

# Vive Kids



2026

21

21 DAYS OF  
Prayer Guide



# HELLO VIVE KIDS,

We're starting an exciting 21-day adventure of prayer and fasting and we want **YOU** to join us! Prayer is powerful, life-changing, and one of the best ways to connect with the God who created the sun, moon, stars, oceans, and **you**.

Jesus is your best friend, and He's always ready to talk at school, in the car, at home, anywhere. You can pray before your day starts, before school, before games, before bed, and in every good or hard moment.

The more we pray, the easier and more fun it becomes. Talking with Jesus can be the best part of your day! So in every situation, **PRAY FIRST**.

We're praying for you, cheering you on, and believing God will do amazing things in your life. **You got this & you rock!**

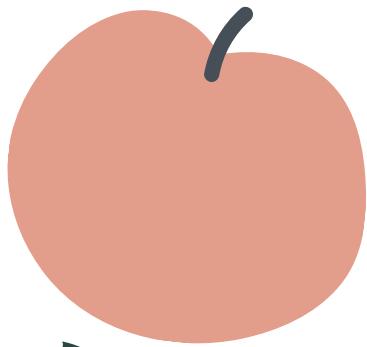
**With love,**  
**Your Vive Kids Team**

*Alexandra Alainor*

**Vive Kids Team Lead**



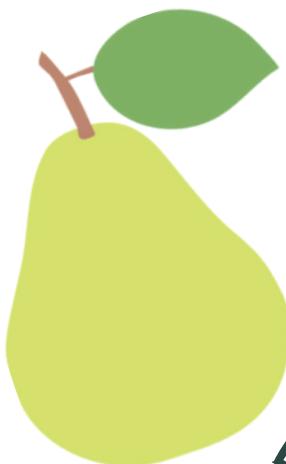
# Fruit of the Spirit



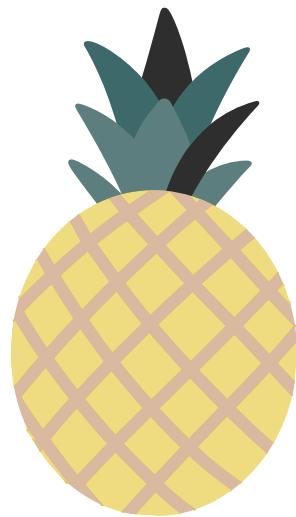
JOY



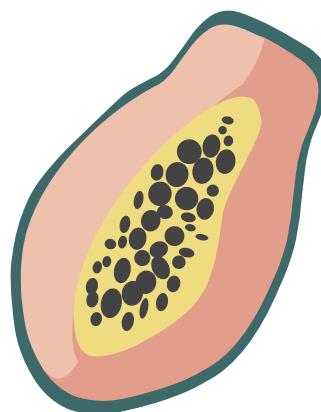
PATIENCE



GENTLENESS



LOVE



KINDNESS



SELF-CONTROL



GOODNESS



FAITHFULNESS

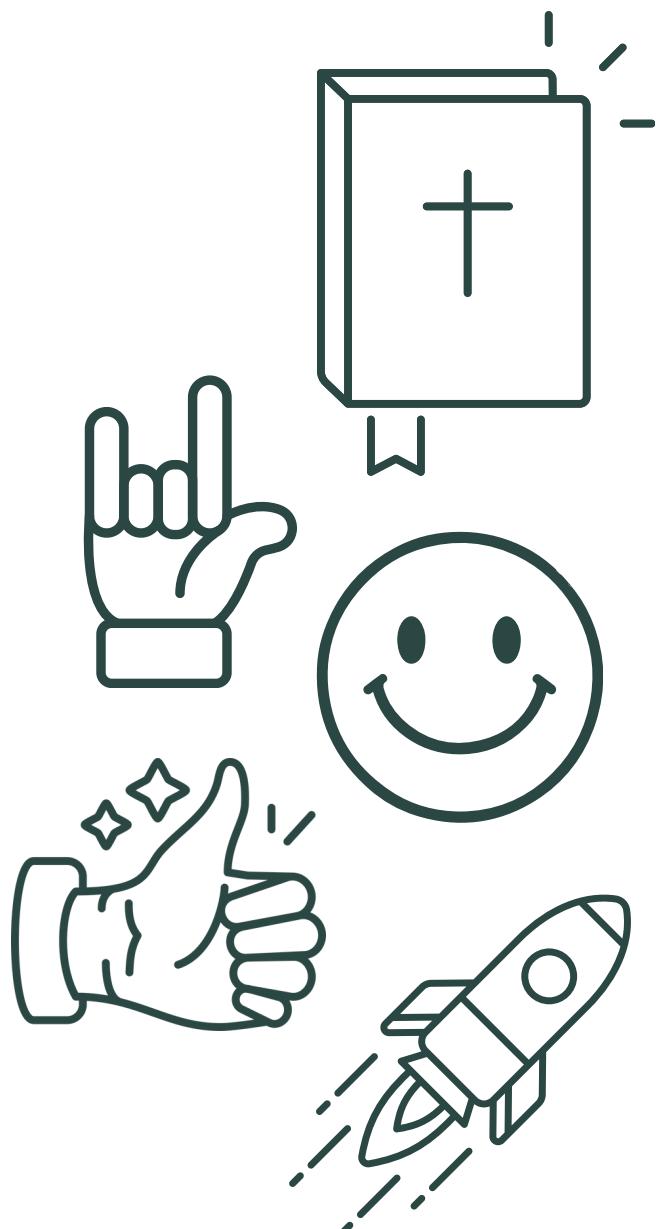


VIVE CITY  
CHAPEL

# Table of Contents

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- Day 1: I WILL SEEK YOU
- DAY 2: I AM WITH YOU
- DAY 3: TAKE HEART
- DAY 4: SEEK FIRST
- DAY 5: GOD'S HANDWORK
- DAY 6: ALL HE HAS DONE
- DAY 7: REJOICE
- DAY 8: WAITING
- DAY 9: KNOWN BY OUR FRUIT
- DAY 10: ASK, SEEK, KNOCK
- DAY 11: TALENTS
- DAY 12: BY FAITH
- DAY 13: I WILL GIVE YOU REST
- DAY 14: OUR SUPPLY
- DAY 15: SALT & LIGHT
- DAY 16: WHAT IS POSSIBLE
- DAY 17: RENEW YOUR MIND
- DAY 18: MUSTARD SEED
- DAY 19: MY SHEPHERD
- DAY 20: ABOUND IN HOPE
- DAY 21: HIS COMMANDMENT



Hello Vive Kids Parents,

The next 21 days have the power to impact your family in a beautiful way. I know how much you juggle school, work, activities, emotions, and the everyday responsibilities of parenting. So if this prayer guide feels like “one more thing,” I get it. But this isn’t another task... it’s an **invitation to breathe, slow down, and connect with God.**

In the busyness of life, we often forget to make space for Him personally and as a family. Yet God is our source of strength, joy, peace, and hope. Why settle for getting by when He invites us into an abundant life?

Over the next 21 days, we invite you to press pause on the rush and pursue God first together as a family. This guide offers simple scriptures and prompts to help you start. If praying out loud feels new or awkward, keep going. Your example is one of the greatest ways to help your children grow in prayer.

Our prayer is that your home is marked by the **presence and power of God** as we seek Him as a church family. You are chosen, called, and graced to lead your children. **You’re built for this.**

With love,  
**Your Vive Kids Team**

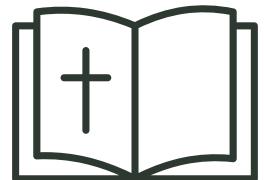


# DAY 1

# I WILL SEEK YOU

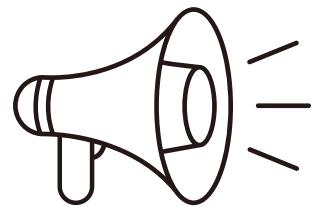
## 1. Read Psalm 63:1-2

“You, God, are my God, earnestly I seek you; I thirst for you, my whole being longs for you, in a dry and parched land where there is no water. I have seen you in the sanctuary and beheld your power and your glory.”



## 2. Talk about it

Think about a time when you have seen God’s power in your life. Where do you feel weak in life and need God’s strength? Talk about it with your family.



## 3. Pray about it

Take some time to pray. Thank God for a few things. Then, let Him know your concerns. Write what you prayed about below.



Pray, asking God to help you during these 21 days of prayer. Ask to have a deeper prayer life, to hear God’s voice more clearly, and to grow closer to Him.

### Write down what you prayed about today:

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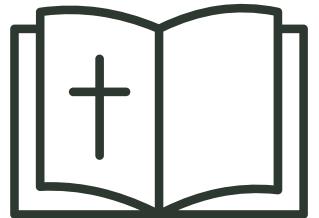
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# DAY 2

# I AM WITH YOU

## 1. Read Deuteronomy 31:6

“Be strong and courageous. Do not be afraid or terrified because of them, for the LORD your God goes with you; He will never leave you nor forsake you.



## 2. Talk about it

Think about a time when you overcame a fear. What fears do you have today?

Talk to your family about your fear and ask them to pray for you.



## 3. Pray about it

Take some time to pray. Thank God for a few things. Then, let Him know your concerns. Write what you prayed about below.

Pray for your family. Pray for each member individually. Pray for any family members who may not know and trust in Jesus. Ask God to be honored in your home and family.



**Write down what you prayed about today:**

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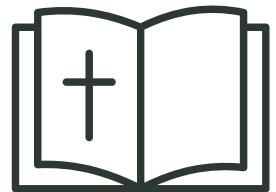
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# DAY 3

# TAKE HEART

## 1. Read John 16:33

"I have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world."



## 2. Talk about it

We can take heart, or in other words be courageous, because God has promised us that even though trouble will come our way He has already conquered the world! How does knowing this give you courage to face hard times



## 3. Pray about it

Take some time to pray. Thank God for a few things. Then, let Him know your concerns. Write what you prayed about below.

Pray for your neighbors. Pray for their needs. Pray for opportunities to show Jesus to them.



**Write down what you prayed about today:**

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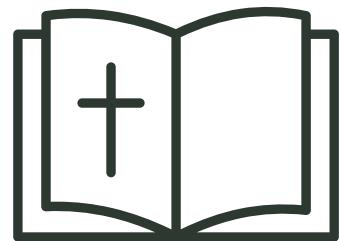
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# DAY 4

# SEEK FIRST

## 1. Read Matthew 6:31-33

“So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ For the pagans run after all these things, and your heavenly Father knows that you need them. But seek first his kingdom and his righteousness, and all these things will be given to you as well.”



## 2. Talk about it

Verse 33 says to “seek first.” How can you seek God first every day in your life? What do you need to do today to seek Him first?



## 3. Pray about it

Take some time to pray. Thank God for a few things. Then, let Him know your concerns. Write what you prayed about below.

Pray for your teachers. If you are homeschooled, pray for your parents to have wisdom and all they need to teach you well. Pray for them to have rest, too.



### Write down what you prayed about today:

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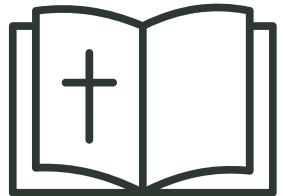
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# DAY 5

# GOD'S HANDIWORK



## 1. Read Ephesians 2:10

"For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do."



## 2. Talk about it

What do you think "handiwork" means? How are you unique? Do you ever doubt that God will use you or has a special plan for your life? If so, why? How can you trust God and the plan He has for you?

## 3. Pray about it

Take some time to pray. Thank God for a few things. Then, let Him know your concerns. Write what you prayed about below.



Pray for your Principal and for all leaders in your school. Ask God to help them know how to lead your school the best way so that kids can be safe and learn.

### Write down what you prayed about today:

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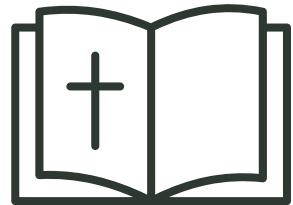
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# DAY 6

# ALL HE HAS DONE

## 1. Read 1 Chronicles 16:8-12

“Give praise to the Lord, proclaim his name; make known among the nations what He has done. Sing to Him, sing praise to Him; tell of all His wonderful acts... Remember the wonders He has done, His miracles, and the judgments He pronounced.”



## 2. Talk about it

This passage reminds us to tell of all God has done. Who is someone in your life that needs to hear about the goodness and faithfulness of God in your life? How can you share this good news with them this week? Make a plan and follow through!



## 3. Pray about it

Take some time to pray. Thank God for a few things. Then, let Him know your concerns. Write what you prayed about below.

Pray for those who are with you in your class at school. Pray for any needs they might have in their life and ask God to show you how you might be able to help them.



### Write down what you prayed about today:

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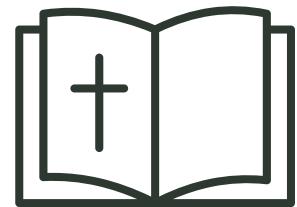
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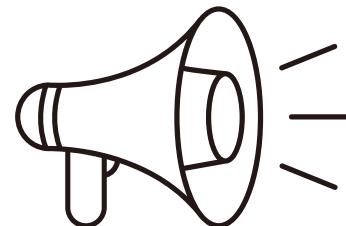
## 1. Read Philippians 4: 4-9

“Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all... Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable if anything is excellent or praiseworthy think about such things.



## 2. Talk about it

What does it mean to rejoice? What does this verse teach us about what we should rejoice about? What does it teach us about the importance of focusing on the good things that God has done instead of the bad things we see in our world?



## 3. Pray about it

Take some time to pray. Thank God for a few things. Then, let Him know your concerns. Write what you prayed about below.



Pray prayers of praise today. Praise God for who He is. Creator, Savior, Father, Helper, King of All, and everything else you can think of. Praise God for all He has done!

**Write down what you prayed about today:**

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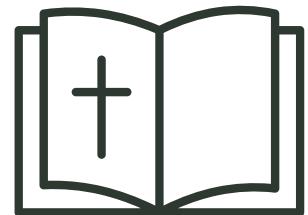
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# DAY 8

# WAITING

## 1. Read Isaiah 40: 31

“But they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.”



## 2. Talk about it

Waiting often feels like the opposite of moving forward. However, waiting on God (expecting hopefully for Him to work on our behalf) gives us strength and endurance to live well. What are you waiting on God for? Talk about the answer with your family.



## 3. Pray about it

Take some time to pray. Thank God for a few things. Then, let Him know your concerns. Write what you prayed about below.



Pray for your teachers in Vive Kids. Ask God to help you learn more about Him. Ask God to bless the teachers in Vive Kids and their families.

## Write down what you prayed about today:

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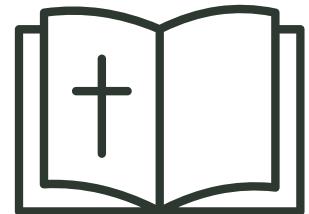
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# DAY 9

# KNOWN BY OUR FRUIT

## 1. Read Galatians 5: 22-23

“But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law.”



## 2. Talk about it

How has the fruit of the Spirit in others shown you more about God?



How can living a life that displays the fruit of the Spirit in action make us live differently?

## 3. Pray about it

Take some time to pray. Thank God for a few things. Then, let Him know your concerns. Write what you prayed about below.



Pray for your pastors and church leaders. Ask God to give them His plan for leading the church and for reaching people for Jesus. Pray for their families. Thank God for your pastors and leaders.

### Write down what you prayed about today:

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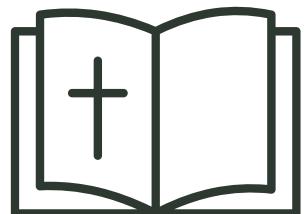
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# DAY 10

# ASK, SEEK, KNOCK

## 1. Read Matthew 7: 7-8

“Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened.



## 2. Talk about it

What doors would you like for God to open in your life? It could be a friendship, a better relationship with a sibling, an opportunity to serve at church or in your school. Talk about it with your family.



## 3. Pray about it

Take some time to pray. Thank God for a few things. Then, let Him know your concerns. Write what you prayed about below.

Pray for missionaries all over the world who are telling people about Jesus. Pray for their families. Pray for their safety. Pray that God will give them everything they need.



**Write down what you prayed about today:**

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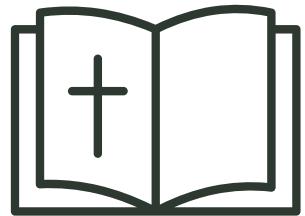
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## 1. Read Matthew 25: 14-30

“Read this story in your Bible.”



## 2. Talk about it

What are the gifts that you believe God has given you?  
How can you use the gifts God has given you to glorify Him?  
What gifts do you see in other members of your family?



## 3. Pray about it

Take some time to pray. Thank God for a few things. Then, let Him know your concerns. Write what you prayed about below.

Pray for our nation. Thank God that we live in a country where we can freely worship Him. Ask God to forgive our nation when we do not live for Him. Pray that our hearts will turn toward God.



### Write down what you prayed about today:

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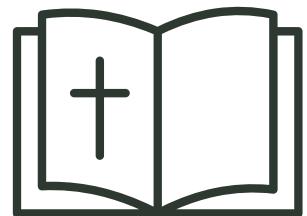
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# DAY 12

# BY FAITH

## 1. Read Hebrews 11

“Read this story in your Bible.”



## 2. Talk about it

Which one of these examples of faith stands out to you the most and why?

How do these stories of people of great faith inspire you?

Share your answer with your family.



## 3. Pray about it

Take some time to pray. Thank God for a few things. Then, let Him know your concerns. Write what you prayed about below.

Pray for our nation's leaders. Our President, governors, judges and all government leaders. Ask the Lord to give them wisdom to lead our country in ways that will honor Him.



**Write down what you prayed about today:**

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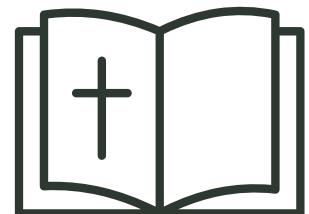
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# DAY 13

# I WILL GIVE YOU REST

## 1. Read Matthew 11: 28-30

“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”



## 2. Talk about it

What are some ways you find rest? Make time this week to find rest and enjoy time in God's presence.



## 3. Pray about it

Take some time to pray. Thank God for a few things. Then, let Him know your concerns. Write what you prayed about below.

Pray for your mayor and the city leaders. Pray that your city will be a place that honors God in all things. Pray for business owners in your city. Ask God to bless your city.



**Write down what you prayed about today:**

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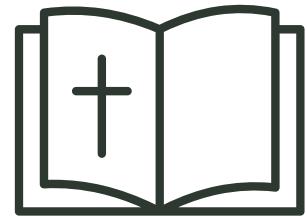
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## 1. Read Philippians 4:19

“And my God will supply every need of yours according to His riches in glory in Christ Jesus.”



## 2. Talk about it

Talk about the difference between a want and a need with your family.

When have you seen God come through on a need in your life?



Spend time sharing about and celebrating it as a family.

## 3. Pray about it

Take some time to pray. Thank God for a few things. Then, let Him know your concerns. Write what you prayed about below.

Pray for the police, fire department, and other emergency and first responders in your community. Ask God to help them as they serve and protect us.



**Write down what you prayed about today:**

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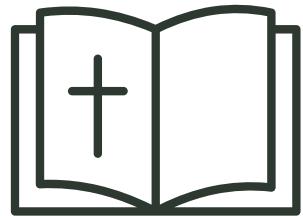
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## 1. Read Matthew 5: 13-16

“Read this story in your Bible.”



## 2. Talk about it

Turn off all of the lights in your house and turn on a single flashlight.

Notice how even one small light can brighten an entire room. can light up an entire room.

As a follower of Jesus, you are the light of the world!



What does it mean to be salt and light? How are you being salt and light?

## 3. Pray about it

Take some time to pray. Thank God for a few things. Then, let Him know your concerns. Write what you prayed about below.



Pray today thanking God for dying on the cross so we can be forgiven and become His children. Thank Him for giving us abundant life on earth and eternal life with Him in Heaven.

**Write down what you prayed about today:**

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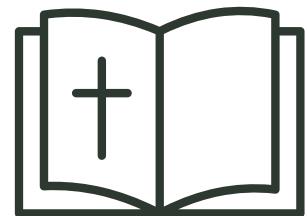
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# DAY 16

# WHAT IS POSSIBLE

## 1. Read Matthew 19: 26

“But Jesus looked at them and said, ‘With man this is impossible, but with God all things are possible.’



## 2. Talk about it

What are some things in your life that seem impossible?

What would it look like if you involved God in these things?

What does this verse teach us about His power in impossible situations?

Talk about it with your family.



## 3. Pray about it

Take some time to pray. Thank God for a few things. Then, let Him know your concerns. Write what you prayed about below.



Pray today, asking God to forgive you for things that are not pleasing to Him. Ask Him to clean your heart and mind, removing anything that would keep Him from you. Ask God to help you make wise decisions and live to honor Him.

**Write down what you prayed about today:**

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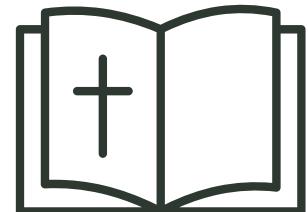
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## 1. Read Romans 12: 1-2

“Therefore, I urge you, brothers and sisters, in view of God’s mercy, to offer your bodies as a living sacrifice, holy and pleasing to God. This is your true and proper worship. Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is - his good, pleasing and perfect will.”



## 2. Talk about it

What does the word will mean?



How do you know what God’s will is for your life?

How can you live for God in all areas of your life school, sports, play, and with your family?

## 3. Pray about it

Take some time to pray. Thank God for a few things. Then, let Him know your concerns. Write what you prayed about below.



Pray today to have a greater love for the Bible, God’s Word. Ask Him to give you understanding and help you to do what it teaches and to live as it tells us to.

**Write down what you prayed about today:**

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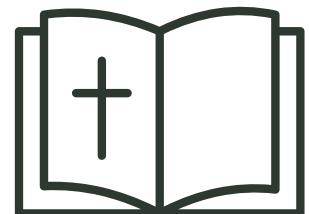
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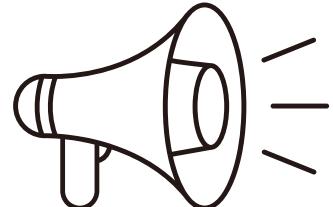
## 1. Read Matthew 17: 20

"I tell you the truth, if you have faith as small as a mustard seed, you can say to this mountain, 'Move from here to there' and it will move. Nothing will be impossible for you."



## 2. Talk about it

●  This is the size of a mustard seed. They are small but Jesus uses them to help us understand how powerful faith in Him can be!



Faith means to have complete trust and confidence in God.

Do you have faith at least the size of a mustard seed?

## 3. Pray about it

Take some time to pray. Thank God for a few things. Then, let Him know your concerns. Write what you prayed about below.



Pray for those who are sick. Name those you know of who need healing.

### Write down what you prayed about today:

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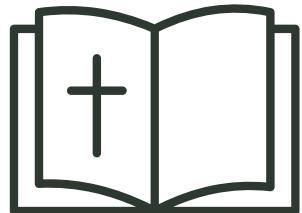
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## 1. Read Psalm 23

“Read this story in your Bible.”



## 2. Talk about it

This passage of scripture tells us that the Lord is our shepherd.

What are some characteristics of a shepherd?



What are shepherds good at? Why are they needed?

What are some characteristics of sheep? Do they need a shepherd?

What happens to sheep if they are left alone? How do you feel knowing that the Lord is like your shepherd?

Pray and thank Him for taking care of you.

## 3. Pray about it

Take some time to pray. Thank God for a few things. Then, let Him know your concerns. Write what you prayed about below.



Pray for elderly people. Pray for those who are in nursing homes or who live alone. Pray for ways that you can encourage them this week. Pray that God would give them peace and health.

**Write down what you prayed about today:**

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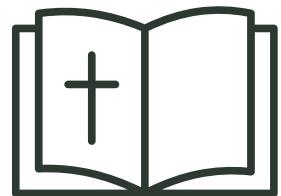
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## 1. Read Romans 15:13

“May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope.”



## 2. Talk about it

What does the word abound mean?



“Can you think of someone you know who is really hopeful? What do they do or say that shows they have hope?”

Talk about what it means to live a life full of God’s joy, peace, and hope.

## 3. Pray about it

Take some time to pray. Thank God for a few things. Then, let Him know your concerns. Write what you prayed about below.



Pray that God would give you hope where you do not have any. Ask Him to give you peace and joy as you begin this new year. Thank Him for always loving and helping you.

**Write down what you prayed about today:**

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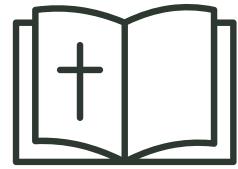
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## 1. Read Matthew 22: 36-40



“Teacher, which is the greatest commandment in the Law?”

Jesus replied: ““Love the Lord your God with all your heart and with all your soul and with all your mind.’ This is the first and greatest commandment. And the second is like it: ‘Love your neighbor as yourself.’ All the Law and the Prophets hang on these two commandments.

## 2. Talk about it

What is a commandment? Who is your neighbor?



What would it look like if we lived our lives by these commandments?

Talk about this with your family.

## 3. Pray about it

Take some time to pray. Thank God for a few things. Then, let Him know your concerns. Write what you prayed about below.



Pray for our church, Vive City Chapel. Thank God for this 21 Days of Prayer. Ask Him to help us always seek Him with our whole heart. Pray for Him to give us strength to love Him and others with all of our heart, soul, mind, and strength.

**Write down what you prayed about today:**

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