

**Jesus is Lord**  
Lesson 01 of the series "Foundations"

**1. Jesus is Lord.**

- Jesus is Lord over nature. (Luke 8:22-25)
- Jesus is Lord over demons. (Luke 8:26-39)
- Jesus is Lord over disease. (Luke 8:43-48)
- Jesus is Lord over death. (Luke 8:49-56)

**Good News!** I can trust Jesus with my life. He can handle things that are impossible for me to deal with.

"Now he is far above any ruler or authority or power or leader or anything else—not only in this world but also in the world to come. God has put all things under the authority of Christ and has made him head over all things for the benefit of the church." Ephesians 1:21-22 (NLT)

**Note:** "Lord" is not Jesus' name – it is His rightful title. It means "Master".

"You call me 'Teacher' and 'Lord,' and you are right, because that's what I am." John 13:13 (NLT)

"On his robe at his thigh was written this title: King of all kings and Lord of all lords." Revelation 19:16 (NLT)

**Life Application:** We must each choose whether or not we will surrender to Jesus as Lord of our lives.

"If you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For it is by believing in your heart that you are made right with God, and it is by confessing with your mouth that you are saved. As the Scriptures tell us, 'Anyone who trusts in him will never be disgraced.'" Romans 10:9-13 (NLT)

**2. We are wisely building our lives on a solid foundation if we listen to Jesus our Lord and obey his teaching.**

"I will show you what it's like when someone comes to me, listens to my teaching, and then follows it. It is like a person building a house who digs deep and lays the foundation on solid rock. When the floodwaters rise and break against the house, it stands firm because it is well built." Luke 6:48 (NLT)

"I am the light of the world. If you follow me, you won't have to walk in darkness, because you will have the light that leads to life." John 8:12 (NLT)

**3. We are foolishly building our lives on nothing if we hear what Jesus our Lord says but fail to obey.**

"But anyone who hears and doesn't obey is like a person who builds a house without a foundation. When the floods sweep down against that house, it will collapse into a heap of ruins." Luke 6:49 (NLT)

Why would we fail to obey what Jesus tells us to do?

- It may be very hard to do what Jesus calls us to do. (Luke 14:26-28)
- We may be tempted to take a shortcut. (Genesis 3:1-5)
- We may be tempted to procrastinate. (Matthew 24:45-51)

**Note:** The Bible is our guide in all matters of faith and practice.

"These words I speak to you are not incidental additions to your life, homeowner improvements to your standard of living. They are foundational words, words to build a life on. If you work these words into your life, you are like a smart carpenter who built his house on solid rock. Rain poured down, the river flooded, a tornado hit—but nothing moved that house. It was fixed to the rock. But if you just use my words in Bible studies and don't work them into your life, you are like a stupid carpenter who built his house on the sandy beach. When a storm rolled in and the waves came up, it collapsed like a house of cards." Matthew 7:24-27 (MSG)

**Life Application:** We must NOT simply pay Jesus lip service.

"So why do you keep calling me 'Lord, Lord!' when you don't do what I say?" Luke 6:47 (NLT)

"You hypocrites! Isaiah was right when he prophesied about you, for he wrote, 'These people honor me with their lips, but their hearts are far from me. Their worship is a farce, for they teach man-made ideas as commands from God.'" Mark 7:6-7 (NLT) (see also Isaiah 29:13)

**Life Application:** We should give our spiritual foundations regular checkups.

“Test yourselves to make sure you are solid in the faith. Don't drift along taking everything for granted. Give yourselves regular checkups. You need firsthand evidence, not mere hearsay, that Jesus Christ is in you. Test it out. If you fail the test, do something about it.” 2 Corinthians 13:5 (MSG)

- Am I holding a grudge against anyone?
- Am I unwilling to admit that I am wrong regarding a certain matter or behavior?
- Is there any area in my life about which my conscience is uneasy?
- Am I procrastinating on carrying out something I know God wants me to do?
- Is there a secret I am hiding?

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### Connect Group questions

1. What leader would you follow anywhere? Why?
2. Read Revelation 19:16, John 13:13, and Luke 6:47. What does “Jesus is Lord” mean to you?
3. Read Luke 8. Why do you think Luke chose to recount this two-day period in Jesus’ ministry? What do you think Luke wanted us to understand about Jesus?
4. Read Luke 6:48-49. Why do you think Jesus compared obeying his teachings to building a house foundation?
5. Discuss the following possible reasons why we sometimes fail to obey what Jesus tells us to do.
  - It may be very hard to do what Jesus calls us to do. (Luke 14:26-28)
  - We may be tempted to take a shortcut. (Genesis 3:1-5)
  - We may be tempted to procrastinate. (Matthew 24:45-51)

Which reason resonates most with you? Why?

6. Read Mark 7:6-7 & 2 Corinthians 13:5 then discuss the following questions. What other questions would you add to evaluate whether or not we are surrendered to Jesus?
  - Am I holding a grudge against anyone?
  - Am I unwilling to admit that I am wrong regarding a certain matter or behavior?
  - Is there any area in my life about which my conscience is uneasy?
  - Am I procrastinating on carrying out something I know God wants me to do?
  - Is there a secret I am hiding?
7. Spend some time as a group praying for each other’s needs and for the needs of people around the world. Please use the following prayer list from Christianity Today as a guide.  
<https://www.christianitytoday.com/ct/2020/march-web-only/covid-19-coronavirus-20-prayers-to-pray-during-pandemic.html>