

# Lessons from Daniel

1

## Know Your Identity

Daniel stayed true to his faith and identity in a foreign culture.

**Action Steps:** Write down three core values that define you:

---

---

---

Act on one of these values this week (e.g., kindness or speaking up for justice).

2

## Small Choices Matter

Daniel stayed faithful by refusing the king's food (Daniel 1:8).

**Action Steps:** Start each day with one intentional decision reflecting your values. Reflect each evening on how your actions aligned. Set a reminder to stay consistent.

3

## Live Out Convictions with Humility

Daniel handled challenges respectfully and earned influence (Daniel 1:9, 6:3).

**Action Steps:** Pause and listen when you have disagreements. Practice humility this week by apologizing or seeking another's perspective.

# 4

## Seek Wisdom from Community

Daniel prayed and leaned on his friends  
(Daniel 2:17-18).

**Action Steps:** Schedule time to pray and seek  
God's guidance.

Reach out to a trusted friend or group for support.

Don't have a group?

Check out Life Groups or Growth Track.

LifeGroups



Growth  
Track



# 5

## Trust God with the Outcome

Daniel trusted God in every challenge.

**Action Steps:** Write down your fears and pray to  
release them: My fears:

---

Take one step that reflects your values, even with  
uncertain outcomes.

**Let's grow together!**

Join us in reading the  
Bible plan: Daniel: Far  
from Home!

