



We become a community **rest** in a culture of **hurry and exhaustion** through the practice of **sabbath**

We become a community of **communion with God** in a culture of **distraction and escapism** through the practice of **prayer**

We become a community of **holiness** in a culture of **indulgence and immorality** through the practice of **fasting**

We become a community of **peace and quiet** in a culture of **anxiety and noise** through the practice of **solitude**

We become a community of **contentment** in a culture of **consumerism** through the practice of **generosity**

We become a community of **courageous fidelity to orthodoxy** in a culture of **ideological compromise** through the practice of **scripture**

We become a community of **love and depth** in a culture of **individualism and superficiality** through the practice of **community**

We become a community of **justice, mercy, and reconciliation** in a culture of **injustice and division** through the practice of **service**

We become a community of **hospitality** in a culture of hostility through the practice of **witness**