

The Talk

Guest Speaker: Mark Jackson

“Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.”

Ephesians 4:29

Unwholesome - Sapos - Bad, rotten, putrid

1. What are examples of unwholesome talk in our world today?
2. Have you ever been the victim of unwholesome talk?
3. Have you ever been guilty of unwholesome talk? If so, have you ever sought forgiveness?
4. How does this part of the verse play out? “...but only what is helpful for building others up according to their needs, that it may benefit those who listen.”
5. Performance + Opinion of Others = Self-Image. Do you agree or disagree that, too often, people believe this?
6. Read Ephesians 4:30. How do we grieve the Holy Spirit?
7. Read Ephesians 2:10. What does it mean when Paul says we are God’s Masterpiece?

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Mark is a graduate of Troy University. He served as the Assistant State Director for Fellowship of Christian Athletes for 13 years. Mark went on to pastor at Hayneville Christian Church for four years and Mulder Church in Wetumpka for 14 years. He founded 429 Ministries and now travels to local churches and schools to share his experience and faith.