armor of God helps us stay connected to Jesus when we face lies, fear, temptation, or discouragement.

- Truth helps us recognize lies.
- Righteousness reminds us we are made right with God through Jesus.
- Peace helps us stand firm.
- Faith helps us trust God.
- Salvation protects our minds.
- God's Word helps us respond with truth.
- Prayer keeps us connected to Jesus.

Practice This Week: Each morning this week, read Ephesians 6:10-18 and pray through the armor of God.

When you face fear, temptation, discouragement, or doubt, pause and pray: "Jesus, help me stand firm in you today."

Pray Together: Pray for one another to help you recognize the enemy's lies, walk in His truth, trust His strength, and stand firm in the victory of Jesus.

Looking Ahead: Next time, we'll explore rhythms of renewal and discover how practices like fasting, solitude, and Sabbath help us stay connected to Jesus over the long journey of discipleship.