21 DAYS



OF PRAYER

Vive Kids Prayer Guide

Dear Vive Kids and families,

We are about to embark on an exciting adventure together as a church! Our entire church family, including our amazing Vive Kids, will be participating in our corporate 21 Days of Prayer and Fasting. This is such a special time for us to come together as a church family, seek God, and believe for all He has planned for this year!

To make it even more exciting, the first child to complete this packet and submit it with a parent's signature at the end of the of the 21 days will win a surprise. Let's go, and let's have fun growing closer to Jesus!



What is fasting?

Fasting is a spiritual discipline that fosters a deeper relationship with God, enhance our ability to hear His voice, develops self-control, and provides an opportunity to focus on specific needs or concerns. It demonstrates the power of prayer and sacrifice while renewing and refocusing our commitment to God.

Here are some examples of things your child can give up during our 21 days of prayer and fasting:

- Food: Giving up a favorite snack or fast food
- Technology: Fasting from social media or limiting device usage
- Toys: Setting aside a favorite toy or game

By resting our bodies from what they crave, we nourish our spirits with God's Word and prayer. Fasting isn't just about receiving from God—it's about placing Him above all else in our worship.

What is prayer?

Prayer is our way of connecting and speaking to God. He is our Father, our provider, and our protector, guiding us through life's trials. Through prayer, we lift our voices to Him in gratitude and praise. Prayer is always our FIRST response, because God is glorious and worthy of all praise!

Partnering Together at Vive Kids

Vive Kids is a vibrant ministry dedicated to helping families grow in faith and discover God's love. We aim to partner with you as you lead your children to become fully devoted followers of Christ (Ephesians 6:4).

In every situation, PRAY FIRST! I'm believing with you for miracles, open doors, and abundant blessings during this season of prayer and fasting.

Alexandra Alcindor,
Vive Kids Team Lead

21 DAYS OF PRAYER

To make prayer meaningful, we introduce The Prayer Hand, a simple tool to remember the five essential aspects of prayer:

1. Confession (Little Finger):

I agree with God about my sin. (1 John 1:9)

2. Petition (Ring Finger):

I ask God to provide for my needs. (1 Samuel 1:27)

3. Intercession (Middle Finger):

I ask God to provide for the needs of others. (Ephesians 6:18-19)

4. Thanksgiving (Index Finger):

I thank God for His work in, through, and for me, and for His answers to prayer. (Ephesians 5:20)

5. Praise (Thumb):

I express my adoration of God, allowing praise to permeate every part of my prayer life.

(Psalm 146:1-2)

To support you on this journey, visit our parenting resources at https://vivecitychapel.org/parent/. Teach your child about fasting in an age-appropriate way and encourage them to focus their prayers on personal needs or concerns for others, showing the beauty of sacrifice and putting God first.

Make Prayer a Daily Habit Encourage your child to pray throughout the day:

- Upon waking up
 - Before school
- Before and after tests
- · During joyful or challenging moments
 - Before meals
 - At bedtime

The best part of your day should be time with Jesus, who created everything—including YOU—out of love.

I WILL SEEK YOU



Read Psalm 63:1-2

"You, God, are my God, earnestly I seek you; I thirst for you, my whole being longs for you, in a dry and parched land where there is no water. I have seen you in the sanctuary and beheld your power and your glory."

2 Talk about it

Think about a time when you have seen God's power in your life.

Talk about it with your family.

3 Pray about it

21 DAYS OF PRAYER

WHERE DO YOU FEEL MOST CONNECTED TO GOD? DRAW A PICTURE OF THAT PLACE.

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I AM WITH YOU



Read Deuteronomy 31:6

"Be strong and courageous. Do not be afraid or terrified because of them, for the LORD your God goes with you; He will never leave you nor forsake you."



Talk about it

Think about a time when you overcame a fear.

Talk about it with your family.



Pray about it

LIST THINGS YOU DON'T NEED TO BE AFRAID OF AND THINGS YOU CAN HAVE PEACE ABOUT!





TAKE HEART



Read John 16:33

"I have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world."



Talk about it

We can take heart, or in other words be courageous, because God has promised us that even though trouble will come our way He has already conquered the world! How does knowing this give you courage to face hard times?



Pray about it

SEEK FIRST



Read Matthew 6:31-33

"So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the pagans run after all these things, and your heavenly Father knows that you need them. But seek first his kingdom and his righteousness, and all these things will be given to you as well."

2 Talk about it

Verse 33 says to "seek first." How can you seek God first every day?

3 Pray about it

21 DAYS OF PRAYER

DRAW LINES TO MATCH WHO GOD IS WITH WHAT HE CAN DO:

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HEALER	God is on my side and will fight for me.
FRIEND	God is in charge and wants the best for me.
PEACE	I will choose joy because God is my joy.
FORGIVENESS	He is my hope for every situation.
LOVE	He forgives me for anything I have done and will do.
НОРЕ	Jesus loves me the most.
JOY	He brings me peace no matter what I go through.
KING	He is always with me.
PROTECTOR	God heals all our diseases.

WHEN WE GET BUSY, IT IS EASY TO FORGET THAT GOD TAKES SUCH GOOD CARE OF US.

BELOW, DRAW PICTURES OF ALL THE AMAZING WAYS GOD HAS TAKEN CARE OF YOU AND YOUR FAMILY.

(HINTS: FOOD, WATER, FRIENDS, FAMILY, TOYS, BOOKS)

GOD'S HANDIWORK



Read Ephesians 2:10

"For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do."



Talk about it

What are some unique qualities God has given you? Talk about them with your family.



Pray about it

ANOTHER TRANSLATION OF THIS VERSE SAYS WE ARE GOD'S POETRY!

HAVE YOU EVER WRITTEN A POEM?

JUST FOR FUN, WRITE A POEM WITH YOUR FAMILY BELOW. IT CAN BE SERIOUS OR SILLY!

ALL HE HAS DONE



Read 1 Chronicles 16:8-12

"Give praise to the Lord, proclaim his name; make known among the nations what He has done. Sing to Him, sing praise to Him; tell of all His wonderful acts. Glory in His holy name; let the hearts of those who seek the Lord rejoice. Look to the Lord and His strength; seek His face always. Remember the wonders He has done, His miracles, and the judgments He pronounced."



Talk about it

This passage reminds us to tell of all God has done. Who is someone in your life that needs to hear about the goodness and faithfulness of God in your life? How can you share this good news with them this week? Make a plan and follow through!



Pray about it

START A NEW FAMILY TRADITION.

EVERY TIME GOD DOES SOMETHING COOL AND AMAZING FOR YOUR FAMILY WRITE IT DOWN ON A SLIP OF PAPER AND PUT IT IN A JAR.

IN ONE YEAR, HAVE A FAMILY NIGHT WHEN YOU GATHER TOGETHER TO READ ALL OF THE THINGS YOU WROTE DOWN.

(YUMMY SNACKS ARE ALWAYS FUN ON FAMILY NIGHTS!) DAY 7 REJOICE



Read Philippians 4:4-9

"Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you."

2 Talk about it

What is the difference between joy and happiness? How does that answer apply to these verses?

3 Pray about it

OUR THOUGHTS ARE A BIG DEAL.

THESE VERSES TELL US
TO THINK ABOUT WHATEVER IS:

TRUE, NOBLE, RIGHT, PURE, LOVELY, ADMIRABLE, EXCELLENT, AND PRAISEWORTHY.

WRITE THESE WORDS SOMEWHERE
AND PUT THEM UP WHERE YOU WILL
SEE THEM EVERYDAY –
MAYBE A BATHROOM MIRROR OR IN
YOUR LOCKER OR DESK AT SCHOOL.

EVERY TIME YOU PASS THESE WORDS, ASK GOD TO HELP YOU LINE UP YOUR THOUGHTS WITH THESE GOOD THINGS. DAY 8 WAITING



Read Isaiah 40:31

"But they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint."



Talk about it

Waiting often feels like the opposite of moving forward. However, waiting on God (expecting hopefully for Him to move on our behalf) gives us strength and endurance to live well. What are you waiting on God for? Talk about the answer with your family.



Pray about it

JUST FOR FUN, GO OUTSIDE AND HAVE A FAMILY RACE!

WHO CAN RUN THE FASTEST?

WHO CAN RUN THE FARTHEST?

KNOWN BY OUR FRUIT



Read Galatians 5:22-23

"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law."

2

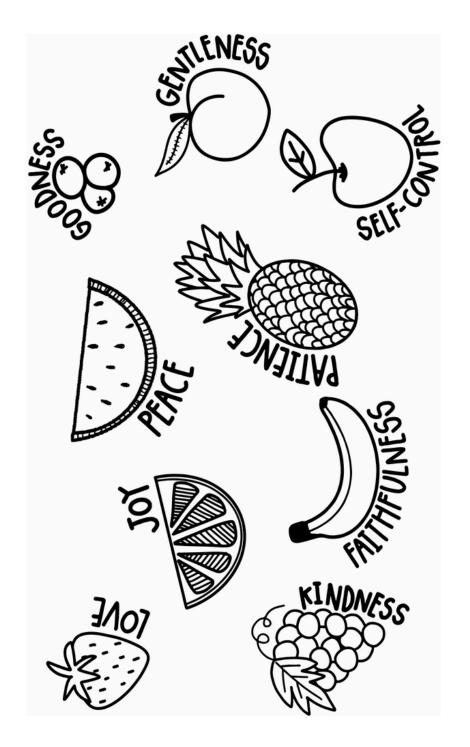
Talk about it

How has the fruit of the Spirit in others shown you more about God?

How can living a life that shows the fruit of the Spirit in action make us live differently?

3

Pray about it



ASK, SEEK, KNOCK



Read Matthew 7:7-12

"Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened. "Which of you, if your son asks for bread, will give him a stone? Or if he asks for a fish, will give him a snake? If you, then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give good gifts to those who ask Him! So in everything, do to others what you would have them do to you, for this sums up the Law and the Prophets."

2 Talk about it

What doors are you praying for God to open?

3 Pray about it

"DO TO OTHERS WHAT YOU WOULD HAVE THEM DO TO YOU."

HOW DO YOU LIKE TO BE TREATED?

TODAY, GO OUT OF YOUR WAY
TO HONOR PEOPLE
IN THE SAME WAY THAT YOU
WOULD LIKE TO BE HONORED.

SERVE THEM WITH A JOYFUL HEART!

TALENTS

Read Matthew 25:14-30

Read this story in your Bible or using the Bible app on your phone!

2 Talk about it

What are the gifts that you believe God has given you?

How can you use the gifts God has given you to glorify Him?

3 Pray about it

JUST FOR FUN, PLAN A FAMILY TALENT SHOW!

IT CAN BE SWEET AND SIMPLE.

ONE NIGHT AFTER DINNER,
GATHER IN THE LIVING ROOM
AND SHARE YOUR AMAZING AND
UNIQUE TALENTS WITH EACH OTHER.

BY FAITH

Read Hebrews 11

Read this chapter in your Bible or using the Bible app on your phone!

2 Talk about it

Which one of these examples of faith stands out to you the most and why? Share your answer with your family.

3 Pray about it

21 DAYS OF PRAYER

HOW WOULD YOU WANT YOUR "BY FAITH" STORY TO READ? WRITE IT IN THE SPACE BELOW.

I WILL GIVE YOU REST



Read Matthew 11:28-30

"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."

2

Talk about it

What are some ways you find rest? Make time this week to enter in to rest and enjoy time in God's presence.

3

Pray about it

FILL UP A BACKUP TO OVERFLOWING WITH HEAVY ITEMS ONE-BY-ONE. (EXAMPLES: TEXTBOOKS, WEIGHTS, WATER BOTTLES, ETC.)

FOR EACH ITEM, SAY SOMETHING THAT CAN BE A HEAVY BURDEN.

LET EVERYONE IN THE FAMILY TRY TO CARRY THE HEAVY BACKPACK.

THEN, EMPTY THE BACKPACK
AND SEE HOW IT FEELS WITHOUT
THE WEIGHT. TALK ABOUT THE HEAVY
WEIGHT AND HOW JESUS CAN CARRY
OUR BURDENS FOR US.

OUR SUPPLY



Read Philippians 4:19

"And my God will supply every need of yours according to his riches in glory in Christ Jesus."



Talk about it

When have you seen God come through in a need in your life? Spend time sharing about it as a family.



Pray about it

21 DAYS OF PRAYER

WHAT ARE SOME NEEDS YOU ARE ASKING GOD TO SUPPLY FOR YOU?

WRITE THEM DOWN BELOW, THEN PRAY ABOUT THEM TOGETHER.

SALT & LIGHT



Read Matthew 5:13-16

"You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled underfoot. "You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven."



Talk about it

What does it mean to be salt and light?

How are you being salt and light?



Pray about it

TURN OFF ALL THE LIGHTS IN YOUR HOUSE.

LIGHT A CANDLE AND TAKE A MOMENT TO NOTICE HOW ONE SINGLE FLAME LIGHTS UP THE WHOLE ROOM.

THIS IS HOW WE, AS FOLLOWERS OF JESUS, LIGHT UP THE WORLD AROUND US!

PRAY TOGETHER, ASKING GOD TO HELP YOU SHINE BRIGHT WITH HIS LIFE AND LOVE TO THOSE AROUND YOU.

WHAT IS POSSIBLE



Read Matthew 19:26

"But Jesus looked at them and said, 'With man this is impossible, but with God all things are possible."



Talk about it

What are some things in your life that seem impossible?

What would it look like if you involved God in these things?

3

Pray about it

21 DAYS OF PRAYER

FIND THE WORDS:

NOTHING IS IMPOSSIBLE

X U UX L Z 0 X R В H R I D G I X G T 0 I X C S 0 G X Y K I X E T Η L N Z M D I W Z E T R L В 0 K E R R H N T X Z I W G M I L M D Z N L Z C J J Η N C L B N R L G U S Z X K R W A U P G T N В W V C E T J K R 0 A L U Y G Y Y X I E S W S C N L E K 0 V В Y E В I S S 0 P M I 0 E W E F L X 0 J I P Y 0 T K 0 Q C C S 0 Y Z H X D M W T P J I E U 0 H F A E E Y Y Q H В Q R R W U S L F Y G G G 0 J D L 0 N Q T T C S L L W 0 M M

RENEW YOUR MIND



Read Romans 12:1-2

"Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will."

2 Talk about it

How can we live our lives for God?

3 Pray about it

SOMETIMES, WE REALLY WANT TO FIT IN WITH OTHERS, EVEN IF THAT MEANS WE ARE CONFORMING TO THE PATTERNS OF THIS WORLD.

ARE THERE ANY AREAS
THAT YOU ARE STRUGGLING WITH
RIGHT NOW?

MAYBE IT'S YOUR THOUGHTS.

MAYBE IT'S THE WORDS YOU SAY.

MAYBE IT'S WHAT YOU WATCH

OR LISTEN TO.

AS A FAMILY, SHARE THESE THINGS AND PRAY TOGETHER, ASKING GOD TO RENEW YOUR MIND AND TRANSFORM YOU.

MUSTARD SEED



Read Matthew 17:20

"I tell you the truth, if you have faith as small as a mustard seed, you can say to this mountain, 'Move from here to there' and it will move. Nothing will be impossible for you."

2

Talk about it

Faith means to have complete trust and confidence in God. Do you have faith at least the size of a mustard seed?

3

Pray about it



THIS IS THE SIZE OF A MUSTARD SEED! THEY ARE TINY, BUT FAITH THE SIZE OF A MUSTARD SEED CAN MOVE MOUNTAINS!

WHAT IMPOSSIBLE THINGS ARE YOU BELIEVING GOD TO DO?

PRAY ABOUT THOSE THINGS TOGETHER.

MY SHEPHERD



Read Psalm 23

"The Lord is my shepherd, I lack nothing. He makes me lie down in green pastures, he leads me beside quiet waters, he refreshes my soul. He guides me along the right paths for his name's sake. Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me. You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever."

2

Talk about it

This passage of scripture tells us that the Lord is our shepherd. What are some characteristics of a shepherd? What are shepherds good at? Why are they needed? What are some characteristics of sheep? Do they need a shepherd? What happens to sheep if they are left alone? How do you feel knowing that the Lord is like your shepherd? Pray and thank Him for taking care of you.



Pray about it

DRAW A SHEPHERD AND HIS SHEEP BELOW.

ABOUND IN HOPE



Read Romans 15:13

"May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope."



Talk about it

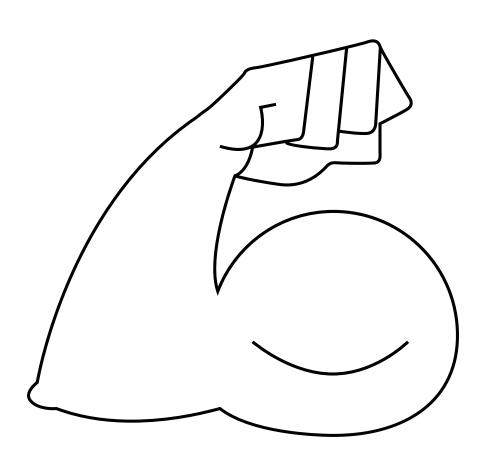
Who is someone you know who is full of hope? Talk about what it means to live a life full of God's joy and peace.



Pray about it

HOW WOULD YOU DESCRIBE THE LIFE OF SOMEONE WHO IS FULL OF HOPE AND THE POWER OF THE HOLY SPIRIT?

WRITE THOSE DESCRIPTIVE WORDS BELOW.



HIS COMMANDMENT



Read Matthew 22:36-40

"Teacher, which is the greatest commandment in the Law?"

Jesus replied: "'Love the Lord your God with all your heart and with all your soul and with all your mind.' This is the first and greatest commandment. And the second is like it: 'Love your neighbor as yourself.' All the Law and the Prophets hang on these two commandments."

2 Talk about it

What would it look like if we lived our lives by these commandments? Talk about this with your family.

3 Pray about it

WHO ARE SOME NEIGHBORS YOU NEED TO LOVE?

WRITE THEIR NAMES IN THE HEART BELOW.

