

# All 4 One

## The Relationship Blueprint series week 2

### by Chris Famisaran

John 15:9-17,  
Colossians 3:12,  
Mark 2:1-12,  
Matthew 25:31-46

Ways to be Compassionate

Listen

Be kind

Encourage others

Forgive

Take action

Being compassionate is oftentimes misunderstood.

“Let our hearts be stretched out in compassion toward others, for everyone is walking his or her own difficult path.” (Dieter F. Uchtdorf)

**Reflection:** Based on the 5 ways of being compassionate, what is your biggest strength and weakness that you can develop.

**Challenge:** Practice one act of kindness every day this week.