## HEALTHY FINANCIAL HABITS



Use these tips for health financial habits that prioritize putting God and your family first...

- Pay your tithe and offering first. Put God first in your living and your giving. Give your offering from the "top" of your paycheck, then live on whatever remains.
- Create a budget and track your expenses. Develop a plan in which you tell your money what you want it to do. Use the simple monthly budget tool on the back of this resource guide.
- Live below your means. Scrutinize your current spending, eliminate waste, and create margin. Don't live paycheck to paycheck.
- Establish an emergency fund. An emergency fund is separate from checking or savings set aside only for emergencies. Start with \$1,000 and build up to three months' worth of income.
- Pay off your credit cards, use cash/debit cards, and use credit wisely. As you are building your emergency fund, begin to pay off your credit cards and start using cash or debit cards for purchases.
- Practice long-term savings and investing habits.
  Subscribe to a 10-20-70 plan. 10% to investing in God's work. 20% for savings. 70% for everything else.

Adapted for use by St. Stephen UMC, Charlotte, NC, from the "Enough" Stewardship Resources from Church of the Resurrection UMC, Leawood, KS.

## MONTHLY BUDGET PLANNER



MONTH: \_\_\_\_\_

EXPENSES	INCOME
Tithing/Giving	Balance
Taxes	Deposit
Credit Cards	Total
Student Loans	
Other Debts	SAVINGS
Housing	
Food	Balance
Auto	Deposit
Insurance	Total
Medical/Dental	
Childcare	SUMMARIZE
Entertainment	SUMMARIZE
Clothing	Income
Investments	Savings
Miscellaneous	Expenses
Total	Total

**NOTES**