



FIRST PRESBYTERIAN
SANTA ROSA

VOLUNTEER OPPORTUNITIES

*Addressing Food Insecurity
Spring 2026*

How can I care for the vulnerable beyond the walls of the church with simple, practical acts of kindness that reflect the heart of Jesus in our community? Here is a tool to connect intention with action.



The Living Room in Santa Rosa

Supports women and children experiencing housing insecurity.

Volunteer opportunities:

- ◆ Help prepare and cook over 100 daily meals and pantry bags
- ◆ Assist with upkeep and maintenance of the campus garden
- ◆ Package and deliver hot meals to partner organizations
- Contact: Siobhan Taylor (707) 582-2582 thelivingroomsc.org
- **FPC contact:** Mike Weihman e: smokeymike@yahoo.com





Ceres Community Project

Provides organic, medically tailored meals for those facing serious illness.

Volunteer opportunities:

- ◆ Adults can assist in the kitchen by prepping food, cooking, or packaging meals
- ◆ They can also deliver meals directly to clients' homes
- ceresproject.org (707) 829-5833
- **FPC contact:** Jeanine Cogan e: whimsyart@comcast.net



Elisha's Pantry Project

Provides nutritious food with kindness and respect for all.

Volunteer opportunities:

- ◆ Unloading donations
- ◆ Sorting food
- ◆ Bagging items for distribution
- ◆ Assist walk-ins and drive-ins by loading food into their cars.
- elishapantry.org (707) 527-0196
Vicki Groninga e: vickigrongina@sonic.net
- **FPC contact:** Charlotte Zelaya e: charzelaya@comcast.net



F.I.S.H. Friends In Service Here

Operates the county's largest independent food pantry.

Volunteer opportunities:

- ◆ Bagger: Prepare food bags for clients (requires lifting)
- ◆ Front Door Person: Distribute food to walk-up clients
- ◆ Driver: Pickup donations from supermarkets
- fish-of-santa-rosa.org (707) 527-5151
- **FPC contact:** Paula Umino e: paulaumino1@gmail.com



Catholic Charities in Santa Rosa

Helps people facing vulnerability and hardship.

Volunteer opportunities:

- ◆ Food delivery drivers
- ◆ Serve dinner at Caritas Center Shelter for families
- Piper Kirk (707) 757-8331 e: pkirk@ccnwc.org
- **FPC contact:** Penny Cleary e: penny.cleary@yahoo.com



Food for Thought

Provides life-sustaining groceries, meals and loving support to people living with serious medical conditions in Sonoma County.

Volunteer opportunities:

- ◆ Food Bank – help filling orders
- ◆ Food Drives – at nearby grocery stores
- ◆ Deliver Food – to home-bound clients
- ◆ Garden – planting, weeding, harvesting
- fftfoodbank.org (707) 887-1647
- **FPC contact:** Debbie Perry e: debbie_perry@comcast.net



Harvest for the Hungry Garden

Grows organic produce year round to support the hungry in Sonoma County.

Volunteer opportunities:

- ◆ Planting, weeding, harvesting organic produce
- harvestgarden.org (707) 566-7937
- **FPC contact:** Alicia Deguchi email: aliciadeguchi@comcast.net



Sonoma County Master Gardener Program

Provide educational opportunities & advice to garden visitors

FPC contact: Vic Suard e: vsuard@sbcglobal.net



Meals on Wheels

Delivery of fresh meals daily to home-bound seniors

Volunteer opportunities:

- ◆ Help with everything from delivery to kitchen prep
- Volunteer Coordinator: Leigh Galten 707-525-0143 ext. 121
councilonaging.com/volunteers
- **FPC contact:** Geri Gullickson e: likesbells@gmail.com



Redwood Empire Food Bank

Feeding our neighbors in need and joining the community to end hunger.

- ◆ Glean, sort, and package fresh produce or assemble grocery boxes for seniors and families.
- ◆ Help prepare meals and snacks
- ◆ Assist agencies stocking shelves and organizing inventory.
- ◆ Hand out groceries and load items into cars at drive-thru locations across Sonoma County
- ◆ Harvest fresh, locally grown produce
- REFB.org (707) 523-7900
- **FPC contact:** Gail Burson e: dgburson@sonic.net – food dist.
- **FPC contact:** Alison McLeod e: mcleod1366@gmail.com – warehouse
- **FPC contact:** Scott Wimmer e: bluegoldscotty@proton.me – veteran



Redwood Gospel Mission

Mobilizing the community to minister to the needy.

Volunteer opportunities:

- ◆ Meal Preparation and food service
- ◆ Food donation pick-up
- ◆ Gardening at the New Life Family Campus
- Tina Karns: 707-578-1830 x314 volunteer@rgm.org
- **FPC contact:** Tim Stafford e: timnpopie@gmail.com