

NEXT STEPS AFTER GROUP

1 | SCRIPTURE FOCUSED

- Verse to Memorize:

- Other Passages to Read:

2 | PRAYER FOCUSED

- How can you pray for people in your group this week?
- Is the Holy Spirit speaking to you about something you need to repent of and turn over to Jesus?
- How are you going to respond to this truth and put it into action?

3 | OTHERS FOCUSED

- Did anyone in your group share a need that you might be gifted to help with?
- Consider inviting a friend from group to meet up for a meal or a hang out time.
- Is the Holy Spirit bringing someone to mind with whom you can share the things you've learned today?

GROUPS STUDY GUIDE

www.MyLighthouseCommunity.com/groups

Why Would I Prepare BEFORE My Lighthouse Group?

Reading, thinking, and praying about the primary passage your Lighthouse Group is studying ahead of time may be one of the most pivotal ways to make your Lighthouse Group discussions powerful and meaningful. When you do prepare beforehand, you're coming with thoughtful insights and ideas you've been wrestling through. That's different from grabbing at the most accessible thoughts in real time.

How Do I Prepare BEFORE My Lighthouse Group?

1 | PRAY

Ask God to open your eyes, mind, and spirit to His truth. Your desire is not to "get the right answer," but rather to know Him as He has revealed Himself so that you can trust and rely on Him more fully.

2 | READ

Read the main passage. Consider reading the same passage in multiple versions, like ESV, NIV, AMP, and NLT. All of these can be found at BibleGateway.com. For better context, read the paragraphs before and after the study passage as well.

3 | REFLECT

What does this passage teach you about God? Maybe something to praise Him for? Does this passage reveal an area of your life you should confess as sin to God? What does this passage lead you to ask God for? How does this passage point to Jesus' work on the cross and out of the grave?

Think through some of the questions you'll be discussing during your Lighthouse Group time.

4 | WRITE

This is when you cross over from reading into study – writing down truth that you are discovering. Write down questions that come to mind as you are reading.

We've included space on the next page of this guide for you to write down insights, questions, and more that you can bring up in your Lighthouse Group discussion time.

PREP BEFORE GROUP

PRIMARY PASSAGE: Ephesians 6:16-19

WRITE YOUR INSIGHTS & QUESTIONS HERE:

ADDITIONAL CROSS-REFERENCES: Isaiah 59:17; Romans 8:26-27; 16:25-27; Philippians 1:3-6; 4:6-7; 1 Thessalonians 5:16-17; Hebrews 4:12-13.

DISCUSSION GUIDE

For the week of: March 30 - April 5, 2026

1 | PRAY: Ask the Holy Spirit to lead your group in truth and spiritual growth.

2 | WARM-UP QUESTION: When I pray for someone, what do I pray for? Why do I pray that way? Do the scriptures show that Jesus cared about the things I pray about?

3 | READ EPHESIANS 6:16-19

Once you've read the passage, close your Bibles and ask the group to recount the passage. Invite everyone to join in by asking, "What does Paul urge believers to do?" and "What else?," and finally, "Did we miss anything?"

4 | OBSERVATION QUESTIONS

1. What are believers encouraged to appropriate (take/pick up) when praying, vv. 16-17? How do we get those things?
2. What does it mean to "pray in the Spirit"? On what sort of occasion and for what types of prayer is it appropriate to pray that way?
3. Bearing in mind that Paul wrote this letter from prison, what do Paul's prayer requests in vv. 19-20 say about his view of his circumstances?

5 | TRUTH QUESTIONS

1. In what ways do faith, salvation, and the scriptures empower prayer?
2. Does God hear the prayers of people who don't know Him, or who come to Him with misunderstandings? How does He respond in those cases?
3. How is the gospel a "mystery", v. 19? How can we know this mystery, and how can we make it known to others?

6 | APPLICATION QUESTIONS

1. Why are we so often afraid to declare the gospel? Can that natural fear be overcome through supernatural means?
2. How can I know when I'm praying according to God's will? How can I know when I'm *not* praying according to God's will?
3. How important is that I always keep praying for all of God's people, v. 18? What are some practical ways to do that?

7 | OPEN PRAYER

Based on our discussion, how can we pray for one another in our group? For Lighthouse as a church? For our pastors and elders? For the lost people around us, and around the world?