

## Walking The Path: Finding Happiness

He who heeds the word wisely will find good, and whoever trusts in the LORD, happy is he. Proverbs 16:20

Where there is no revelation, the people cast off restraint; but happy is he who keeps the law. Proverbs 29:18

A happy heart makes the face cheerful, but heartache crushes the spirit. 14 The discerning heart seeks knowledge, but the mouth of a fool feeds on folly. 15 All the days of the oppressed are wretched but the cheerful heart has a continual feast. Proverbs 15:13-15

A cheerful heart is good medicine, but a crushed spirit dries up the bones. Proverbs 17:22

“Happy are the people whose God is the LORD.” Psalm 144:15

“Rejoice in the Lord always. Again I will say, rejoice!” Philippians 4:4

Luke 12:13-21

Material possessions only provide short term happiness.

Our mindset should be on Christ.

What are you feeding your mind and heart?

A cheerful heart is good medicine, but a crushed spirit dries up the bones. Proverbs 17:22

We can find happiness by looking for the positives.

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. Philippians 4:8

We can find happiness in the scriptures and living as Christ did.

We can find happiness in family and community.

We can find happiness in giving and servicing others.